

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

-  DICAS recommendation request was declined 01/25/2023
-  DICAS recommendation request was declined 01/25/2023

[View My Notifications](#)



Check your preferred program details

Personal Information



6/6
Sections Completed

Supporting Information



1/6
Sections Completed

PREPARING TO APPLY TO SUPERVISED PRACTICE & GRAD SCHOOL: WHAT YOU NEED TO KNOW

JOAN FRANK, MS, RDN,
FAND

ASSISTANT DIRECTOR,
DIDACTIC PROGRAM IN
DIETETICS

UNIVERSITY OF
CALIFORNIA, DAVIS

Careers4RDN.com

RDN / DN

Your career resource for all things nutrition & dietetics:

Dietetic Internships

Registered Dietitian Nutritionists

Degreed Nutritionists





Becoming an RD

What is a Dietetic Internship / Supervised Practice

Types of Supervised Practice

Application Process

GPA

Volunteerism/Experience

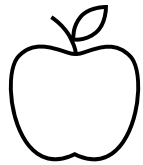
Personal Statement

Resume

Letters of Recommendation

Additional Information & Resources





BECOMING A REGISTERED DIETITIAN

2 PATHWAYS TO THE RDN

Becoming a RDN

Pathway 1: Clinical Nutrition

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP
+ MASTER'S

or COORDINATED
GRADUATE

or FUTURE
GRADUATE

MASTER'S

and

DIETETIC
INTERNSHIP

OR

Pathway 2: Other Science Major

BACHELOR'S DEGREE & PREREQUISITES

and

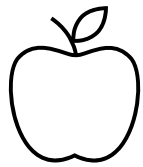
COORDINATED
GRADUATE

or

FUTURE
GRADUATE

REGISTERED DIETITIAN EXAM

REGISTERED DIETITIAN NUTRITIONIST (RDN)

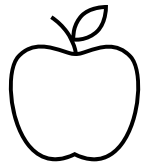


WHAT IS A DIETETIC INTERNSHIP / SUPERVISED PRACTICE?

WHAT DOES SUPERVISED PRACTICE LOOK LIKE?

1,000 HOURS

- Clinical Nutrition
 - Critical Care
 - Ambulatory Nutrition
- Community Nutrition / Public Health
- Management
- Staff relief
- Elective Experience
- Didactic Hours



TYPES OF SUPERVISED PRACTICE PROGRAMS

3 TYPES OF SUPERVISED PRACTICE:

1. Dietetic Internship
 - Combined with master's
 - Stand-alone (require prior master's)
2. Coordinated Graduate Program (CP)
3. Graduate Program (GP)

TYPES OF SUPERVISED PRACTICE PROGRAMS

- Full-time (vs. Part-time)
- Degree
 - M.S., M.A., MPH, MBA
- Duration – 6 to 24 months
- Emphasis – MNT, Community, Management, Technology, etc.
- Distance programs

CONSIDER THE FOLLOWING:



Location



Cost

resident vs. non-resident
public vs. private
cost-of-living
scholarship availability
stipends
financial aid



Emphasis of program



Duration of program



Degree desired

CONSIDER THE FOLLOWING:

- Are you a good candidate?
- Use the Applicant Guide to Supervised Practice to get more information
 - On UC Davis Dept. of Nutrition website:
 - <https://nutrition.ucdavis.edu/academics/dpd/diet-intern-app-mats>

San Francisco State University Dietetic Internship

PROGRAM TYPE:	☒ Internship	☒ Internship w/Adv. Degree	☒ Internship w/Adv. Degree Avail.	☐ Grad. Program
	☐ Distance Program	☐ Coord. Program-Grad.	☐ ISPP	☐ ISPP PhD

Director: Wanda Siu-Chan, MS RD Phone: 415-338-3422 Ext: Fax: 415-338-0947

Institution: San Francisco State University Email: siuchan@sfsu.edu

Website: <https://fina.sfsu.edu/dietetic-internship-certificate-dietetics>

MAILING ADDRESS:

College/School: San Francisco State University

Department: Family Interiors Nutrition & Apparel Street: 1600 Holloway Ave. Mail Drop:

Hall/Bldg: Burk Hall 329 P.O. Box: City: San Francisco State: CA Zip: 94132-4161

PROGRAM INFORMATION:

Start Date 1: 7/7/2025 Start Date 2: Number of openings: 14

Program Length (weeks): 48 ☒ Full-time Hr/Wk: 40-50 ☐ Part-time Hr/Wk:

of Applicants 2 Yrs Ago (21-22): 30 # of Interns/Students 2 Yrs Ago (21-22): 13 # in 2nd Round/ ISPP Last

of Applicants Last Yr (22-23): 40 # of Interns/Students Last Yr (22-23): 14 Year (22-23):

FOCUS OF PROGRAM:

Weeks in Concentration: >20

Concentration: Clinical/General

Addtl Conc.:

CLINICAL PRACTICE EXPERIENCES:

Length (weeks): 18-26 ☒ Academic Medical Center ☒ Regional Medical Center ☒ Medical Center

☒ Small Medical Center ☒ Pediatric Hospital ☒ Rehabilitation Center ☒ VA Medical Center ☒ Community Hospital

☐ State Hospital ☒ Long-term Care Facility ☒ Out Patient Clinic

Other: No

☒ Medicine ☒ Nutrition Support ☐ Women's Health ☒ Pediatrics ☒ Bariatrics ☐ Psychiatric Care ☒ Trauma

☒ Pulmonary ☒ GI ☒ Surgery ☒ Renal/Dialysis ☒ Critical Care ☐ Burn Care ☒ Eating Disorders ☒ LTC

☒ Geriatrics ☐ Neurology/Spinal Cord Injury ☒ NICU ☒ Oncology ☐ HIV/AIDS ☒ Cardiology ☐ Organ Transplant

Other:

COMMUNITY PRACTICE EXPERIENCES:

Length (weeks): 3-8 ☒ Community Clinics/Programs ☒ PublicHealth/Health Departments ☒ WIC ☐ Child Services

☒ Schools ☒ Food Banks ☒ Cooperative Extension ☒ Meals on Wheels ☒ Senior Services ☒ Community Meals ☒ Fitness/Wellness

Other:

MANAGEMENT PRACTICE EXPERIENCES:

Length (weeks): 5-6 ☒ Healthcare ☒ Public Schools ☐ College/University ☐ Commercial/Retail ☒ Community Facilities

Other:

STAFF RELIEF PRACTICE EXPERIENCES:

Length (weeks): 2 ☐ All Rotations ☒ Clinical ☐ Clinical Administration ☐ Nutrition Education/Counseling

☐ Intern Choice ☐ Eating Disorders ☐ Health Dept ☐ State/Federal Agency ☐ Community ☐ Food Service ☐ Public Health

Other:

NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:

Non-Traditional Practice (weeks): Specialty Practice (weeks): 3 Elective (weeks): 3 ☐ International

☐ Hospitality ☐ Dental ☐ Corporate Wellness ☐ Rural Health ☒ Community Agriculture/Urban Gardening ☐ Information Systems

☐ Independent Study ☒ Sales and Marketing ☒ Renal ☐ Culinary ☒ Sports Nutrition ☐ Research ☐ Advanced Practice

☐ Program Planning ☒ Public Health ☒ Pediatrics ☒ Eating Disorders ☒ Underserved ☒ Diabetes ☒ Media/Communication

☒ Neonatal ☐ Leadership ☐ Indian Health ☐ Military Skills ☐ Surgery ☒ Private Practice/Entrepreneur ☐ Retail ☒ Non-Profits

Other:

OTHER IMPORTANT PROGRAM INFORMATION:

Those with a grad degree can complete the internship in 11 months and tuition is \$13,200. Those w/out a grad degree will need to complete the dept's M.A. in Family & Consumer Sciences plus the DI, over 18 months. Tuition for the MA/DI option is \$20,561 (\$23,636 non-resident). Tuition is subject to change. Applicants interested in working w/ diverse populations and/or are bilingual are encouraged to apply. Interns don't need to find their own rotations. Please check our website for more info.

San Francisco State University Dietetic Internship									
ESTIMATED COST OF LIVING:									
Stipends	☐ Monetary	☐ Tuition Waiver	☐ Assistantship	☐ Fee Waiver	☐ Parking	☐ Other Stipend			
	☐ Available to all	☐ Available to all	☐ Available to all	☐ Available to all	☐ Available to all	☐ Available to all			
	If checked, stipend is available to all students without restrictions; however, this does not guarantee a student will be awarded a stipend even if a stipend is available the student is eligible. Any eligibility restrictions are explained below.								
	Stipend Restrictions:								
	Percentage of students/interns awarded stipend (5 year average):								
Estimated Stipend Value:		Year one: \$		Year two: \$					
Living Expenses	Meals								
	Meals: Some		% of Meals Provided:		Estimated Meal Cost: \$		1000-3000		
	Insurance								
	Liability Insurance provided?		Yes	If not provided, cost of liability insurance per year: \$					
	Health Insurance provided?		No	If not provided, cost of health insurance per year: \$		1200-2400			
	Housing and Transportation								
Housing assistance provided?		No	If not provided, estimated rent per month: \$		1200-2400				
Is a car required?		Yes	Estimated transportation cost per year: \$		3000				
Dues and Fees	Required Dues During Internship								
	Academy Student Membership?		Yes	Local District Membership?		Yes	Other Memberships?		No
	Application Fees								
	Program Application Fee: \$		75	Grad School Application Fee: \$		55	Other Application Fee: \$		55
	Program Fees								
	Year One: All Students/Interns: \$			Resident: \$			Non-resident: \$		
Year Two: All Students/Interns: \$			Resident: \$			Non-resident: \$			
Tuition and Course Work	Tuition								
	Year One: All Students/Interns: \$		14,385	Resident: \$			Non-resident: \$		
	Year Two: All Students/Interns: \$			Resident: \$		5287	Non-resident: \$		9251
	Course Work (cost if not included in tuition)								
	Graduate credits required?		Yes	Number of graduate credits required:		24			
	Cost per Credit: All Students/Interns: \$			Resident: \$			Non-resident: \$		
Finances	Employment Opportunities during Program								
	Job opportunities: Outside employment strongly discouraged								
	Program recommendations:								
	Financial Aid								
	Any financial aid:		Yes	Government loans:		Yes	Scholarships:		No
	Financial aid website:		http://www.sfsu.edu/~finaid						
Other: In the past, financial aid award was only enough to cover tuition (loan, not grant)									
Other Expenses - Please visit program's website for detailed additional expenses.									
ADMISSION REQUIREMENTS: Refer to program's website for most-up-to-date information.									
Overall Cum. GPA:		2.7	Min. DPD GPA:		3	Min. Science GPA:			Min. DPD Prof GPA:
GRE required?		No	Min. Verbal:			Min. Quant.:			Min. Writing:
									Avg Overall Cum. GPA Interns:
Work Exp.:		Recommended	Vol. Exp.:		Recommended	Interview Rqd.:		Video	
EVALUATION OF APPLICANTS: Applicants are ranked based on multiple factors; 1 represents the most important on the scale.									
Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA		
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement		
Other: Prior work and/or volunteer experience strongly recommended. Phone interview given only for the top ~40 candidates, which is based on the other criteria.									
APPLICATION INFORMATION:									
Fall Deadline:		Spring Deadline:		2/1/2025	DICAS Appl:		Yes	Grad Degree Rqd:	
US Citizenship Rqd:		No	Accept Intl Students:		Yes	Assess. Prior Learning Avail:		No	
Addtl Requirements: DPD verification statement required prior to starting internship rotations.									

SPECIAL CIRCUMSTANCES THAT MAY LIMIT YOUR OPTIONS:

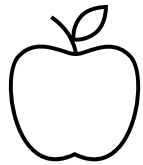
Location

US Citizenship/DACA

Low GPA < 3.0

Financial Considerations:

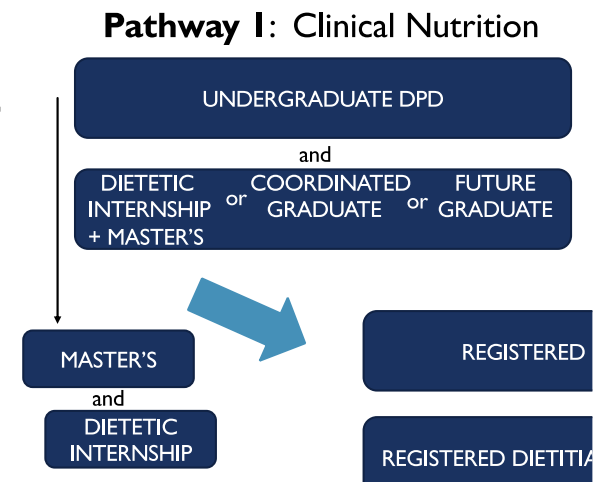
- Tuition & living costs
- Transportation expenses
- Some programs provide stipends or room/board
- Some programs expensive



THE APPLICATION PROCESS

PATHWAY I: DIETETIC INTERNSHIP APPLICATION REQUIREMENTS

- Bachelor's degree
 - completed prior to entry
- Verification Statement or Declaration of Intent
 - from DPD Director
- Other requirements (specific to programs)
 - GPA minimums
 - Work/volunteer experience
 - GRE
 - Employee of program
 - Graduate of own DPD/graduate program
 - Master's degree for stand-alone DI



PATHWAY 2: OTHER SUPERVISED PRACTICE APPLICATION REQUIREMENTS

Pathway 2: Other Science Major

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED
GRADUATE

or

FUTURE
GRADUATE

- Bachelor's degree
 - completed prior to entry
 - program-specific prerequisites
- Other requirements (specific to programs)
 - GPA minimums
 - Work/volunteer experience
 - GRE

APPLICATION PROCESS:

- Application on *Dietetic Internship Centralized Application System (DICAS)*
 - Two Application Periods:
 - Winter/Spring – before March 1; most Nov - Jan
 - Fall – before November 1 (early acceptance)
- Application on individual program sites
 - Deadlines vary: November - March

DICAS = “COMMON APP”

- Dietetic Internship Centralized Application System
- dicas.cas.myliaison.com

DICAS
Dietetics Inclusive Centralized Application Service

Joan Frank
CAS ID: 2773097356

My Application Add Program Submit Application Check Status

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

- ⚠ DICAS recommendation request was declined 01/25/2023
- ⚠ DICAS recommendation request was declined 01/25/2023

[View My Notifications](#)

Personal Information

6/6
Sections Completed

Academic History

3/4
Sections Completed

Supporting Information

1/6
Sections Completed

Program Materials

0/2
Sections Completed

GPA CALCULATION



Undergraduate GPA

ALL colleges attended



DPD GPA

DPD Science
DPD Professional



GPA Calculator: OASIS



DPD Program Institution:	University of California, Davis
DPD Director:	Dr. Francene Steinberg
Website for Course Catalog:	http://catalog.ucdavis.edu/programs.html

() – Abbreviations used on student registration, unofficial transcripts, and catalog descriptions.

5/19

Personal Statement



Requirements

– [Table of contents](#)

[Requirements](#)

[Proofreading](#)

- You can either choose to create one generic statement that is suitable for all programs you are applying to or you can create multiple tailored statements which specifically address each individual program.
- Do not exceed the maximum length of 1,000 words.
- Use your own words. Plagiarizing any part of your personal statement is a violation of DICAS policies and may subject you to sanctions.
- Use simple formatting.



Dietetic Internship Centralized Application Services

→ Instructions

[VIDEO](#)

[PERSONAL STATEMENT](#)

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Personal Statement

In this section you will create your personal statement. You have two options. You may create one generic statement, suitable for sending to all programs, or you may create multiple tailored statements, which personally address the individual program to which it will be sent.

Start by selecting "Add New Entry" at the top of the page. Title the personal statement. If you are tailoring your statements, for ease of reference, we recommend using the internship program name for which the statement is intended as the title. You may enter your personal statement text into the text box manually, or copy and paste the text from an existing word processing document. In 1000 words or less, please address the following items in your personal statement.

1. Why do you want to enter the dietetics profession?
2. Discuss experiences that have helped to prepare you for your career.
3. What are your short-term and long-term goals?
4. What are your strengths and weaknesses or areas needing improvement?
5. What other information do you consider important for the selection decision?

Once you are satisfied with your personal statement you may save it by clicking the save button at the bottom of the page.

LETTERS OF RECOMMENDATION

- Typically need 3:
 - 2 academic
 - 1 supervisor: work/volunteer
- Maximum 10 applications per professor
- Form A completed & sent to nutforms@ucdavis.edu
 - DUE:
 - At least 30 days before deadline
 - October 15th for all Fall deadlines
 - requests due first week of Fall classes
 - January 5th for all Winter deadlines
 - requests due end of Fall finals week

OTHER APPLICATION ITEMS

- Resume
- Program-specific requirements

WORK EXPERIENCE & VOLUNTEERISM

- Minimum 200 hours
 - Relevant: food, nutrition, dietetics, research
- Excellent 1200-1400 combined
 - Work experience
 - Not all needs to be relevant
- Variety of experiences
- Continuity
- “Transferable Skills”
- *Clinical*
- Leadership

DIETETIC INTERNSHIP APPLICATION REVIEW SCORE SHEET

Rank _____

Instructions: Please select number listed that best describes your opinion of the applicant.
If you have more than one applicant as a total score, please rank within that score. You are
expected to rank each applicant you review -- no applicant should not receive a ranking score.

Total Score
/ 23

Applicant's Name _____ Reviewer Initials _____

1. RESIDENCY STATUS

Out-of-state resident, graduate

= 0

= 2

Total Score

2. ACADEMIC PERFORMANCE

BS University/YEAR	
DPD University/YEAR	
Graduate Coursework/GPA	

Total Score

Please average your rating scores for total academic performance score.

Science - GPA		DPD - GPA		Overall - GPA	
0 = <2.5	Not Acceptable	0 = <2.9	Not Acceptable	0 = <2.8	Not Acceptable
1 = 2.51 - 2.8	Acceptable	1 = 3.0 - 3.2	Acceptable	1 = 2.81 - 2.99	Acceptable
2 = 2.81 - 3.29	Good	2 = 3.21 - 3.49	Good	2 = 3.0 - 3.49	Good
3 = 3.3 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good
5 = > 3.75	Outstanding	5 = > 3.75	Outstanding	5 = > 3.75	Outstanding

3. ADVANCED DEGREE

No advanced degree

= 0

Advanced degree in progress

= 1

Advanced degree complete

= 2

Total Score

4. WORK - RELATED EXPERIENCE

*Paid or volunteer experience related to food service, community or clinical nutrition.
Other work experience with documented transferable skills.*

Not acceptable - <6 months

= 0

Acceptable - 6 mos - 1 year

= 1

Good - 1-2 years

= 2

Very Good - 2-3 years

= 3

Outstanding - 3+ years

= 4

Total Score

5. LETTER

*Grammar composition and content of application letter: statement of professional
goals and interests, assessment of personal strengths and weaknesses.*

Not Acceptable - Poor application letter

= 0

Acceptable - Acceptable letter

= 2

Good - Well written letter

= 4

Total Score

6. RECOMMENDATIONS - Recommend with Reservation, No, Yes

Academic, interpersonal, & work-related skills based on recommendation letters.

Not recommended - Negative with weak skills and qualities

= 0

Recommended - Positive with minor skills and qualities

= 1

Highly Recommended - Positive with strong skills and qualities

= 3

Total Score

Overall Potential as a RD _____

7. OTHER (Resumé)

*Honors, awards, participation in extracurricular or community activities, leadership roles.
Other considerations (full time employment while in school, family commitments, etc.)*

Good

= 1

Very Good

= 2

Outstanding

= 3

Total Score

GOALS FOR NEXT 6-9 MONTHS:

- Work hard academically to get the highest grades possible
- Obtain volunteer/paid internship or work experience in foods, nutrition, dietetics
- Evaluate your goals
 - What experiences do you want from your SP/DI?
 - What type of job do you want?
- Research programs
 - Make a list of 15-20 you're interested in
- Take the GRE (if needed – Summer 2026)
- Create a DICAS account & begin inputting information
- Work on resume, personal statement
- Assemble professional portfolio

NUMBER OF PROGRAMS TO APPLY TO?

- Excellent Qualifications:
 - GPA > 3.50
 - Broad work/volunteer experience
 - 5+ apps, at least one “safety net”
- Good Qualifications:
 - GPA > 3.20
 - Some work/volunteer experience
 - 5+ apps to less competitive programs
- Good Qualifications – Consider outside CA!
 - GPA > 3.0
 - Need more work/volunteer experience
 - 5+ apps highly targeted to less competitive programs
- Below 3.00 GPA:
 - 5+ highly targeted programs – Consider outside CA!
 - Consider working for CA WIC first
- ALWAYS have a backup plan!
 - A, B, C

RESOURCES

- Academy of Nutrition & Dietetics
 - www.eatright.org
- List of all accredited programs:
 - <https://www.eatrightpro.org/acend/accredited-programs/about-accredited-programs>
- DICAS
 - <https://dicas.liaisoncas.com/applicant-ux/#!/login>
- DI Open House Listing
 - Available in September
- Careers4RDN
 - <https://Careers4RDN.com>

