



# Becoming a Registered Dietitian Fall 23

## Upcoming Events

**SEP  
28**

### **BECOMING A DIETITIAN**

Brief overview of the process

**OCT  
5**

### **APPLYING TO PROGRAMS**

Application process overview

**OCT  
12**

### **TYPES OF PROGRAMS**

& Narrowing your list

**OCT  
19**

### **DICAS APPLICATION PROCESS**

Walk through DICAS

**OCT  
26**

### **RESUMES**

Bring your resume!

**NOV  
2**

### **PERSONAL STATEMENTS**

What to include

**NOV  
9**

### **FINANCING GRADUATE SCHOOL**

Comparing costs of DIs

**NOV  
16**

### **RD CAREER PATHS**

& specialty credentials

**NOV  
30**

### **PROGRAM INTERVIEWS**

What to expect/how to prepare

**DEC  
7**

### **THE MATCHING PROCESS**

How to rank programs

If you are planning on applying to  
Supervised Practice (SP) / Dietetic Internships (DI)  
in 2024, plan to attend these presentations!

**MEYER  
3208  
1:10-2:00**

All presentations are live,  
synchronous [Zoom](#), & recorded.

given by  
Joan Frank,  
MS, RDN, FAND  
Asst. Director,  
Didactic Program  
in Dietetics

# OVERVIEW

- Types of Dietetic Internships
- GPA
- Competitiveness of programs
- Location
- Experiences
- Your strengths

## 2 PATHWAYS TO THE RDN

# Becoming a RDN

### Pathway 1: Clinical Nutrition

OR

### Pathway 2: Other Science Major

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP + MASTER'S  
or  
COORDINATED GRADUATE  
or  
FUTURE GRADUATE

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED GRADUATE  
or  
FUTURE GRADUATE

MASTER'S

and


DIETETIC  
INTERNSHIP

REGISTERED DIETITIAN EXAM

REGISTERED DIETITIAN NUTRITIONIST (RDN)

# TYPES OF INTERNSHIP PROGRAMS

- Dietetic Internships
  - Degree or Non-degree (need master's first)
    - Full-time vs. Part-time
    - MS, MPH, MBA, PhD
  - Distance Internships
  - Individualized Supervised Practice Pathways (ISPP)
- Coordinated Graduate Programs – MS/DI
- Future Education Model Graduate Programs – MS/DI

- 
- Duration – 6 to 24 months (min. 1000 hours of SPE supervised practice experience)
  - Concentration – MNT, Community, Management, Technology, Research, etc.

# RESOURCES

- Academy's Accredited Programs Directory
  - <https://www.eatrightpro.org/acend/accredited-programs/accredited-programs-directory>
- *2023-2024 Applicant Guide to Supervised Practice*
  - Nutrition Dept Website > Academics > Undergraduate > CN > DI Application Materials
    - Undergraduate
    - DI Application Materials

# Accreditation Council for Education in Nutrition and Dietetics

the accrediting agency for the  
Academy of Nutrition  
and Dietetics



## Accredited Programs Directory

Listed below are all ACEND Accredited Programs. After you have selected a program, you can learn which program type may be right for you, please refer to the [accreditation status definitions](#). If you need help using the directory, please refer to the [help page](#).

Program information and application forms should be available on the program's website.

Country

United States

State/Province

California

Program Type [optional]

- Foreign Dietitian Education Program
- Didactic Program in Dietetics
- Dietetic Internship
- Coordinated Program in Dietetics
- Dietetic Technician Program
- International Coordinated Program in Dietetics
- Graduate Program
- Associate's Program

Dietetic Internship  
260 Lem Morrison Dr Room 102F  
Auburn, AL 36849-5605

Program Director: Dr. Donna O Burnett  
Phone: (334)844-3429  
Email: [dob0002@auburn.edu](mailto:dob0002@auburn.edu)  
For full program information, visit:  
<http://auburn.edu>

[Clear Filters](#)

Degree Offered

- Associate's
- Bachelor's
- Master's
- Doctoral
- None

Match Date

- Fall
- Spring

Admission

Requirements

- DPD Verification Statement Required
- Graduate Record Examination
- Recency of Education
- Work Experience

Program Features

- Course Credit Transfer Agreements
- Distance Education
- ISPP (Doctoral Degree)



Search

## Atascadero, CA

### Department of State Hospitals - Atascadero - Dietetic Internship

Department of State Hospitals - Atascadero  
Nutrition Services  
10333 El Camino Real  
Atascadero, CA 93422

**Program Director:** Ms. Rachael M Drake  
**Phone:** 8054682502

**Email:** rachael.drake@dsh.ca.gov

**For full program information, visit:**

[https://www.dsh.ca.gov/Atascadero/Internships/Dietetic\\_Internship.html](https://www.dsh.ca.gov/Atascadero/Internships/Dietetic_Internship.html)

**Accreditation Status:** Accredited

**Date of Initial Accreditation:** 9/11/2017

**Accreditation Term Ends:** 12/31/2028

**Admission Requirements:** Recency of Education, Work Experience

**Match Date, non-degree:** Fall

## Bakersfield, CA

### Clinica Sierra Vista - Dietetic Internship

Clinica Sierra Vista  
Dietetic Internship  
1430 Truxtun Ave Ste 300  
Bakersfield, CA 93301-3834

**Program Director:** Ms. Tina M Canales

**Phone:** (661)326-6490

**Email:** tina.canales@clinicasierravista.org

- Fall
- Spring

### Admission Requirements

- DPD Verification Statement Required
- Graduate Record Examination
- Recency of Education
- Work Experience

### Program Features

- Course Credit Transfer Agreements
- Distance Education
- ISPP (Doctoral Degree)
- ISPP (DPD)
- Pre-Select
- Student-Identified Supervised Practice/Experiential Learning

1. pdf of >700 pages  
2. excel data file

# Applicant Guide to Supervised Practice


## 2023-2024

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Editor

*Department of Nutrition  
University of California, Davis*

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**Nutrition and  
Dietetic Educators  
and Preceptors**  
 Academy of Nutrition  
and Dietetics

**San Francisco State University Dietetic Internship**

**PROGRAM TYPE:**  Internship  Internship w/ Adv. Degree  Internship w/ Adv. Degree Avail.  FEMGP  
 Distance Internship  Coord. Program-Grad.  Coordinated Program-Undergrad.  ISPP

Director: Wanda Siu-Chan, MS RD Phone: 415-338-3422 Ext: Fax: 415-338-0947

Institution: San Francisco State University Internship Email: siuchan@sfsu.edu

Website: <http://fina.sfsu.edu/Dietetic%20Internship>

**MAILING ADDRESS:**

College/School: San Francisco State University

Department: Family Interiors Nutrition & Apparel Street: 1600 Holloway Ave. Mail Drop:

Hall/Bldg: Burk Hall 329 P.O. Box: City: San Francisco State: CA Zip: 94132-4161

**PROGRAM INFORMATION:**

Start Date 1: Mid-July Start Date 2: Number of openings: 14

Program Length (weeks): 11 mo  Full-time Hr/Wk: 40-50  Part-time Hr/Wk:

Number of applicants 2 years ago: 85 Number of Interns/Students 2 Years Ago: 14 Number in 2nd Round/ISPP Last Year:

Number of applicants Last year: 71 Number of Interns/Students Last Year: 14

**FOCUS OF PROGRAM:** Weeks in Concentration:

Concentration: Clinical/MNT Additional Concentration:

**CLINICAL PRACTICE EXPERIENCES:**

Length (weeks): 20-26 wks  Academic Medical Center  Regional Medical Center  Medical Center

Small Medical Center  Pediatric Hospital  Rehabilitation Center  VA Medical Center  Community Hospital

State Hospital  Long-term Care Facility  Out Patient Clinic

Other:

Medicine  Nutrition Support  Women's Health  Pediatrics  Bariatrics  Psychiatric Care  Trauma

Pulmonary  GI  Surgery  Renal/Dialysis  Critical Care  Burn Care  Eating Disorders  LTC

Geriatrics  Neurology/Spinal Cord Injury  NICU  Oncology  HIV/AIDS  Cardiology  Organ Transplant

Other:

**COMMUNITY PRACTICE EXPERIENCES:**

Length (weeks): 3-8 wks  Community Clinics/Programs  PublicHealth/Health Departments  WIC  Child Services

Schools  Food Banks  Cooperative Extension  Meals on Wheels  Senior Services  Community Meals  Fitness/Wellness

Other:

**MANAGEMENT PRACTICE EXPERIENCES:**

Length (weeks): 5-6 wks  Healthcare  Public Schools  College/University  Commercial/Retail  Community Facilities

Other:

**STAFF RELIEF PRACTICE EXPERIENCES:**

Length (weeks): 2 wks  All Rotations  Clinical  Clinical Administration  Nutrition Education/Counseling

Intern Choice  Eating Disorders  Health Dept  State/Federal Agency  Community  Food Service  Public Health

Other:

**NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:**

Non-Traditional Practice (weeks): Specialty Practice (weeks): Elective (weeks): 3-4  International

Hospitality  Dental  Corporate Wellness  Rural Health  Community Agriculture/Urban Gardening  Information Systems

Independent Study  Sales and Marketing  Renal  Culinary  Sports Nutrition  Research  Advanced Practice

Program Planning  Public Health  Pediatrics  Eating Disorders  Underserved  Diabetes  Media/Communication

Neonatal  Leadership  Indian Health  Military Skills  Surgery  Private Practice/Entrepreneur  Retail  Non-Profits

Other:

**OTHER IMPORTANT PROGRAM INFORMATION:**

Typical accepted applicants have a strong DPD GPA, significant work/volunteer experience in dietetics or another area that would provide transferable skills relevant to an internship, and strong interpersonal and communication skills. Interns that are mature, motivated, flexible, interested in learning, and have strong time management, interpersonal, and organizational skills are most successful. A car is required. A one hour commute each way can be expected as the norm in the Bay Area.

**San Francisco State University Dietetic Internship**

**ESTIMATED COST OF LIVING:**

**Stipends**  Monetary  Tuition Waiver  Assistantship  Fee Waiver  Parking  Other Stipend  
 Available to all  Available to all  Available to all  Available to all  Available to all  Available to all

*If checked, stipend is available to all students without restrictions, however, this does not guarantee a student will be awarded a stipend even if a stipend is available and the student is eligible. Any eligibility restrictions are explained below.*

Stipend Restrictions: \_\_\_\_\_  
 Percentage of students/interns awarded stipend (5 year average): \_\_\_\_\_  
 Estimated Stipend Value: Year one: \$ \_\_\_\_\_ Year two: \$ \_\_\_\_\_

**Living Expenses** **Meals**  
 Meals: Some \_\_\_\_\_ % of Meals Provided: \_\_\_\_\_ Estimated Meal Cost: \$ \_\_\_\_\_ 1000-3000

**Insurance**  
 Liability Insurance provided?  Yes  No If not provided, cost of liability insurance per year: \$ \_\_\_\_\_  
 Health Insurance provided?  Yes  No If not provided, cost of health insurance per year: \$ \_\_\_\_\_ 1000-2200

**Housing and Transportation**  
 Housing assistance provided?  Yes  No If not provided, estimated rent per month: \$ \_\_\_\_\_ 800-1800  
 Is a car required?  Yes  No Estimated transportation cost per year: \$ \_\_\_\_\_ 1900

**Dues and Fees** **Required Dues During Internship**  
 Academy Student Membership?  Yes  No Local District Membership?  Yes  No

**Application Fees**  
 Program Application Fee: \$ \_\_\_\_\_ 80 \_\_\_\_\_ Grad School Application Fee: \$ \_\_\_\_\_ 55 \_\_\_\_\_

**Program Fees**  
 Year One: All Students/Interns: \$ \_\_\_\_\_ 13200 \_\_\_\_\_ Resident: \$ \_\_\_\_\_ 13200 \_\_\_\_\_ Non-resident: \$ \_\_\_\_\_ 13200 \_\_\_\_\_  
 Year Two: All Students/Interns: \$ \_\_\_\_\_ \_\_\_\_\_ Resident: \$ \_\_\_\_\_ \_\_\_\_\_ Non-resident: \$ \_\_\_\_\_ \_\_\_\_\_

**Tuition and Course Work** **Tuition**  
 Year One: All Students/Interns: \$ \_\_\_\_\_ 13,200 \_\_\_\_\_ Resident: \$ \_\_\_\_\_ 13200 \_\_\_\_\_ Non-resident: \$ \_\_\_\_\_ 13200 \_\_\_\_\_  
 Year Two: All Students/Interns: \$ \_\_\_\_\_ \_\_\_\_\_ Resident: \$ \_\_\_\_\_ \_\_\_\_\_ Non-resident: \$ \_\_\_\_\_ \_\_\_\_\_

**Course Work (cost if not included in tuition)**  
 Graduate credits required?  Yes  No Number of graduate credits required: \_\_\_\_\_ 24 \_\_\_\_\_  
 Cost per Credit: All Students/Interns: \$ \_\_\_\_\_ 550 \_\_\_\_\_ Resident: \$ \_\_\_\_\_ 550 \_\_\_\_\_ Non-resident: \$ \_\_\_\_\_ 550 \_\_\_\_\_

**Finances** **Employment Opportunities during Program**  
 Job opportunities:  Outside employment strongly discouraged \_\_\_\_\_  
 Program recommendations: \_\_\_\_\_

**Financial Aid**  
 Any financial aid:  yes  no Government loans:  Yes  No Scholarships:  No  Yes Assistantships:  No  Yes  
 Financial aid website: <http://www.sfsu.edu/~finaid>  
 Other: In the past, financial aid award was only enough to cover tuition (loan, not grant)  
**Other Expenses - please visit program's website for detailed additional expenses**

**ADMISSION REQUIREMENTS:**

Overall Cum. GPA: \_\_\_\_\_ 2.7 \_\_\_\_\_ Min. DPD GPA: \_\_\_\_\_ 3 \_\_\_\_\_ Min. Science GPA: \_\_\_\_\_ \_\_\_\_\_ Min. DPD Prof GPA: \_\_\_\_\_ \_\_\_\_\_  
 GRE required?  No  Yes Min. Verbal: \_\_\_\_\_ \_\_\_\_\_ Min. Quant.: \_\_\_\_\_ \_\_\_\_\_ Min. Writing: \_\_\_\_\_ \_\_\_\_\_ Avg Overall Cum. GPA Interns: \_\_\_\_\_ 3.57 \_\_\_\_\_  
 Work Experience  Recommended  Not Recommended Volunteer Experience  Recommended  Not Recommended Interview Required  Yes  No Phone \_\_\_\_\_

**EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.**

Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement

Other: Work and volunteer strongly recommended. Phone interview given only for the top ~40 candidates, which is based on the other criteria.

**APPLICATION INFORMATION:**

Spring Match:  Yes  No Fall Match:  Yes  No DICAS Participation:  Yes  No Assessment of Prior Learning Avail.:  Yes  No  
 Applicant Requirements: International Students are not eligible for this program.

# FACTORS TO CONSIDER

- GPA
- Location
- International student
- DACA
- Others



# GPA

- Limited by program minimums
- Competitiveness of programs

## ADMISSION REQUIREMENTS:

Overall Cum. GPA:	2.7	Min. DPD GPA:	3	Min. Science GPA:		Min. DPD Prof GPA:			
GRE required?	No	Min. Verbal:		Min. Quant.:		Min. Writing:		Avg Overall Cum. GPA Interns:	3.57
Work Experience	Recommended	Volunteer Experience	Recommended	Interview Required		Phone			

## EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.

Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement

Other: Work and volunteer strongly recommended. Phone interview given only for the top ~40 candidates, which is based on the other criteria.

# COMPETITIVENESS OF PROGRAMS

- Need to consider number of applicants vs. acceptance rate
- $14/71 = 20\%$

## PROGRAM INFORMATION:

Start Date 1:  Start Date 2:  Number of openings:

Program Length (weeks):   Full-time Hr/Wk:   Part-time Hr/Wk:

Number of applicants 2 years ago:  Number of Interns/Students 2 Years Ago:  Number in 2nd Round/ISPP Last Year:

Number of applicants Last year:  Number of Interns/Students Last Year:

## FOCUS OF PROGRAM:

Concentration:  Weeks in Concentration:

Additional Concentration:

## CLINICAL PRACTICE EXPERIENCES:

# LOCATION CONSIDERATIONS

- GPA considerations
- Are you unable to relocate?
- Are there places you're not willing to go?
- Interested in International Experiences?

## NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:

Non-Traditional Practice (weeks):	<input type="text"/>	Specialty Practice (weeks):	<input type="text"/>	Elective (weeks):	3-4	<input type="checkbox"/> International	
<input type="checkbox"/> Hospitality	<input type="checkbox"/> Dental	<input checked="" type="checkbox"/> Corporate Wellness	<input type="checkbox"/> Rural Health	<input type="checkbox"/> Community Agriculture/Urban Gardening	<input type="checkbox"/> Information Systems		
<input type="checkbox"/> Independent Study	<input type="checkbox"/> Sales and Marketing	<input checked="" type="checkbox"/> Renal	<input type="checkbox"/> Culinary	<input type="checkbox"/> Sports Nutrition	<input type="checkbox"/> Research	<input type="checkbox"/> Advanced Practice	
<input type="checkbox"/> Program Planning	<input checked="" type="checkbox"/> Public Health	<input checked="" type="checkbox"/> Pediatrics	<input checked="" type="checkbox"/> Eating Disorders	<input checked="" type="checkbox"/> Underserved	<input checked="" type="checkbox"/> Diabetes	<input checked="" type="checkbox"/> Media/Communication	
<input checked="" type="checkbox"/> Neonatal	<input type="checkbox"/> Leadership	<input type="checkbox"/> Indian Health	<input type="checkbox"/> Military Skills	<input type="checkbox"/> Surgery	<input checked="" type="checkbox"/> Private Practice/Entrepreneur	<input type="checkbox"/> Retail	<input checked="" type="checkbox"/> Non-Profits

Other:



# LOCATION: COST

- Weigh cost of DI to cost of living
  - Cost of living calculators
  - Best places to live
- Ability to live with family members?



# EXPERIENCES

- What are your long-term goals?
- What experiences would you like to gain from a DI?
- Most programs have a concentration

## PROGRAM INFORMATION:

Start Date 1:  Start Date 2:  Number of openings:   
Program Length (weeks):   Full-time Hr/Wk:   Part-time Hr/Wk:   
Number of applicants 2 years ago:  Number of Interns/Students 2 Years Ago:  Number in 2nd Round/  
Number of applicants Last year:  Number of Interns/Students Last Year:  ISPP Last Year:

## FOCUS OF PROGRAM:

Concentration:

Weeks in Concentration:

Additional Concentration:

**CLINICAL PRACTICE EXPERIENCES:**

Length (weeks): 20-26 wks  Academic Medical Center  Regional Medical Center  Medical Center  
 Small Medical Center  Pediatric Hospital  Rehabilitation Center  VA Medical Center  Community Hospital  
 State Hospital  Long-term Care Facility  Out Patient Clinic

Other: \_\_\_\_\_

Medicine  Nutrition Support  Women's Health  Pediatrics  Bariatrics  Psychiatric Care  Trauma  
 Pulmonary  GI  Surgery  Renal/Dialysis  Critical Care  Burn Care  Eating Disorders  LTC  
 Geriatrics  Neurology/Spinal Cord Injury  NICU  Oncology  HIV/AIDS  Cardiology  Organ Transplant

Other: \_\_\_\_\_

**COMMUNITY PRACTICE EXPERIENCES:**

Length (weeks): 3-8 wks  Community Clinics/Programs  PublicHealth/Health Departments  WIC  Child Services  
 Schools  Food Banks  Cooperative Extension  Meals on Wheels  Senior Services  Community Meals  Fitness/Wellness

Other: \_\_\_\_\_

**MANAGEMENT PRACTICE EXPERIENCES:**

Length (weeks): 5-6 wks  Healthcare  Public Schools  College/University  Commercial/Retail  Community Facilities

Other: \_\_\_\_\_

**STAFF RELIEF PRACTICE EXPERIENCES:**

Length (weeks): 2 wks  All Rotations  Clinical  Clinical Administration  Nutrition Education/Counseling  
 Intern Choice  Eating Disorders  Health Dept  State/Federal Agency  Community  Food Service  Public Health

Other: \_\_\_\_\_

**NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:**

Non-Traditional Practice (weeks): \_\_\_\_\_ Specialty Practice (weeks): \_\_\_\_\_ Elective (weeks): 3-4  International  
 Hospitality  Dental  Corporate Wellness  Rural Health  Community Agriculture/Urban Gardening  Information Systems  
 Independent Study  Sales and Marketing  Renal  Culinary  Sports Nutrition  Research  Advanced Practice  
 Program Planning  Public Health  Pediatrics  Eating Disorders  Underserved  Diabetes  Media/Communication  
 Neonatal  Leadership  Indian Health  Military Skills  Surgery  Private Practice/Entrepreneur  Retail  Non-Profits

Other: \_\_\_\_\_

# YOUR STRENGTHS

**EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.**

Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement
Other:	Work and volunteer strongly recommended. Phone interview given only for the top ~40 candidates, which is based on the other criteria.						

**EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.**

Rank 1	DPD GPA	Rank 3	Personal Statement	Rank 5	Work Experience	Rank 7	Interview
Rank 2	Cum. GPA	Rank 4	References	Rank 6	Volunteer Experience	Rank 8	
Other:	Extracurricular activities.						

# OTHER CONSIDERATIONS

- Medical Center / University-based Hospital
- University-based (without medical center)
- For-profit Company
- FSM Contracting Company
- WIC
- Distance Programs



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