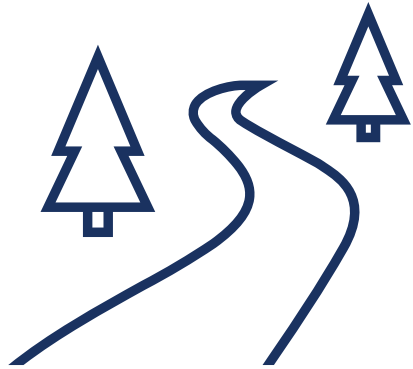


**Accreditation Council  
for Education in  
Nutrition and Dietetics**

the accrediting agency for the  
**eat right.** Academy of Nutrition  
and Dietetics



# SENIOR SEMINAR: Preparing To Apply To Supervised Practice & Grad School

JOAN S. FRANK, MS, RDN, FAND

ASSISTANT DIRECTOR, DIDACTIC PROGRAM IN DIETETICS

UC DAVIS DEPARTMENT OF NUTRITION



# INSTRUCTOR



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**Office Hours:**

Before class

## COURSE REQUIREMENTS:

- Attend class – CR/NC
- Ask questions

# Careers4RDN.com

RDN / DN

Your career resource for all things nutrition & dietetics:

Dietetic Internships

Registered Dietitian Nutritionists

Degreed Nutritionists

Slides and Recordings under the UC Davis tab > Workshops

# Becoming a Registered Dietitian Fall 24 Senior Seminar



Fall 2024

SEP  
26

## BECOMING A DIETITIAN

Brief overview of the process

OCT  
3

## APPLYING TO PROGRAMS

Application process overview

OCT  
10

## PERSONAL STATE- MENTS & RESUMES

What to include

OCT  
17

## TYPES OF PROGRAMS

& Narrowing your list

OCT  
24

## DICAS APPLICATION PROCESS

DICAS walk-through

OCT  
31

## INTERN PANEL

From a variety of programs

NOV  
7

## FINANCING GRADUATE SCHOOL

Comparing costs of DIs

NOV  
14

## PROGRAM INTERVIEWS

What to expect/how to prepare

NOV  
21

## RDN CAREER PATHS

& specialty credentials

DEC  
5

## MISC. TOPICS

TBA

If you are planning on applying to  
Supervised Practice (SP) / Dietetic Internships (DI)  
in 2024/25, plan to attend these presentations!

MEYER  
HALL  
3:10-4:00

All presentations are in-person.

Presented by  
Joan Frank,  
MS, RDN, FAND  
Asst. Director,  
Didactic Program  
in Dietetics



## OVERVIEW

# WHAT IS A REGISTERED DIETITIAN NUTRITIONIST?

Registered Dietitian Nutritionists are food and nutrition experts who have met the following criteria to earn the RD credential:

- Completed a minimum of a graduate degree at a U.S. regionally accredited university or college and course work accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics.
- Completed an ACEND®-accredited supervised practice program at a health-care facility, community agency, or a foodservice corporation or combined with undergraduate or graduate studies. Typically, a practice program will run six to 12 months in length.
- Passed a national examination administered by CDR. For more information regarding the examination, refer to [CDR's website](#).
- Completed continuing professional educational requirements to maintain registration.



## 2 PATHWAYS TO THE RDN

# Becoming a RDN

### Pathway 1: Clinical Nutrition

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP + MASTER'S  
or  
COORDINATED GRADUATE  
or  
FUTURE GRADUATE

MASTER'S

and

DIETETIC  
INTERNSHIP

OR

### Pathway 2: Other Science Major

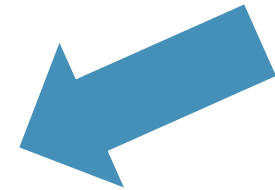
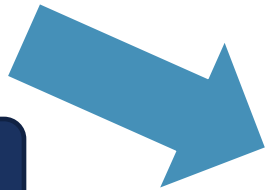
BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED GRADUATE  
or  
FUTURE GRADUATE

REGISTERED DIETITIAN EXAM

REGISTERED DIETITIAN NUTRITIONIST (RDN)





## RESOURCES / WEBSITES

- Academy of Nutrition & Dietetics' *Accredited Programs Directory*
  - <https://www.eatrightpro.org/acend/accredited-programs/accredited-programs-directory>
- UC Davis Department of Nutrition - Dietetic Internship Application Materials:
  - <https://nutrition.ucdavis.edu/academics/dpd/diet-intern-app-mats>
  - *Applicant Guide to Supervised Practice (2024 coming soon!)*
- Careers4RDN:
  - <http://Careers4RDN.com>

# ACADEMY OF NUTRITION & DIETETICS' ACCREDITED PROGRAMS DIRECTORY

- <https://www.eatrightpro.org/acend/accredited-programs/accredited-programs-directory>
- Dietetic internships (with / without master's)
- Coordinated Graduate Programs (CP)
- Future Graduate Programs (FG)
  
- Applicant Guide to Supervised Practice 2024/2025 – Coming soon!



# SUPERVISED PRACTICE

# INTERNSHIP PROGRAM OPTIONS

- Graduate Level
  - M.S., M.A., MPH, MBA
- Stand Alone DI (requires Master's)
- Distance Internships
- Duration – 6-9 (with prior master's) to 24 months
- Concentration or focus – MNT, Community, Management, etc.
- Full-time vs. Part-time
  
- This is post-bacc training; most charge a fee/tuition

# WHAT DOES A FUTURE GRADUATE PROGRAM LOOK LIKE? UNIVERSITY OF THE PACIFIC (16 MONTHS)

## Supervised Practice

- 10 weeks Acute/Post Acute Care
- 5 weeks Ambulatory Care
- 5 weeks Food Service/Systems Management
- 5 weeks Women's Health, Pediatrics
- 5 weeks Wellness, Innovative Nutrition Practice

## Clinical Nutrition MS

- 16 months (Aug 2023 – Dec 2024)
- Supervised Practice + Master's Coursework



# WHAT DOES AN MS/DI PROGRAM LOOK LIKE?

## CSU SACRAMENTO (21 MONTHS)

### Supervised Practice

- Clinical Dietetics
- Food Service Management
- Community Nutrition
- Outpatient Dietetics
- Concentration Areas:
  - Disease Prevention and Health Promotion
  - Advocacy and Public Policy

### Master's

- 21 months
- Year 1 = master's courses
- Year 2 = supervised practice



SACRAMENTO STATE

# WHAT DOES A DIETETIC INTERNSHIP PROGRAM LOOK LIKE?

## UCDMC = 52 WEEKS

### Supervised Practice

- 12 weeks Clinical Nutrition Core
- 4 weeks Critical Care Nutrition
- 4 weeks Pediatrics
- 11 weeks Ambulatory Nutrition
- 3 weeks Community Nutrition
- 6 Weeks Management
- 2 weeks Elective Experience
- 2 Weeks Staff relief
- 200 hours Didactics
- 1 week Vacation

# GOALS FOR THIS QUARTER:

- Work hard academically
  - pay attention to KRDNs in your upper division nutrition courses!
- Obtain volunteer/internship/work experience
- Join SNA!
- Evaluate your goals
  - What experiences do you want from your DI?
  - What type of job do you want?
- Research internships
- {Take the GRE if needed}
- Work on resume
- Work on personal statement
- Attend Office Hours!





Spring 2024 Supervised Practice Application Checklist

Check off as completed:	Deadlines:
<input type="checkbox"/> Set up a <a href="#">DICAS online account</a>	
<input type="checkbox"/> Read through the <a href="#">DICAS Applicant Help Center</a> documents located under the question mark at the top of <a href="#">DICAS</a>	
<input type="checkbox"/> Begin completing your application on DICAS	
<input checked="" type="checkbox"/> Make sure to fill out all sections completely, especially the <i>Supporting Information</i> section (do not expect DI Directors to refer solely to your resume)	
<input type="checkbox"/> Take GRE (Graduate Record Exam) over the summer, if needed (refer to individual program websites for requirements)	
<input type="checkbox"/> Create a resume listing experiences, memberships, awards/honors, certifications, etc. Ideally one page; two pages maximum. Include <b>all</b> college experiences. High School experiences should not be included.	
<input type="checkbox"/> Begin writing your Personal Statement	
<input checked="" type="checkbox"/> Refer to individual program requirements; PSs should be tailored to each program	
<input checked="" type="checkbox"/> Here is a link for basic <a href="#">PS requirements</a>	
<input checked="" type="checkbox"/> Make an appointment with your school's career center to review strong draft of PS	
<input type="checkbox"/> Select a minimum of 15 programs you're interested in (you will whittle them down; however, it is recommended to apply to around 5+ programs). Resources:	
<input checked="" type="checkbox"/> Academy's <a href="#">Accredited Programs Directory</a>	
<input checked="" type="checkbox"/> <a href="#">Applicant Guide to Supervised Practice</a> – access through your DPD Director (pdf and excel)	
<input type="checkbox"/> Develop an application checklist for each program (make note of early application deadlines!)	
<input type="checkbox"/> Enter <b>all</b> colleges/universities attended on DICAS under <i>Academic History</i>	
<input type="checkbox"/> Request transcripts to be sent to DICAS under <i>Academic History &gt; Colleges Attended</i> (request to include most recent Fall grades)	
<input type="checkbox"/> Upload your program's <a href="#">DPD Course List</a> to DICAS under <i>Supporting Information &gt; Documents</i> ; obtain from your DPD program	
<input type="checkbox"/> Enter coursework from all colleges/universities attended on DICAS under <i>Academic History</i> . Use the <a href="#">DPD Course List</a> above to designate courses as DPD Professional or DPD Science courses.	
<input type="checkbox"/> Select the programs you will be applying to under the <i>Add Program</i> tab. Each program will list important information here. Once you've selected programs, they will show up in <i>My Application</i> and you will be able to add documents under <i>Program Materials</i> . Here you will find each program's instructions for applying and links to each program's website.	
<input type="checkbox"/> Request letters of recommendation (typically 2 academic & 1 professional) from your letter writers. Most programs require 3 references. Ask at least 30 days before deadline. UC Davis Letter of Recommendation Request <a href="#">Form A</a>	
<input type="checkbox"/> Input the names and contact information of your references for Letters of Recommendation within each program's DICAS page under <i>Program Materials</i> : (ask your letter writers first!)	
<input type="checkbox"/> Input your DPD Director's name and email on DICAS under <i>Supporting Information &gt; DPD Documents</i> . If you've already graduated: request the <i>Verification Statement</i> ; if you have not graduated: request the <i>Declaration of Intent to Complete</i>	
<input type="checkbox"/> Final drafts of Personal Statements (personalized for each program)	
<input type="checkbox"/> Final draft of Resume	
<input type="checkbox"/> Final draft of DICAS Application	
<input type="checkbox"/> Compare DICAS application to individual program application checklists you created	
<input type="checkbox"/> Upload <b>any</b> additional items required by individual programs under <i>Program Materials</i>	
<input type="checkbox"/> Upload final Personal Statements to each program's DICAS page under <i>Program Materials</i>	
<input type="checkbox"/> Upload final Resume to DICAS under <i>Supporting Information &gt; Documents</i>	
<input type="checkbox"/> Submit your applications under the <i>Submit Application</i> tab.	
<input checked="" type="checkbox"/> Pay DICAS Fees (\$50 for First Application, \$25 for Each Additional Application); click submit! (You may "submit" even though transcripts and letters of recommendation are not yet showing up as received)	
<input checked="" type="checkbox"/> You can also add additional programs later for \$25 each	
<input type="checkbox"/> Mail required documents to individual programs, such as application fees, if required (most are electronic)	
<input type="checkbox"/> If the programs you are applying to participate in the computer match: set up a <a href="#">D&amp;D Digital Systems</a> account for computer matching and pay the \$65 match fee. NOTE: the computer match will be eliminated Fall 2024	
<input type="checkbox"/> Last day to submit completed Applications on DICAS for programs in the Match. Closes 11:59 pm (CT)	2/15/24*
Some programs have early deadlines!	
<input type="checkbox"/> D&D Digital deadline for computer match registration & ranking program preferences. Closes 11:59 pm (CT)	2/15/24*
<input type="checkbox"/> Last day to mail supplemental materials/fees to programs. NOTE: some programs have earlier deadlines!	2/15/24*
<input type="checkbox"/> Deadline to re-order online list of DI rankings, if desired	4/1/24
<input type="checkbox"/> Deadline to withdraw from the match	4/1/24
<input type="checkbox"/> Match Applicant Notification Day: Sunday, April 7, 2024 @ 6 pm (CT)	4/7/24

\*Dates are last possible date to submit; plan ahead and submit early to avoid the rush. Some programs have earlier application deadlines.

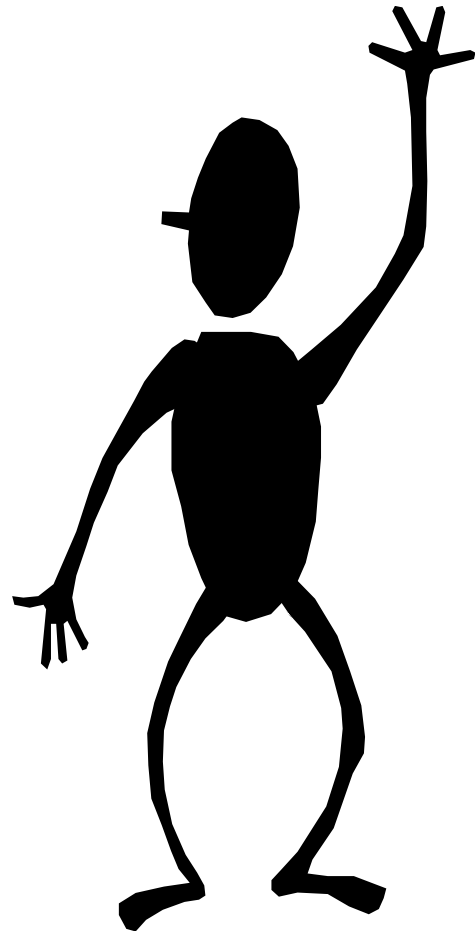
Other types of programs:  
 Individualized Supervised Practice Pathways (ISPPs)  
 Coordinated Programs (CP)  
 Future Education Model Graduate Programs (FG)

**This checklist is to help you plan for the Supervised Practice application process and does not include all steps in the application process. It is your responsibility to visit DICAS, D&D, & individual program websites for instructions & deadlines.**

© Joan S. Frank, MS, RDN, FAND – [www.Careers4RDN.com](http://www.Careers4RDN.com)

2024/2025 coming soon!

QUESTIONS?



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