

INTERVIEW

1



DRESS
APPROPRIATELY

2



ARRIVE IN
GOOD TIME

3



BODY
LANGUAGE

4



EXPECT THE
UNEXPECTED

5



ASK QUESTIONS

PREPARING FOR DI INTERVIEWS

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DI Interviews

Here are some resources that can help you prepare for your dietetic internship interviews. This can be a stressful process, so being prepared for the unexpected will help you relax and enjoy your interviews.



VERBAL RESUME

Get started talking about yourself with an outline for a "60-second" resume!

"ELEVATOR CONVERSATION" VIDEO



INTERVIEW TIPS

Here are some tips to get you started...including some potential interview questions.



INTERVIEW QUESTIONS

Here are some questions to get you started...even some out-of-the-box, fun questions!



DI INTERVIEW PRESENTATION

2/19/2021
A presentation on "Preparing for DI Interviews"

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ASK QUESTIONS

MOST IMPORTANT ISSUES

- Be prepared
- Practice!
- Location
- Scheduling time
 - 8am PCT = 11am EST

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TYPES OF INTERVIEWS

- One-on-one
- Small Group
- Large Group / Panel

- ~~Face-to-Face~~
- Phone
- Zoom/Skype/Facetime/AutoConnect
- Pre-recorded video

Common nonverbal mistakes made at a job interview

From a survey of 2000 bosses

In a survey of 2000 bosses **33%** claimed that they know within the first **90 seconds** of an interview whether **they will hire someone**



The average length of an interview is approximately **40 minutes**

21% — Playing with **hair** or touching face

47% — Having little or **no knowledge** of the company is the most **common mistake** job seekers make during interviews

Failure to make **eye contact** **67%**

Lack of smile **38%**

Bad posture **33%**

21% — **Crossing arms** over their chest

9% — Using too many **hand gestures**

Handshake that is too weak **26%**

33% — **Fidgeting** too much

Statistics show that when meeting new people the impact is:

7% From what we **actually say**

38% The quality of our **voice grammar** and overall **confidence**

55% The **way we dress, act and walk** through the door

Clothes

Bright colors are a turnoff

70% — Employers claiming they don't want applicants to be **fashionable or trendy**.

65% — Of bosses said **clothes could be the deciding factor** between two similar candidates.

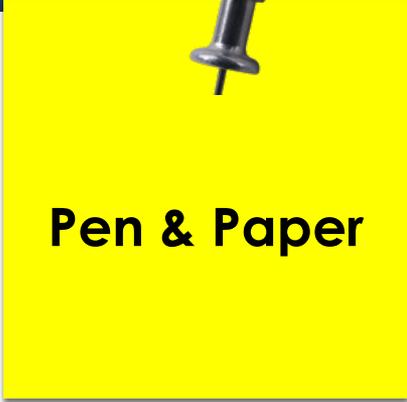
TIPS FOR ALL INTERVIEWS

- Quiet Room
- Dress For Success
- Be On Time
- Make Direct Eye Contact
- Be Yourself
- Be Prepared
- Bring notes / resume
- Smile!

TIPS FOR A PHONE INTERVIEW



Quiet Room



Pen & Paper



Focus!



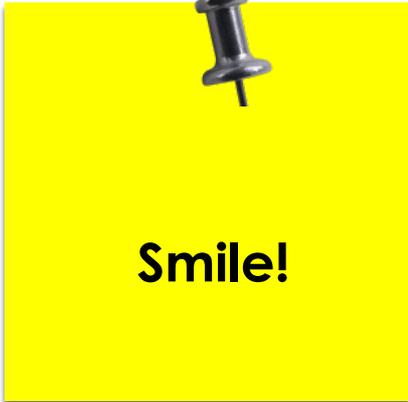
Be On Time!



**List of
Questions**



**App & Resume
out**



Smile!

TIPS FOR ONLINE INTERVIEW

- Practice!
- Quiet Room
- Dress For Success
- Be Early
- Direct Eye Contact



TYPES OF INTERVIEW QUESTIONS

- Traditional
- Behavioral / Situational
- Knowledge-based

THINGS TO INCLUDE

- Strengths
- Accomplishments
- Experience
- Program's Mission/Goals
- Key words



KEY WORDS

UC Davis

Management

Leadership

Supervisory skills

Skill development

HACCP

ServSafe

NCP (Nutrition Care Process)

NCPT (NCP Terminology)

ADIME charting methods (PES)

EHRgo / Electronic Health Record

Evidenced-based practice

Student Nutrition Association

Academy of Nutrition & Dietetics

California Academy

Local Academy Affiliate

Language skills



WHAT IF I
CAN'T
ANSWER
A ???

WHAT QUESTIONS SHOULD I ASK?

- Anything not covered on website
- Location/rotation preferences
- Elective rotations, if included
- How program can help meet your goals of X?
- How program can build your areas of weakness / areas for improvement
- How will they prepare you to pass the RD exam?
 - what is their RD exam passrate (should be on website)
- Are my skills/abilities a good match for your DI?

FOLLOW-UP



- Thank you email immediately
- Hand-written thank you note

RESOURCES ON CAREERS4RDN.COM

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- Interview Questions
- DI-Interview Tips
- Verbal Resume



The Matching Process – Spring 2022
Dietetic Internship Match, Interim Selection, Second Round Selection, & ISPPs

The Matching process and what follows can be very confusing. We've outlined the process below to help you through the process.

Dietetic Internship Match

Sunday, April 3, 2022	<p>Match Day (Notification Day) Beginning 11:00 pm CDT, applicants will find their matching result on www.dnddigital.com through Monday, April 4, 2022 (Appointment Day). This is the ONLY source of notification for applicants. Each applicant will receive either ONE MATCH or NO MATCH after log in. All applicants who receive ONE MATCH will find the matched DI Program name and contact information to accept the appointment. The MATCHED DI Program is planning that the MATCH will be accepted. Matched applicants must contact the DI program on Notification or Appointment Day to confirm the acceptance of the MATCH. No arrangements should be made with any other DI programs. <u>We highly discourage turning down a match as it is unethical and affects the integrity of the match process.</u></p> <p>IMPORTANT: If you make other arrangements and <u>will not be able to accept a match</u> that may occur, you must notify D&D Digital by email (dnd@sigler.com) of your decision to withdraw from Dietetic Internship matching by Monday, March 28, 2022.</p> <p>Applicants who received NO MATCH: If you don't match, don't despair. We highly recommend contacting all programs you applied to on <u>Monday April 4, via email</u>, letting them know that you did not match and that you're still interested in their program should a spot open up. Every year we have students who are offered spots within a day or two of the match. Unmatched applicants will be notified whether or not they were a "prioritized" applicant, meaning they were ranked by a DI program.</p>
Monday, Apr. 4, 2022	<p>Appointment Day Matched applicants must contact the Dietetic Internship program by telephone, FAX or email on or before 11:00 am (time zone of the program) Monday, April 4, 2022 to confirm the acceptance of the MATCH. After this time, the program is under no obligation to hold the opening for the matched applicant.</p>

Interim Selection

DI programs with openings select applicants from their **original list** of applicants who did not match. It is **highly recommended** that applicants release their names on D&D Digital in the event they are not matched so that their name will be available to the DI program directors during the Interim Selection Period.

Tuesday, Apr. 5, 2022	<p>Interim Selection Begins Beginning at 6:00 pm CDT all Dietetic Internship Directors with openings may contact unmatched applicants who were originally on their prioritized list of applicants and offer an appointment.</p> <p>If contacted regarding an opening, applicants must contact the Dietetic Internship program by 8:00 pm CDT, Tuesday, April 5, 2022 to confirm the acceptance of the appointment.</p>
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NOTE: Every year a good number of applicants are selected during the Interim or Second Round Selection and to ISPPs! Persistence pays off, so contact programs, ask questions, and apply!

DIETETIC INTERNSHIP [REDACTED] APPLICATION REVIEW SCORE SHEET

Rank _____

Instructions: Please select number listed that best describes your opinion of the applicant. If you have more than one applicant as a total score, please rank within that score. You are expected to rank each applicant you review -- no applicant should not receive a ranking score.

Total Score
/ 23

Applicant's Name _____ Reviewer Initials _____

1. RESIDENCY STATUS

Out-of-state resident, graduate = 0
 [REDACTED] Student/Graduate = 2

Total Score

2. ACADEMIC PERFORMANCE

BS University/YEAR	
DPD University/YEAR	
Graduate Coursework/GPA	

Total Score

Please average your rating scores for total academic performance score.

Science - GPA		DPD - GPA		Overall - GPA	
0 = <2.5	Not Acceptable	0 = <2.9	Not Acceptable	0 = <2.8	Not Acceptable
1 = 2.51 - 2.8	Acceptable	1 = 3.0 - 3.2	Acceptable	1 = 2.81 - 2.99	Acceptable
2 = 2.81 - 3.29	Good	2 = 3.21 - 3.49	Good	2 = 3.0 - 3.49	Good
3 = 3.3 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good
5 = > 3.75	Outstanding	5 = > 3.75	Outstanding	5 = > 3.75	Outstanding

3. ADVANCED DEGREE

No advanced degree = 0
 Advanced degree in progress = 1
 Advanced degree complete = 2

Total Score

4. WORK - RELATED EXPERIENCE

Paid or volunteer experience related to food service, community or clinical nutrition. Other work experience with documented transferable skills.

Not acceptable - <6 months = 0
 Acceptable - 6 mos - 1 year = 1
 Good - 1-2 years = 2
 Very Good - 2-3 years = 3
 Outstanding - 3+ years = 4

Total Score

5. LETTER

Grammar composition and content of application letter: statement of professional goals and interests, assessment of personal strengths and weaknesses.

Not Acceptable - Poor application letter = 0
 Acceptable - Acceptable letter = 2
 Good - Well written letter = 4

Total Score

6. RECOMMENDATIONS – Recommend with Reservation, No, Yes

Academic, interpersonal, & work-related skills based on recommendation letters.

Not recommended - Negative with weak skills and qualities = 0
 Recommended - Positive with minor skills and qualities = 1
 Highly Recommended - Positive with strong skills and qualities = 3

Total Score

Overall Potential as a RD _____

7. OTHER (Resumé)

Honors, awards, participation in extracurricular or community activities, leadership roles. Other considerations (full time employment while in school, family commitments, etc.)

Good = 1
 Very Good = 2
 Outstanding = 3

Total Score

XXX MEDICAL CENTER DIETETIC INTERNSHIP

Name of Applicant_____ Name of Reviewer_____

TOTAL SCORE_____

PHONE INTERVIEW QUESTIONS: INTERN APPLICANTS

1. Summarize your strengths in one sentence.__(5 points possible)

2. What 3 words would your work supervisors use to describe you and what 3 words would your family and friends use to describe you?__(5 points possible)

3. In the internship you will be required to remember information you learned as an undergraduate. When you don't remember something, how will you handle that? ____(5 points possible)

4. Describe how you will work with an ethnically diverse or an illiterate population. ____ (5 points possible)

5. Give an example which illustrates your ability to manage the demands of multiple projects and assignments.__(5 points possible)

6. How will you handle the high level of commitment for the xx weeks of the internship?__(5 points possible)

7. What are your expectations from the internship experience?__(5 points possible)

8. Describe why we should select you for this program?__(5 points possible)

Dietetic Internship Applicant Written Questions

Name: _____

Date: _____

Directions: Please answer questions as completely as possible. Put your paper in the mailbox when you are finished. It should take about 30-45 minutes to complete but you will have the remainder of the morning or afternoon, depending on which session you are participating in, to finish it. Please do not use references to complete this form.

1. How would you respond if asked to explain what a dietitian does?
2. What are your thoughts about spending time as an intern during a management rotation in the dish room or in a cafeteria line? Please explain.
3. What nutrition interventions would you recommend for a patient with diabetes? Please list.
4. You are an intern participating in a management rotation and have been notified that you will be working with a dietitian the following day who will be interviewing several applicants for tray line positions. You are asked to attend/participate in the conduction of the interviews. The next day, as you participate in one of these interviews, you THINK that some of the interview questions asked by the RD may be illegal under the law. What would you do in this situation?
5. You are the leader of a group project. The other group members are not fulfilling their responsibilities as part of the group. You feel that there is a risk the project will not be completed on time. What would you do?
6. What are your expectations for a typical week in your internship?