

Becoming a Registered Dietitian Fall 23

Upcoming Events

- | | | | |
|------------------|--|------------------|---|
| SEP
28 | BECOMING A DIETITIAN
Brief overview of the process | OCT
5 | APPLYING TO PROGRAMS
Application process overview |
| OCT
12 | TYPES OF PROGRAMS
& Narrowing your list | OCT
19 | DICAS APPLICATION PROCESS
Walk through DICAS |
| OCT
26 | RESUMES
Bring your resume! | NOV
2 | PERSONAL STATEMENTS
What to include |
| NOV
9 | FINANCING GRADUATE SCHOOL
Comparing costs of DIs | NOV
16 | RD CAREER PATHS
& specialty credentials |
| NOV
30 | PROGRAM INTERVIEWS
What to expect/how to prepare | DEC
7 | THE MATCHING PROCESS
How to rank programs |

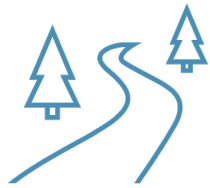
If you are planning on applying to
Supervised Practice (SP) / Dietetic Internships (DI)
in 2024, plan to attend these presentations!

MEYER
3208
1:10-2:00

All presentations are live,
synchronous [Zoom](#), & recorded.

given by
Joan Frank,
MS, RDN, FAND
Asst. Director,
Didactic Program
in Dietetics

OVERVIEW



Paths



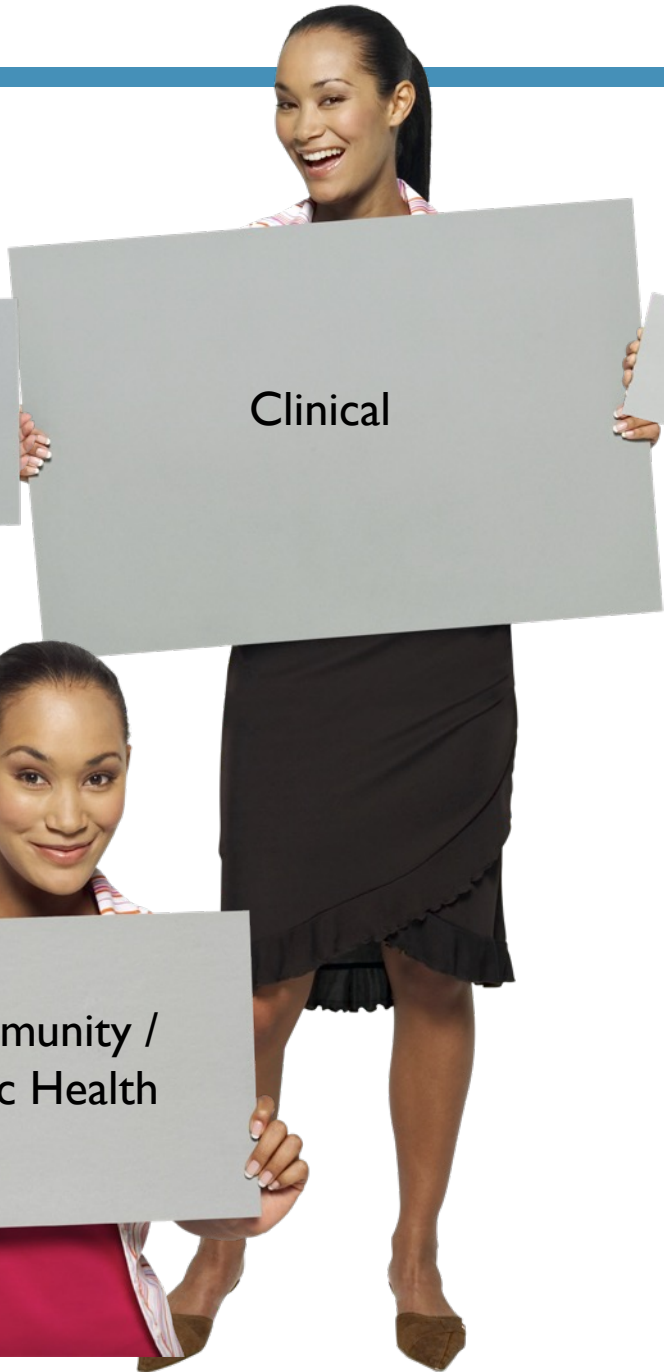
Advanced
Studies



Standards of
Practice



Certifications



WHERE CAN YOU PRACTICE AS AN RDN?

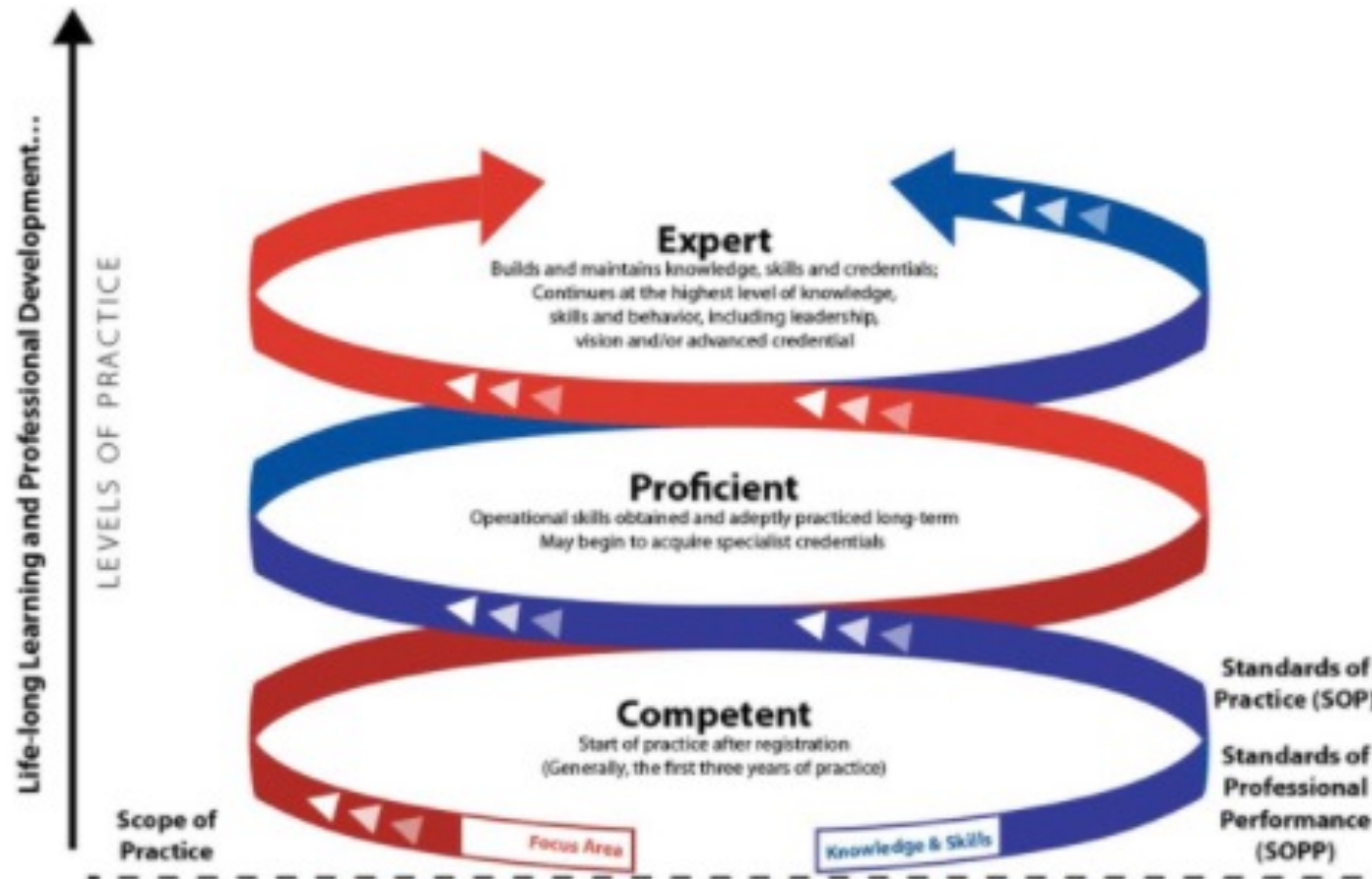
- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education



ADVANCED STUDIES

- Master's degree:
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice Management or Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
- Doctoral degree in Nutrition or Other Areas
 - PhD
 - Clinical Doctorate
- Specialization
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- Other: MD, PA, RN/MSN

STANDARDS OF PROFESSIONAL PERFORMANCE FOR REGISTERED DIETITIAN NUTRITIONISTS (RDNS)



II FOCUS AREAS: STANDARDS OF PRACTICE FOR RDNS



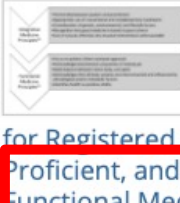
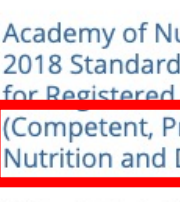

- Nutrition Support
- Diabetes Care
- Mental Health & Addictions
- Education of Nutrition & Dietetics Practitioners
- Management of Food & Nutrition Systems
- Eating Disorders
- Nutrition in Integrative and Functional Medicine
- Intellectual and Developmental Disabilities
- Clinical Nutrition Management
- Sustainable, Resilient, & Healthy Food & Water Systems
- Public Health & Community Nutrition

<http://jandonline.org/content/focus>

FOCUS AREA STANDARDS FOR RDNS

STANDARDS OF PRACTICE & STANDARDS OF PROFESSIONAL PERFORMANCE

<http://jandonline.org/content/focus>

-  Academy of Nutrition and Dietetics: Revised 2020 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Sustainable, Resilient, and Healthy Food and Water Systems
Marie Spiker, Sarah Reinhardt, Meg Bruening
Journal of the Academy of Nutrition and Dietetics, Vol. 120, Issue 9, p1568-1585.e28
-  Academy of Nutrition and Dietetics: Revised 2019 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Clinical Nutrition Management
Jennifer Doley, Krista Clark, Shaynee Roper
Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 9, p1545-1560.e32
-  Academy of Nutrition and Dietetics: Revised 2019 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Nutrition in Integrative and Functional Medicine
Diana Noland, Sudha Raj
Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 6, p1019-1036.e47
-  Academy of Nutrition and Dietetics: Revised 2018 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Education of Nutrition and Dietetics Practitioners
Kathleen Border, Cynthia Endrizal, Malinda Cecil
Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 1, p124-136.e29
-  Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Mental Health and Addictions

SPECIALTY CERTIFICATIONS FOR RDNS



- Certified Specialist in Gerontological Nutrition (CSG)
- Certified Specialist in Oncology Nutrition (CSO)
- Certified Specialist in Obesity & Weight Management (CSOWM)
- Certified Specialist in Pediatrics (CSP)
- Certified Specialist in Pediatric Critical Care Nutrition (CSPCC)
- Certified Specialist in Renal Nutrition (CSR)
- Certified Specialist in Sports Dietetics (CSSD)
- Advanced Practice Certification in Clinical Nutrition (RDN-AP)



CERTIFIED NUTRITION SUPPORT CLINICIAN (CNSC)



- Certified Nutrition Support Clinician (CNSC)
 - American Society of Parenteral & Enteral Nutrition (ASPEN)
 - must be RDN, RN, MD/DO, DDS, PharmD
 - recommend: at least two years of experience in specialized nutrition support, but not required

CERTIFIED DIABETES CARE AND EDUCATION SPECIALIST (CDCES)

- Certified Diabetes Care and Education Specialist (CDCES)
 - A minimum of 2 years professional practice experience as an RDN
 - A minimum of 1,000 hours providing diabetes care & education within past 5* years



LACTATION CONSULTANT (IBCLC)



- Int'l Board of Lactation Consultant Examiners
- Requires coursework, supervised practice hours, examination

ADDITIONAL CERTIFICATIONS

- Certified Dietary Manager (CDM) / Certified Food Protection Professional (CFPP)
- ServSafe Manager Certification
- Health Coach
- Personal Trainer

RESOURCES



*2023-24 APPLICANT GUIDE TO
SUPERVISED PRACTICE*



PROGRAM
WEBSITES

QUESTIONS?

