
APPLYING TO SUPERVISED PRACTICE PROGRAMS: AN OVERVIEW

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Becoming a Registered Dietitian Fall 25 Senior Seminar

**SEP
25**

BECOMING A DIETITIAN

Brief overview of the process

**OCT
2**

APPLYING TO PROGRAMS

Application process overview

**OCT
9**

PERSONAL STATE- MENTS & RESUMES

What to include

**OCT
16**

TYPES OF PROGRAMS

& Narrowing your list

**OCT
23**

DICAS APPLICATION PROCESS

DICAS walk-through

**OCT
30**

INTERN PANEL

From a variety of programs

**NOV
6**

FINANCING GRADUATE SCHOOL

Comparing costs of DIs

**NOV
13**

PROGRAM INTERVIEWS

What to expect/how to prepare

**NOV
20**

RDN CAREER PATHS

& specialty credentials

**DEC
4**

MISC. TOPICS

TBA

If you are planning on applying to
Supervised Practice (SP) / Dietetic Internships (DI)
in 2025/26, plan to attend these presentations!

**MEYER
HALL
3:10-4:00**

**Thursdays 3:10-4:00
NUT 198 Sec: 025 CRN: 40742**

**Presented by
Joan Frank,
MS, RDN, FAND
Asst. Director,
Didactic Program
in Dietetics**

OVERVIEW

- The Application Process
- DICAS Application
- GPA Calculation
- Reference Letter Requests
- Intent to Complete / Verification Statements

Careers4RDN.com

RDN / DN

Your career resource for all things nutrition & dietetics:

Dietetic Internships

Registered Dietitian Nutritionists

Degreed Nutritionists



Dietetic Internship Application Materials

[UC Davis Nutrition Department](#) > [Academics](#) > [DPD Handbook](#) > [Dietetic Internship Application Materials](#)

The below materials are available to download in Microsoft Office (Access, Excel, Word) and Adobe PDF formats. Microsoft Office documents can be downloaded and edited in the appropriate Office application. Adobe PDF documents can be downloaded, edited in the free Acrobat Reader and saved (they can't be edited in your browser window). If you want to download the PDF file to edit, right click on the link (or for Mac press and hold cntrl and click on the link) and go to Save Link As and save the file to your desktop to edit. The free [Adobe Reader](#) is available for download.

Departmental Forms

- > Form A: Faculty/Staff Recommendation Letter Request - for Dietetic Internships - **updated 6/30/2021** ([PDF](#), [Word](#))
- > Form A: Instructions - **updated 6/30/2021** ([Word](#))
- > Form B: Faculty/Staff Recommendation Letter Request - for Graduate School only - **updated 6/30/2021** ([PDF](#), [Word](#))
- > Form B: Instructions - **updated 6/30/2021** ([Word](#))
- > Confidentiality Waivers ([PDF](#))
- > Checklist for UCD Didactic Program in Dietetics - **updated 05/21/2019** ([Excel](#), [PDF](#))
- > DPD Course List - Required Supplemental Form - **updated 05/21/2019** ([PDF](#))

Academy Forms

- > Declaration of Intent to Complete Degree and/or CAADE-approved Minimum Academic Requirements ([Word](#), [PDF](#))
- > [2020-2021 Applicant Guide to Dietetic Internships PDF format](#) - **updated 10/06/2020**
- > [2020-2021 Applicant Guide to Dietetic Internships XLS format](#) - **updated 10/06/2020**

Please send questions or comments to:

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2 PATHWAYS TO THE RDN

Becoming a RDN

Pathway 1: Clinical Nutrition

OR

Pathway 2: Other Science Major

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP
+ MASTER'S

or COORDINATED
GRADUATE

or FUTURE
GRADUATE

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED
GRADUATE

or

FUTURE
GRADUATE

MASTER'S

and

DIETETIC
INTERNSHIP

REGISTERED DIETITIAN EXAM

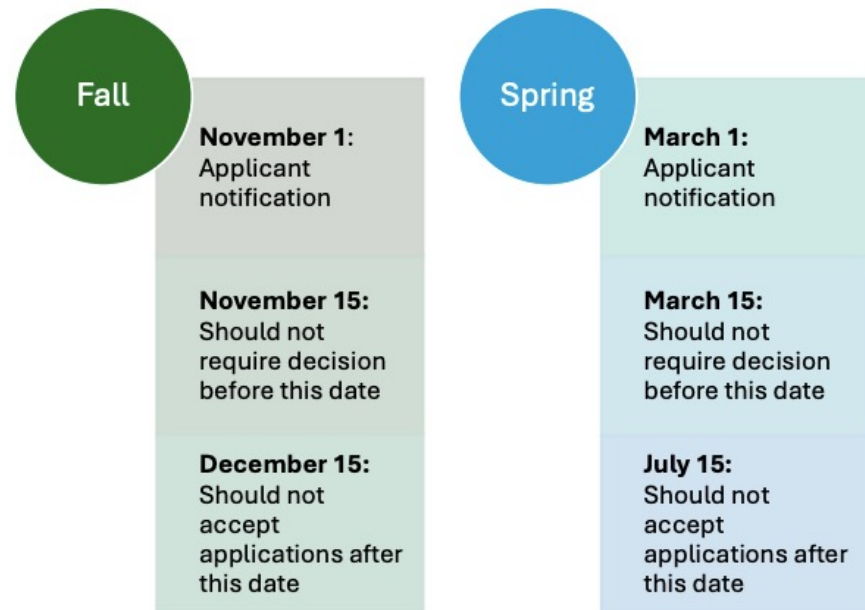
REGISTERED DIETITIAN NUTRITIONIST (RDN)

APPLICATION PROCESS TIMELINE:



■ Deadlines vary

- Fall before Nov. 1
- Spring before Mar. 1
- Many 12/1 or 12/15



SP APPLICATION PROCESS

- All programs now use DICAS

- refer to program websites for additional applications

- DICAS

- <https://dicas.liaisoncas.com/applicant-ux/#/login>

- Application Training video:

- <https://vimeo.com/752082325/0893b172b9>

2025-2026 APPLICATION PROCESS

Accreditation Council for Education in Nutrition and Dietetics

the accrediting agency for the
Academy of Nutrition
and Dietetics



Dietetics Supervised Practice Application Process

Information to Applicants

[LINK](#)

APPLICATION PROCESS: DICAS

- Dietetics Inclusive Centralized Application System

- [Academy's Link to Resources](#)

- NOTE: programs have different deadlines!!!

- Fees:

- \$50 for first program

- \$25 each additional program

- DI program supplemental application packets

- Fees, etc.

- Some have additional applications!



DICAS

Dietetics Inclusive Centralized Application Service

⚠ This is a testing environment for the application - no submission from this environment will be considered valid

Welcome to DICAS

Welcome!

Welcome to DICAS, the centralized application service for dietetics. DICAS is a service of the Academy of Nutrition and Dietetics.

DICAS offers a convenient, web-based application service that allows applicants to apply to participating dietetics supervised practice programs and/or graduate dietetics programs by completing a single online application.

If you need accommodations or assistance regarding the accessibility of DICAS, please contact customer support at 617-612-2855.

Sign in with your username and password below. First time here? Select Create an Account to get started.



Sign In

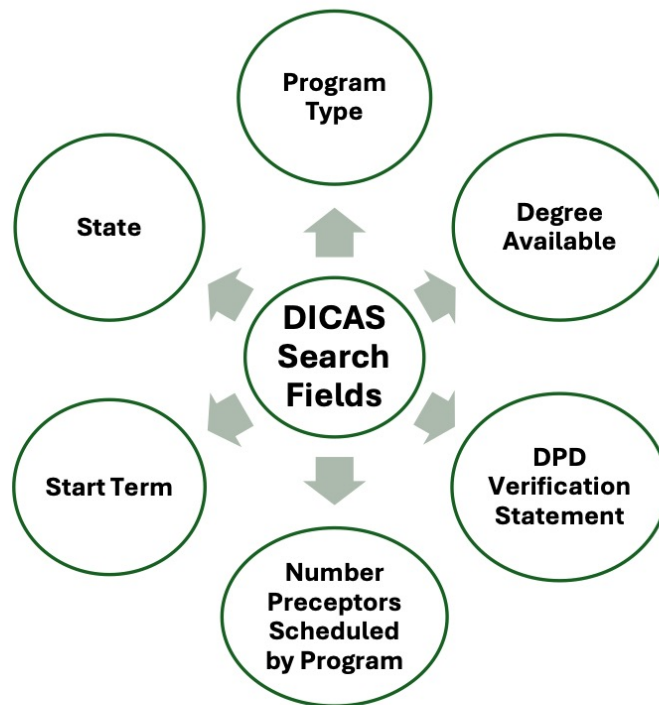
Create an Account

[Forgot your username or password?](#)



DICAS Search Filter

DICAS Screenshot of Search Fields:



- ☒ Available Programs
- ☐ Past Programs
- ☐ Future Programs

- > Degree Available
- > DPD Verification Statement
- > State
- > Program Type
- > Start Term
- > # of Preceptors Provided and Scheduled by Program

APPLICATION ELEMENTS

- Transcripts / GPA
- Resume
- Personal Statement
- Experience
 - paid
 - volunteer
 - class work
- References
- Intent to Complete / Verification Statement

GPA CALCULATION



Undergraduate GPA

ALL colleges attended



DPD GPA

DPD Science
DPD Professional



GPA Calculator: OASIS



Didactic Program in Dietetics (DPD) Course List
Required Document for those in a DPD Program
To Be Completed by the DPD Program Director and Uploaded by Applicant in DICAS

DPD Program Institution Name:	University of California Davis
DPD Director name and email:	Dr. Francene Steinberg fmsteinberg@ucdavis.edu
Catalog Year and Website for Course Catalog:	Catalog Year: 2025 - 26 https://catalog.ucdavis.edu/
Date Completed by DPD Director:	August 8, 2025

DPD Professional Courses*	DPD Science Courses*
ECON (ECN) 1A or ECON (ECN) 1B	BIOLSCI (BIS) 2A
UWRITNG (UWP) 1 or ENGLISH (ENGL) 3	BIOLSCI (BIS) 2B
COMUNCN (CMN) 1	CHEM (CHE) 2A
PSYCH (PSC) 1	CHEM (CHE) 2B
ANTHRO (ANT) 2 or SOCIO (SOC) 1 or 3	CHEM (CHE) 2C
FD S&T (FST) 100A	CHEM (CHE) 8A or CHEM (CHE) 118A
FS S&T (FST) 100B	CHEM (CHE) 8B or CHEM (CHE) 118B
NUTR (NUT) 106 or FS S&T (FST) 101A and 101B	MIC BIO (MIC 102 and 103L)
NUTR (NUT) 111AY	AN BIOL (ABI) 102
NUTR (NUT) 111B	AN BIOL (ABI) 103
NUTR (NUT) 112	BIOLSCI (BIS) 101
NUTR (NUT) 116A	NE PH B (NPB) 101
NUTR (NUT) 116AL	NE PH B (NPB) 101L
NUTR (NUT) 116BY	STATIST (STA) 13
NUTR (NUT) 116BL	
NUTR (NUT) 118	
NUTR (NUT) 190	
FDSRVMG (FSM) 120	
FDSRVMG (FSM) 120L	
FDSRVMG (FSM) 122	
AGRESEC (ARE) 112	

*OFFICIAL TRANSCRIPTS (UNOFFICIAL TRANSCRIPTS)

08/25

INTENT TO COMPLETE / VERIFICATION STATEMENT

- Before completing degree you'll receive:
 - “Declaration of Intent to Complete”
- Upon degree completion you'll receive:
 - “Verification Statement”

REFERENCE REQUESTS

- Applicant requests references (3) – **at least 30+ days in advance!**
 - 2 faculty members (depends upon program!)
 - 1 employer/volunteer supervisor
- DICAS emails references
- Applicant notified when complete
- FACULTY REQUESTS: [Form A](#)

UCD NUTRITION: REFERENCE LETTER REQUESTS

- FALL: **at least** 30 days before deadline
- Spring requests: **by end of finals week**
- Complete Form A (on departmental website) and submit to ADVISING by 1/5/25 (deadline)
 - Form A:
 - List of programs
 - List of courses you've taken with the instructor
 - List of strengths & weaknesses
 - Photo of yourself
 - Release form
 - Transcripts (unofficial)
 - Resume
 - Personal statement

FORM A – Faculty/Staff Recommendation Letter Request

Attach your resume, personal statement/letter of intent, photocopy of your unofficial college transcripts (including your most recent UCD transcript), and the signed *"Authorization For Disclosure of Information."*

Turn in to the Advising Department Office via e-mail: nutforms@ucdavis.edu

– DUE at least 30 days prior to deadlines –

– For deadlines in January, February, & March, the deadline is the first Monday of Winter Quarter –

Name:		Phone:	
E-Mail:		Recommender:	
Anticipated/Actual Graduation Date:			
GPA:	UCD Undergrad: _____	MUST BE COMPLETED if applying to Supervised Practice (DIs):	
	Transfer Undergrad: _____		
	Overall (UCD + transfer): _____		
	Graduate (if applicable): _____		
		DPD Overall: _____	
		DPD Professional: _____	
		DPD Science: _____	
I am applying to (select all that apply):			
		☐ Master's ☐ PhD ☐ Other	
		☐ Master's w/ Supervised Practice/Dietetic Internship	
		☐ Stand-alone Dietetic Internship	

DATE OF FIRST DEADLINE:

PROGRAMS APPLYING TO:		COURSES TAKEN FROM THIS INSTRUCTOR:		
Check box for each program that includes Supervised Practice/Dietetic Internship hours		Course:	Quarter/Year:	Grade:
1.	Deadline Date:			
	Program Name: ☐			
	University:			
	Degree Pursuing:			
	Subject Area:			
	City, State:			
	Additional info:			
2.	Deadline Date:			
	Program Name: ☐			
	University:			
	Degree Pursuing:			
	Subject Area:			
	City, State:			
	Additional info:			
3.	Deadline Date:			
	Program Name: ☐			
	University:			
	Degree Pursuing:			
	Subject Area:			
	City, State:			
	Additional info:			
4.	Deadline Date:			
	Program Name: ☐			
	University:			
	Degree Pursuing:			
	Subject Area:			
	City, State:			
	Additional info:			
5.	Deadline Date:			
	Program Name: ☐			
	University:			
	Degree Pursuing:			
	Subject Area:			
	City, State:			
	Additional info:			

OTHER INSTITUTIONS ATTENDED/DEGREES/CERTIFICATIONS: (In Chronological Order)

ATTACH PHOTO HERE (required):

APPLICANT GUIDE TO SUPERVISED PRACTICE 2024/2025

San Francisco State University Dietetic Internship										
PROGRAM TYPE:	☒ Internship	☒ Internship w/Adv. Degree	☒ Internship w/Adv. Degree Avail.	☐ Grad. Program						
	☐ Distance Program	☐ Coord. Program-Grad.	☐ Coord. Program-Undergrad.	☐ ISPP	☐ ISPP PhD					
Director:	Wanda Siu-Chan, MS RD		Phone:	415-338-3422		Ext:		Fax:	415-338-0947	
Institution:	San Francisco State University Internship			Email:	siuchan@sfsu.edu					
Website:	https://fina.sfsu.edu/dietetic-internship-certificate-dietetics									
MAILING ADDRESS:										
College/School:	San Francisco State University									
Department:	Family Interiors Nutrition & Apparel			Street:	1600 Holloway Ave.			Mail Drop:		
Hall/Bldg:	Burk Hall 329		P.O. Box:			City:	San Francisco		State:	CA
								Zip:	94132-4161	
PROGRAM INFORMATION:										
Start Date 1:	Mid-July		Start Date 2:			Number of openings:	14			
Program Length (weeks):	48		☒ Full-time	Hr/Wk:	40-50		☐ Part-time	Hr/Wk:		
# of Applicants 2 Yrs Ago (21-22):	78		# of Interns/Students 2 Yrs Ago (21-22):	14		# in 2nd Round/ ISPP Last				
# of Applicants Last Yr (22-23):	30		# of Interns/Students Last Yr (22-23):	10		Year (22-23):	3			
FOCUS OF PROGRAM:										
Concentration:	Clinical/General			Addtl Conc.:						
CLINICAL PRACTICE EXPERIENCES:										
Length (weeks):	20-26		☒ Academic Medical Center	☒ Regional Medical Center	☒ Medical Center					
☒ Small Medical Center	☒ Pediatric Hospital	☒ Rehabilitation Center	☒ VA Medical Center	☒ Community Hospital						
☐ State Hospital	☒ Long-term Care Facility	☒ Out Patient Clinic								
Other:	No									
☒ Medicine	☒ Nutrition Support	☐ Women's Health	☒ Pediatrics	☒ Bariatrics	☐ Psychiatric Care	☒ Trauma				
☒ Pulmonary	☒ GI	☒ Surgery	☒ Renal/Dialysis	☒ Critical Care	☐ Burn Care	☒ Eating Disorders	☒ LTC			
☒ Geriatrics	☐ Neurology/Spinal Cord Injury	☒ NICU	☒ Oncology	☐ HIV/AIDS	☒ Cardiology	☐ Organ Transplant				
Other:										
COMMUNITY PRACTICE EXPERIENCES:										
Length (weeks):	3-8		☒ Community Clinics/Programs	☒ PublicHealth/Health Departments	☒ WIC	☐ Child Services				
☒ Schools	☒ Food Banks	☒ Cooperative Extension	☒ Meals on Wheels	☒ Senior Services	☒ Community Meals	☒ Fitness/Wellness				
Other:										
MANAGEMENT PRACTICE EXPERIENCES:										
Length (weeks):	5-6		☒ Healthcare	☒ Public Schools	☐ College/University	☐ Commercial/Retail	☒ Community Facilities			
Other:										
STAFF RELIEF PRACTICE EXPERIENCES:										
Length (weeks):	2		☐ All Rotations	☒ Clinical	☐ Clinical Administration	☐ Nutrition Education/Counseling				
☐ Intern Choice	☐ Eating Disorders	☐ Health Dept	☐ State/Federal Agency	☐ Community	☐ Food Service	☐ Public Health				
Other:										
NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:										
Non-Traditional Practice (weeks):			Specialty Practice (weeks):	3		Elective (weeks):	3-4		☐ International	
☐ Hospitality	☐ Dental	☐ Corporate Wellness	☐ Rural Health	☒ Community Agriculture/Urban Gardening	☐ Information System					
☐ Independent Study	☒ Sales and Marketing	☒ Renal	☐ Culinary	☒ Sports Nutrition	☐ Research	☐ Advanced Practice				
☐ Program Planning	☒ Public Health	☒ Pediatrics	☒ Eating Disorders	☒ Underserved	☒ Diabetes	☒ Media/Communication				
☒ Neonatal	☐ Leadership	☐ Indian Health	☐ Military Skills	☐ Surgery	☒ Private Practice/Entrepreneur	☐ Retail	☒ Non-Profit:			
Other:										
OTHER IMPORTANT PROGRAM INFORMATION:										
Individuals who already have a grad degree and DPD VS will complete the internship plus four classes in one year to receive a DI VS. Tuition is \$13,200 but subject to change. Those w/out a grad degree will need to complete the dept's MA in Family & Consumer Sci along w/ the DI to receive a DI VS. Tuition for MA/DI is \$19,672 (\$23,636 non-resident) & subject to change. The MA & DI require 1.5-2 yrs to complete & may include summers. Typical accepted applicants have a strong DPD GPA, sig work/vol exp in dietetics or another area that provides transferable skills relevant to DI, & strong interpersonal & comm skills. Interns that are mature, motivated, flexible, interested in learning, & have strong time mgmt, interpersonal, & org skills are most successful. Applicants that are interested in working w/ diverse pops &/or bilingual are encouraged to apply. A car is rpd. A one hour commute each way to rotations can be expected as the norm. We have a supportive program director & long-time faculty. All rotations scheduled by program director, w/ intern input. Interns do not need to find own rotations. Interns will take courses together, in-person & online. See website for updated										

RESOURCES

- Careers4RDN.com

- UC Davis Dietetic Internship Application Materials

 - <https://nutrition.ucdavis.edu/academics/dpd/diet-intern-app-mats>

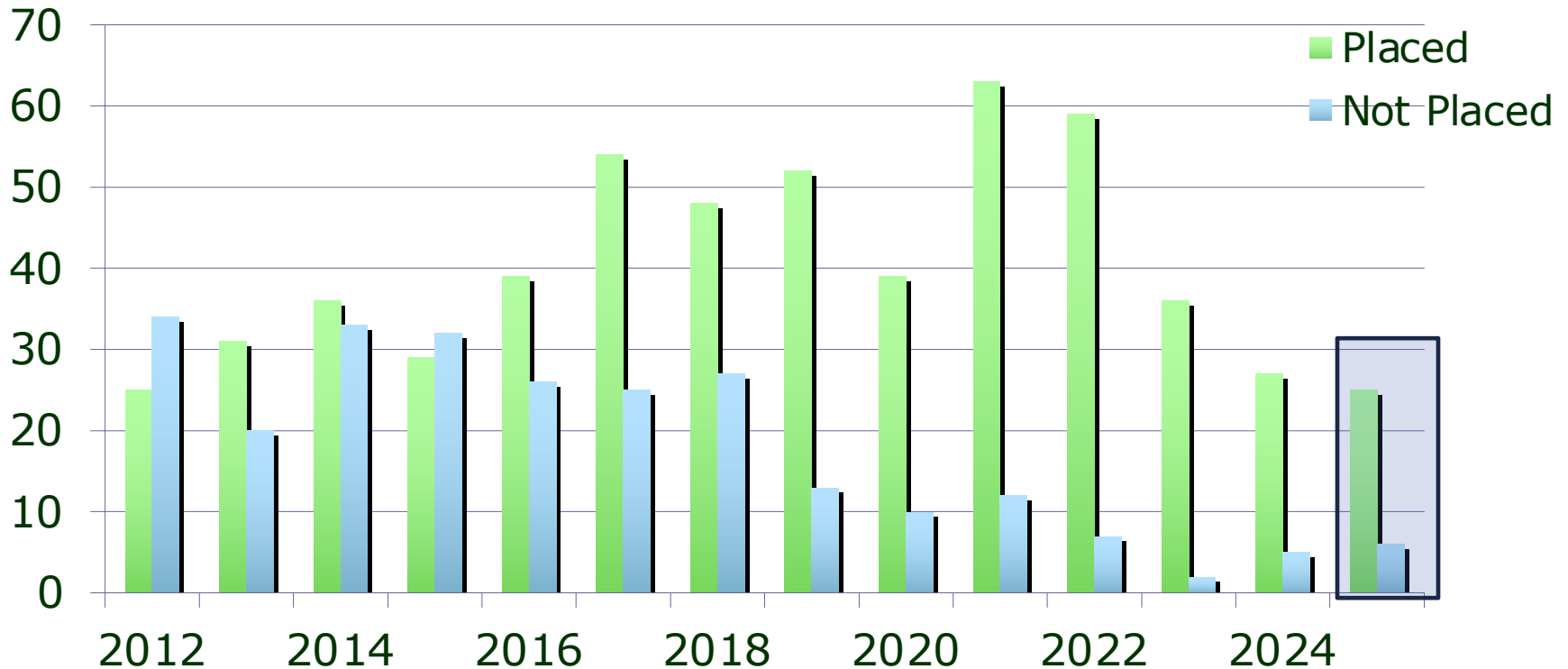
- DICAS

 - <https://dicas.liaisoncas.com/applicant-ux/#/login>

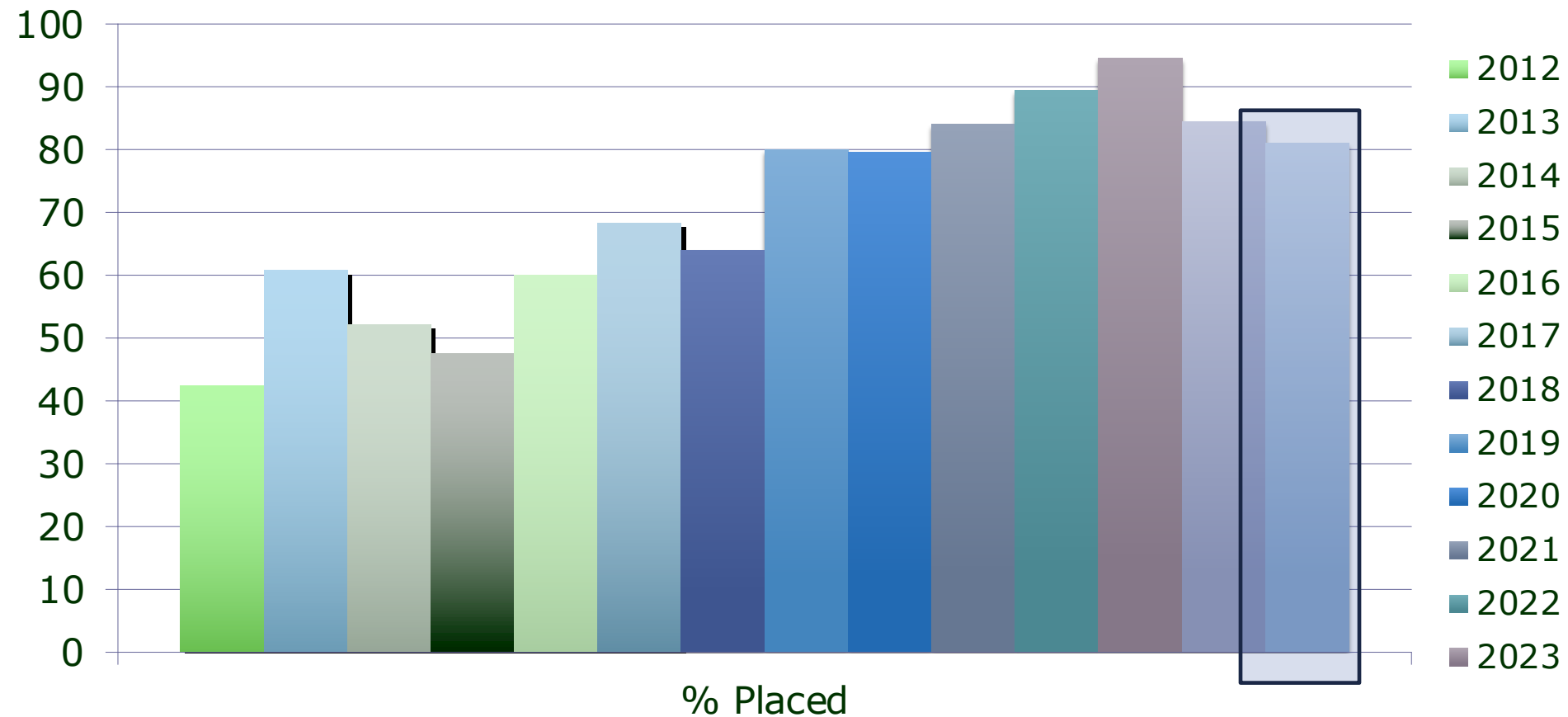
- Academy's Application Process for Students

 - <https://www.eatrightpro.org/acend/students-and-advancing-education/application-process-for-students>

UC DAVIS SPRING NUMBER OF APPLICANTS TO SUPERVISED PRACTICE/DIETETIC INTERNSHIPS



UC DAVIS SPRING % APPLIED & ACCEPTED TO SUPERVISED PRACTICE/DIETETIC INTERNSHIPS



UC DAVIS 2024 PLACEMENTS:

CALIFORNIA:

■ DI:

- Sacramento State MS/DI x 2
- CSU Northridge MS/DI
- CSU San Bernardino MS/DI
- CSU Long Beach MS/DI
- UC Berkeley MPH/DI x 1
- Napa State Hospital* x 2
- Pepperdine MS/DI
- UCSD*

DIETETIC INTERNSHIPS/CP/GP:

- Tulane University DI
- U Michigan MPH/DI x 2
- Oregon Health Sciences MS/DI
- U Illinois *
- KADDI*
- Columbia MS/DI
- Cornell MS/DI
- Lurie Children's DI + distance MS
- Children's Los Angeles*
- Johns Hopkins MHS/DI
- Rutgers MS/DI
- VA South Nevada, Las Vegas *

DISTANCE:

- Morrison DI*

*requires graduate degree

MISSION: DIETITIAN

