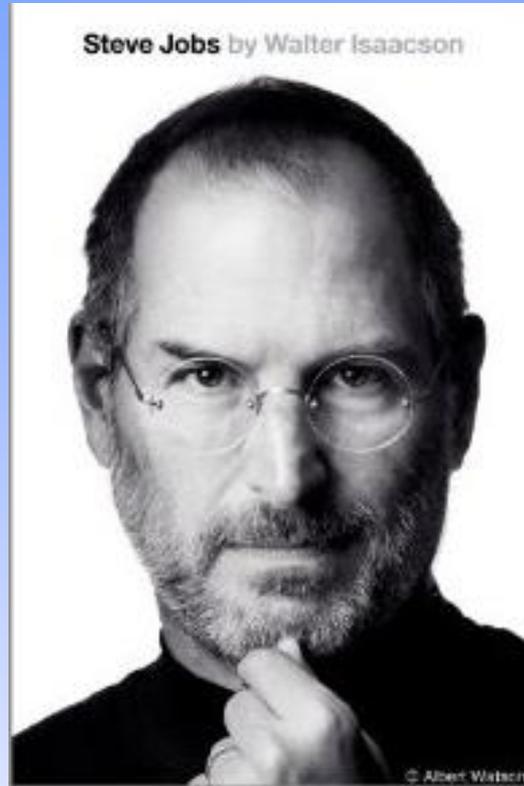




“Life After UC Davis” Nutrition Careers







“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven’ t found it yet, keep looking”

Overview

- Applying/reapplying to Master's/Supervised Practice
- Additional certifications
- Graduate school
- Job hunt resources

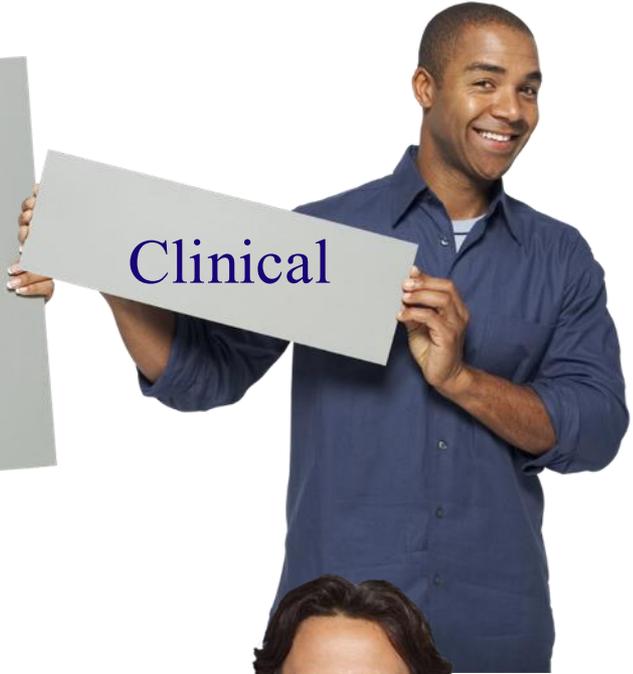




Research



Business
&
Industry



Clinical



Community /
Public Health



Foodservice /
Management

JOBS HELD BY UC DAVIS NUTRITION DEPARTMENT ALUMNI WITH DEGREES IN CLINICAL NUTRITION

Without Further Study:

- Certified Dietary Manager
- Nutritionist for WIC program
- Diet Clerk or Diet Assistant for Hospitals & Long Term Care Facilities
- Dietary Supervisor
- Dietetic Technician, Registered
- Food Service Manager
- Health Educator
- Inventory Control Manager for Retail Food Store Chain
- Caterer, Personal Chef
- Copy Editor for Scientific Journal
- Medical Secretary, Medical Transcription
- Office Assistant
- Assistant Chemist/Microbiologist, Winery
- Personal Trainer
- Personal Banker
- Research Assistant
- Project Manager, Non-governmental organization
- Quality Control Supervisor at a Food Processing Plant
- Sales Representative, Medical/Pharmaceuticals and Nutritional Supplements
- Personnel Manager, State government
- Staff Service Analyst, Food & Drug Branch, California Dept. of Public Health

Registered Dietitian (R.D.):

- Clinical Dietitian, Acute care hospital
- Outpatient Clinical Dietitian
- Specialty Dietitian: Renal, Pediatrics, Gerontology, Nutrition Support, Sports Nutrition, Behavioral management for weight loss clinic
- Consulting Dietitian, Entrepreneurial/Self-employed RD
- Clinical Supervisor/Senior Dietitian
- Chief Clinical Dietitian
- Dietary Consultant to Skilled Nursing Facilities, Adult Day Care
- Head Start Program Coordinator
- Health Educator/Wellness Coordinator
- Program Director/Supervisor, Community Public Health Programs & WIC
- State Government program administration relating to nutrition, Maternal and Child Health, Public Health and Welfare, Department of Education, etc.
- Research Dietitian
- US Army Registered Dietitian
- Dietetic Internship Director

Applying/Re-applying to Master's / Supervised Practice Programs

- Master's requirement
- Fall vs. Spring
- GPA: "all college" vs. DPD vs. science
- Experience: 200-1200 hours recommended
- Distance Internships
- Combined MS/RD programs
 - MS/RD Dietetic Internships
 - Coordinated Graduate Programs (CP)
 - Future Graduate Programs (GP)
- GRE
- Other Majors: CP or GP

100 Best Jobs of 2026

1. **Nurse Practitioner**
2. **Financial Manager**
3. **IT Manager**
4. **Information Security Analyst**
5. **Physician Assistant**
6. **Medical & Health Services Manager**
7. **Software Developer**
8. **Data Scientist**
9. **Speech Language Therapist**
10. **Pilot**
11. **Actuary**
12. **Respiratory Therapist**
13. **Management Analyst**
14. **Nurse Anesthetist**
15. **Substance Abuse & Behavioral Disorder Counselor**
16. **Financial Advisor**
17. **Lawyer**
18. **Marketing Manager**
19. **Industrial Engineer**
20. **Occupational Therapist**
21. **Dental Hygienist**
22. **Operations Research Analyst**
23. **human Resources Manager**
24. **Psychiatrist**
25. **Ophthalmic Medical Technician**

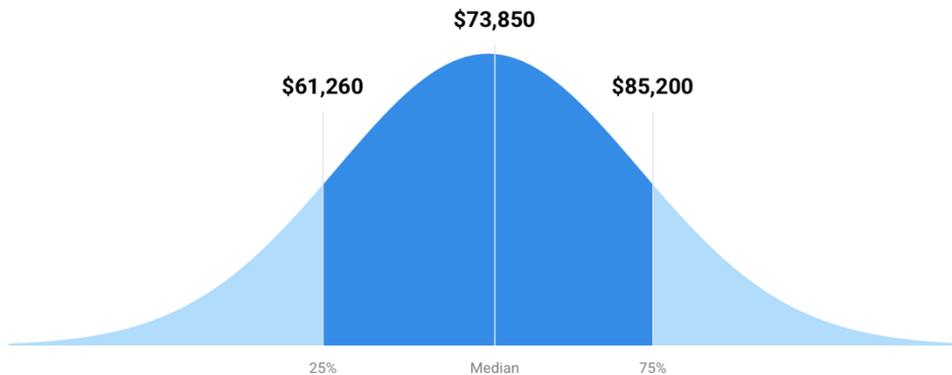
74. **Dietitian & Nutritionist**



Dietitian and Nutritionist Overview

Overall Score 5.2 / 10

#27 in Best Health Care Jobs | #41 in Best STEM Jobs | #74 in 100 Best Jobs



Scorecard		5.2
Wage Potential	4.3	
Employment	5.7	
Future Prospects	5.2	
Comfort	5.8	
Work Life Balance	6.5	

Best-Paying Cities for Dietitians and Nutritionists

Vallejo, California **\$111,330**

Fastest growing occupations: 20 occupations with the highest projected percent change of employment between 2024–34.

Click on an occupation name to see the full occupational profile.

OCCUPATION	GROWTH RATE, 2024–34	2024 MEDIAN PAY
Wind turbine service technicians	50%	\$62,580 per year
Solar photovoltaic installers	42%	\$51,860 per year
Nurse practitioners	40%	\$129,210 per year
Data scientists	34%	\$112,590 per year
Information security analysts	29%	\$124,910 per year
Medical and health services managers	23%	\$117,960 per year
Physical therapist assistants	22%	\$65,510 per year
Actuaries	22%	\$125,770 per year
Operations research analysts	21%	\$91,290 per year
Physician assistants	20%	\$133,260 per year
Psychiatric technicians	20%	\$42,590 per year
Ophthalmic medical technicians	20%	\$44,080 per year
Computer and information research scientists	20%	\$140,910 per year
Occupational therapy assistants	19%	\$68,340 per year
Financial examiners	19%	\$90,400 per year
Hearing aid specialists	18%	\$61,560 per year
Health specialties teachers, postsecondary	17%	\$105,620 per year
Home health and personal care aides	17%	\$34,900 per year
Nursing instructors and teachers, postsecondary	17%	\$79,940 per year
Substance abuse, behavioral disorder, and mental health counselors	17%	\$59,190 per year

12. 20% Growth Rate

Where can a Food and Nutrition Career Take You?



- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education

Additional Certifications –

Nutrition & Dietetic Technician, Registered (NDTR)

- A member of the dietetic health care team
- Work with RDNs to provide quality nutritional care: screening, assessment, teaching, diet modification, nutritional counseling, and food service management
- Under direction of RDN
- Work in the dietary departments of hospitals, clinics, and other health care facilities.
- Requires credentialing examination
- **You qualify with DPD completion**

Additional Certifications –

Certified Dietary Manager (CDM)

Certified Food Protection Professional (CFPP)

- Work with RDs to provide quality nutritional care for clients in non-commercial settings
- Meets Federal OBRA requirements “for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities.”
- Trained and qualified to manage menus, food purchasing, and food preparation; and to apply nutrition principles, document nutrition information, ensure food safety, manage work teams, etc.
- Requires credentialing exam
- **You qualify with DPD completion**



Association of
Nutrition & Foodservice
Professionals

Additional Certifications –

Dietetic Services Supervisor (DSS)

- Food service director of a health care facility, is a member of the dietetic team, functioning under the supervision of a RDN, NDTR, or administrator.
- Meets Title 22 requirements of the “California State Licensing Regulation for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities. “
- **Requires “A baccalaureate degree with a major in food or nutrition, dietetics or food management and one year in the dietetic service of a licensed health facility.”**

Additional Certifications – Certified Food Safety Manager

- ServSafe Manager
- National Registry of Food Safety Professionals

- ServSafe Alcohol
- ServSafe Allergens

Certificate of Training



- CDR's
 - Certificate of Training in Obesity for Pediatrics and Adults

Health/Wellness Coaching

- Certified Health Education Specialist (CHES)
 - <https://www.nchec.org/ches>
- National Society of Health Coaches Certification
 - <https://www.nshcoa.com>
 - Allied Health Professionals
 - Certificate of Completion
- American Council on Exercise (ACE) Health Coach Certification
 - <https://www.acefitness.org>
- Others...

HEALTH COACHING AT THE TANG CENTER

SCHEDULE YOUR FREE APPOINTMENT NOW!

Online: etang.berkeley.edu

In-person: Visit the Appointment Office

UHS HEALTH EDUCATORS



Daxle Collier

Daxle sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Meckell Milburn

Meckell sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Robin Mills

Robin sees clients for sexuality/sexual health issues, including relationships and communication, sexual health/birth control education, and sexuality concerns and issues.

Health coaches support you through the process of defining and achieving your health and wellness goals by creating a sustainable and achievable action plan.

Two types of health coaching sessions are available –

WELLNESS VISITS:



General wellness



Healthy eating and physical activity



Procrastination and time management



Resilience and stress management

SEXUALITY/SEXUAL HEALTH VISITS:



Relationships and communication



Sexuality concerns and issues



Sexual health and birth control education

Coaching sessions last 45 minutes and are confidential. More than one visit is possible; partners are welcome for sexuality/sexual health visits.

For more information, see: uhs.berkeley.edu/healthcoaching.

Health & Wellness Coaching

- Wellness Self Coaching
- Kaiser Permanente
- Anthem Blue Cross
- UC Blue & Gold HMO from Health Net of California

Advanced Studies

- **Master's degree:**
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice/Restaurant Management/Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
 - Nursing – MSN
- **Doctoral degree in Nutrition or Other Areas**
 - PhD
 - Clinical doctorate (post-RDN)
- **Specialization**
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- **Other:** MD, PA, RN/MSN



Health Careers



- [Medicine \(MD/DO/DPM\)](#)
- [Allied Health Fields](#)
 - [Anesthesiology Assistant](#)
 - [Audiology](#)
 - [Child Life Specialist](#)
 - [Perfusionist](#)
 - [Pharmacy Technician](#)
- [Athletic Training](#)
- [Chiropractic Medicine](#)
- [Clinical Lab Sciences](#)
- [Dietetics](#)
- [Dentistry](#)
- [Genetic Counseling](#)
- [Naturopathic Medicine](#)
- [Nursing](#)
- [Occupational Therapy](#)
- [Optometry](#)
- [Pharmacy \(PharmD\)](#)
- [Physical Therapy](#)
- [Physician Assistant](#)
- [Public Health](#)
- [Speech Language Pathology](#)
- [Veterinary Medicine](#)

hpa.ucdavis.edu

UC Davis ICC Career Fair



**Fall/Winter/Spring
Internship and Career Fair**
ARC Pavilion

Skills you can learn online for free right now to improve your resume

- **Learn a new language or brush up**
 - Rosetta Stone, Duolingo
- **Graphic Design**
 - Udemy
- **Photography skills**
 - Nikon's online school
- **First aid training**
- **Public speaking**
 - Marjorie North, Simon Sinek
- **Design thinking / problem solving**
- **Online certificates**
 - Project Management
- **Google's *What Would You Like to Learn?***



Volunteer/Internships

- Peace Corps
 - <http://www.peacecorps.gov/>
- AmeriCorps
 - <https://www.americorps.gov>
 - FoodCorps
 - <https://foodcorps.org/>
 - National HealthCorps
 - <https://www.nationalhealthcorps.org/>
- International Volunteers HQ
 - <https://www.volunteerhq.org/>
- Ideal List – jobs/internships/volunteer
 - <http://www.idealists.org/>

**Want to make
a difference
and serve your
community?**



Become an AmeriCorps Health Fellow

Our AmeriCorps Health Fellows:

- Commit to year-long term of service.
- Serve a minimum of 1,700 full-time hours.
- Address health issues by improving access to care & services.

Requirements:

- Proof of U.S. citizen, national, or lawful permanent resident alien;
- 17 years or older;
- One-year commitment to serve;
- Must pass extensive background check.

Benefits



LIVING ALLOWANCE



HEALTH INSURANCE



LOAN FORBEARANCE



CHILDCARE ASSISTANCE



MEET LIKE-MINDED PEERS



EDUCATION AWARD

For more information:

Contact Bilan Jirde at fellowship@lifelongmedical.org or by phone (510) 981-4185

Apply on our website:

www.lifelongmedical.org

Discontinued!

Program Benefits Include:

- **Living Stipend** of \$25,500.00
- **Education Award** of \$10,000.00
- Personal Time Off
- Loan Forbearance/Interest Accrual
- Health Insurance & Child Care Benefits
- Networking Opportunities
- Training & Professional Development

Job Search Resources

- UC Davis Internship & Career Center
 - Handshake
- Indeed / Craigslist / LinkedIn
- Job Search Resource List
- Facilities in the Community
- County Department of Public Health, etc.
- State Department of Public Health, etc.
- Networking!

- **WIC - Degreed Nutritionist (DN)** or "*Nutrition Assistant*" or "*Nutrition and Dietetic Technician, Registered (NDTR)*".
 - <https://www.calwic.org/local-agency-support/job-opportunities/>

Foodservice Contracting Companies

- Compass – Morrison, Bon Appetit, Chartwells
- Aramark
- Sodexo
- Delaware North
- Revolution Foods – Emeryville

Compass Group / Morrison

- **Remote Diet Tech – Los Angeles**
 - **Morrison Healthcare**



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TALENT ACQUISITION

Sherry Luse, RDN, LD
Senior Recruiter - Professional Management
Compass Group USA - Talent Acquisition
(256) 609-7464 | phone
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[Compass Group Careers](#) | [Morrison HealthCare](#) | [My LinkedIn](#) | [vCard](#)

f @ t v in





REGIONAL MANAGER, PATIENT SERVICES

4.4 ★

Morrison Healthcare – Sacramento, CA

\$44K-\$111K (Glassdoor est.) ⓘ



Patient Services Manager

4.4 ★

Morrison Healthcare – Monroe, LA

\$31K-\$70K (Glassdoor est.) ⓘ

Patient Services Manager

Morrison Healthcare [🔗](#) (part of Compass)

2053 Marengo St RM 1h2, Los Angeles, CA

\$78,000 - \$90,000 a year - Full-time

Job Summary

We are seeking a **Patient Services Manager** to lead our Patient Services Team in an Acute Care setting in City, State.

Key Responsibilities:

- Establishes goals and oversees implementation of patient food services needs based upon medical direction and patient population
- Hires, directs, coaches, trains, and develops patient service team members
- Complies with dietary restrictions on special or modified diets to ensure optimal food preferences are met within guidelines of the diet order limitations
- Ensures patient services staff assists in achieving stated patient satisfaction goals
- Complies with regulatory standards, including federal, state, and accrediting agencies while adhering to facility confidentiality, HIPAA regulations, and patient rights policies
- Participates in/ leads patient satisfaction programs, departmental meetings, and facility wide Quality Assurance/Performance Improvement programs

Qualifications:

- Associate degree with one (1) year work experience in food services or related field, or bachelor's degree in food service technology/management or related field
- Certified Dietary Manager certificate, Registered Diet Technician or Registered



Patient Services Manager 2

Sodexo  · 3.6 ★

Los Angeles, CA 90027

\$77,605 - \$100,430 a year

Full job description

Role Overview:

Are you ready to lead in a fast-paced, patient-focused environment? Sodexo is seeking a **Patient Services Manager 2** to join our team at **Children's Hospital Los Angeles (CHLA)** —a nationally recognized pediatric hospital. This dynamic account offers **Patient Services, Catering, Retail, and Convenience Store operations**, with a **room service-style meal program running from 6:30 AM to 7:00 PM daily**. You'll collaborate with highly engaged clients, frontline team members, and interdisciplinary teams to deliver exceptional patient dining experiences.



Certified Dietary Manager (CDM) or Registered Dietitian (RD) preferred.

What You'll Do:

- Oversee daily patient meal service operations, ensuring accuracy, timeliness, and compliance with dietary needs.
- Lead and develop a team of frontline associates, fostering engagement and high performance.
- Partner with clinical and interdisciplinary teams to support patient satisfaction and nutrition goals.

Food & Nutrition-Related Sales

- Abbott Nutrition
- Nestle Nutrition/Health Science
- Mead Johnson Nutrition
- Sysco Foodservice/US Foods/Kraft Foods
- Any food-related business

GI Specialty Sales Representative (Pharma)

Clinical Nutrition

Nestlé Health Science [🔗](#) (part of Nestlé) · 3.7 ★

Palo Alto, CA 94304

Job Summary:

\$120,000 - \$145,000 a year

The GI Specialty Sales Representative (Pharma) will be responsible for the sales performance of the full portfolio within an assigned geographic territory through successful execution of marketing strategies. This role is responsible for growing business relationships with key decision makers and influencers. The GI Specialty Sales Representative (Pharma) will also be responsible for focused detailing to specific targets with a carefully defined messaging strategy and call sequence, leveraging business and value solutions based on evidence, and outcome data, supporting the GI platform. This

Requirements:

- Bachelor's degree in Business Administration, Marketing, Psychology or in a related field required.
- 3+ years of Medical/Clinical selling experience with demonstrated success in specialty medical products OR 5+ years combined experience in sales with demonstrated success and clinical experience.
- Demonstrated fluency in MS Office (Word/Excel/Outlook/PowerPoint) is required.
- Consistently meets and exceeds sales targets.
- Ability to develop solid and long-standing business relationships with strategic/targeted customers.

Research / Pharmaceuticals

- UC Davis research opportunities
- USDA – WHNRC research opportunities
- Buck Institute For Research On Aging – Novato, CA
- BioMarin – Novato, CA
- Abbott Diabetes Care – Alameda, CA

Junior Specialist - Division of...



University of California, Davis
Davis, CA 95616
(University of California Davis area)

\$51,300 a year

- Salary range: A reasonable estimate for this position is \$51,300/annually at Step 1 or \$54,600/annually at Step 2.
- Open date: December 4, 2023.

Career Center Listserv – comes out weekly

Food and Beverage Jobs

- [Regulatory Compliance Specialist](#) | Sierra Nevada Cheese Company | Willows, CA | Exp: 3/14/25
- [QA Technician](#) | Danone North America | Chatsworth, CA | Exp: until filled
- [Manufacturing Internship](#) | Bimbo Bakeries USA | San Francisco, CA | Exp: 6/1/25
- [Development Chef](#) | Stir Foods | Fullerton, CA | Exp: 7/9/25
- [Harvest Cellar Worker](#) | Long Meadow Ranch | Saint Helena, CA | Exp: 7/27/25
- [Part-time Sports Dietitian](#) | University of San Francisco | San Francisco, CA | Exp: 7/6/25

www.indeed.com

- Dietetic
- Dietary
- Nutritionist
- Nutrition
- Health education/educator/promotion/coach
- Wellness
- Foodservice
- Food
- Diet
- Dietitian/dietician



Jobs that are available right now...

Job Description

[← Previous Job](#) **Community Nutrition Educator - Eureka, CA, J**

Position Summary:

Join our statewide and national network of nutrition and health educators who receive high-quality training and hands-on support so that together we can make a positive difference in our communities.

This position's primary foci are to conduct, manage, and evaluate a nutrition education program to create a healthier school and community environment.

The Community Education Specialist 2 position will perform the full range of program implementation duties. Incumbent will coordinate, manage, and deliver nutrition education with community-based adults and/or youth in partnership with local public health and community organizations. This includes training, guiding, and supporting schoolteachers who volunteer to support health education in their classes by providing them with education, information and resources; evaluating program implementation; collecting and compiling enrollment information, assuring proper documentation, collecting evaluation data from teachers and participants; performing data entry for reporting; and writing reports in compliance with funding requirements.

The Community Education Specialist 2 will build and maintain an informal network of partners, align nutrition education projects releases and news articles, and maintain knowledge and

Requirements:

- Associate degree and / or equivalent experience / training in a related area such nutrition, public health, or community health and well-being.
- Continuing education, training, or professional development in a related field.
- Knowledge of community education, community engagement, teaching and/or facilitation best practices.
- Proficient in use of Windows-based computer with knowledge of Microsoft Office programs (Excel, Word, PowerPoint).
- Experience working with a diverse youth, adult and/or volunteers, including diversity in age, race/ethnicity, sexual orientation, gender identity, and/or physical and ability/disability).
- Experience working with underserved populations.
- Familiarity with schools and community-based agencies in the local area serving lower-income youth and adults.
- Thorough and effective verbal, written, and interpersonal communication skills and presentation skills to work in large and small groups, give presentations and organize activities. Ability to write newsletters, correspondence, and reports.
- Bilingual communication/translation abilities in English and Spanish.
- Knowledge of community education and / or teaching practices.
- Working knowledge of conducting needs assessment to understand community strengths, interests, and priorities.

Dining Services Coordinator NE

Sunrise Senior Living [📍](#) | 4820 Hazel Avenue, Fair Oaks, CA 95628

\$29.50 - \$39.40 an hour

Job ID: 2026-237046 JOB OVERVIEW: The Dining Services Coordinator I is responsible for providing outstanding customer service, overall leadership, and management of the dining and hospitality operations in the community. Responsibilities include, but are not limited to, food preparation and service in accordance with the Sunrise culinary programs, accurate delivery of dietary modifications, procurement, financial and budgetary management, labor management, hiring, supervising and training team members, ensuring proper sanitation and safe food handling, accurate record keeping, inventory and rotation of products, regulatory compliance, and communicating with residents and families to ensure high levels of resident satisfaction. RESPONSIBILITIES & QUALIFICATIONS: Job Description

Nutrition Assistant

County of Contra Costa, California [↗](#)

Contra Costa County, CA

\$57,925.42 - \$70,408.69 a year - Full-time

Nutrition Assistants participate and assist in patient nutritional care services in an acute care hospital; relieve Registered Dietitians of certain routine aspects of the nutritional services program and may perform dietary-related tasks; determine, enroll, and recertify the WIC applicants program eligibility in Public Health, provide nutrition and breastfeeding education, develop care plans for low-risk participants, and provide group classes.

The WIC Program is a federally funded supplemental food and nutrition program for low-income pregnant, breastfeeding, and postpartum women, infants, and children under age five who are at a nutritional risk.

The goal of the WIC Program is to provide women, infants, and children with healthy food, knowledge, and the opportunity to make healthy choices in an atmosphere of dignity and respect, thus enhancing the potential for all to enjoy a higher quality of life.

Minimum Qualifications

Education: Possession of either 1) an Associate of Arts degree from an accredited college or university with a major in food science, nutrition, home economics, dietetics, social work, public health or a closely related field, 2) completion of a dietetic technician program from an accredited college or university, 3) completion of a Didactic Program in Dietetics approved by the Academy of Nutrition and Dietetics' Accreditation Council for Education in Nutrition and Dietetics (ACEND), or 4) WIC Nutrition Assistant (WNA) certification issued by a State WIC Program.

Nutritionist Aide

Major Areas of Responsibility include but are not limited to:

[La Clinica de La Raza](#)  • 3.5 ★

1450 Fruitvale Avenue, Oakland

\$25.82 - \$33.89 an hour - Full-ti

- Conducts nutrition screening, assessment and counseling, and implements nutrition care plans for all but high-risk patients.
- Assures appropriate records are updated (i.e. records nutrition assessment dates, follows-up on nutrition assessment appointments with Nutritionist II, obtains appropriate signatures on re-interview forms during appointments)
- Maintains documentation by charting dietary intake and recording recommendation given to clients in family folders and medical records.
- Teaches group classes.
- Assists with the development translation and evaluation of culturally relevant nutrition education materials.
- Attends weekly staff meetings and other workshops as required.
- Other duties as assigned by WIC supervisor.

Minimum Job Requirements

- Requires completion or intent to complete CPA (Competent Professional Authority) certification as mandated by the state of California; minimum one year of individual nutrition counseling experience preferred.
- Must hold a current BLS (Basic Life Support) Certificate. You will have 30-day grace period to obtain your certificate from the date of hire.
- Knowledge of contemporary principles and practices of nutrition; interpretation and implementation of nutrition guidelines for infant, children, and pregnant, and breastfeeding and non-breastfeeding women, and other patients.
- Knowledge of nutritional value of foods; meal planning and preparation that is culturally appropriate; food safety.
- Knowledge of principles, methods, and materials used in nutrition counseling, education, and screening.
- Knowledge of Motivational Interviewing techniques preferred.
- Ability to work independently as well as collectively on projects.
- Strong interpersonal, verbal, and written communication skills.
- Ability to work across cultures and demonstrate support of diversity, equity and inclusion.
- Bilingual/Spanish required.

Eating Disorder Diet Tech

[LGTC Group](#)  · 3.2 ★

1575 Old Bayshore Highway, Burlingam

\$25 - \$27 an hour - Part-time, Full-time

The **Diet Technician** supports clients through their daily activities and the dietary component of the program. Some of the typical duties on shift include menu planning with clients, managing kitchen stock and safety, correcting meal plans, grocery shopping, tracking dietary budgets, preparing meals for clients, consuming meals alongside our clients to offer support in the moment, and communicating observations with our treatment team.

Responsibilities

- Purchasing all grocery items for facility, considering variety, special diets, and food safety
- Maintaining a well-stocked kitchen, and upholding proper sanitation requirements
- Analyzing food service providers to ensure quality products at cost effective prices
- Monitoring client consumption of appropriate meals and providing supplementation for incomplete meals
- Cooking and baking with clients as therapeutically recommended by Dietitian
- Participating in restaurant experiences
- Enforcing dietary program and supporting goals set by Dietitian
- Lead group sessions for clients
- Lead and support in therapeutic meal support for clients enrolled in EH PHP/IOP

Qualifications

- Bachelors in Nutrition or related field
- Knowledge of nutrition and dietary interventions in the mental health field
- Experience in dietary education
- Have strong written and verbal communication skills
- Must demonstrate initiative, resourcefulness, a professional manner, enthusiasm, and a non-judgmental attitude
- Ability to demonstrate understanding of the medical consequences of eating disorders, the hazards of re-feeding and how to avoid complications
- Ability to communicate effectively to all staff in implementing the dietary programs
- Must have the ability to provide documentation or obtain a state-required food handlers permit, or Serve Safe Certification, upon hire

Diet Assistant II

Sutter Health [📄](#) · 3.8 ★

San Francisco, CA 94109

\$32.34 - \$38.80 an hour - Part-time

CPMC-California Pacific Med Center Van Ness

Position Overview:

Prepares dietary information for use by kitchen personnel in preparation of foods for hospital patients. Collects orders and information to understand patients' needs and monitor the quality and accuracy of food served to patients. Supports the functionality of the department by providing clerical support including processing patient orders, tracking food service production tallies, and maintaining inventory. Gains confidence and cooperation from the patient, their family/support group, and other healthcare providers through competent patient assessment, attentive monitoring and care, and effective communication. Adheres to all local/state/federal regulations, codes, policies and procedures to ensure privacy and safety while delivering optimal patient care.

Certified Dietary Manager

[Rossmoor Post Acute](#) 

1226 Rossmoor Parkway, Walnut Creek, CA 94595

From \$80,000 a year - Full-time

Rossmoor Post Acute

Overview

Rossmoor Post Acute is seeking a **Certified Dietary Manager** to oversee the day-to-day operations in the kitchen. This skilled nursing facility provides meals to a diverse range of patients, including adherence to various medical diets.

Qualifications/Requirements

- **Licensure:** CDM License or equivalent.
- **Experience:** Minimum of one year in skilled nursing or hospital setting, and one year in a managerial role.
- **Skills:** Ability to manage a budget and oversee food spending; demonstrate knowledge of computer tray systems and software.

Dietary Services Supervisor/Certified Dietary Manager

[HealthHire](#) 

Oakland, CA

\$38 - \$48 an hour - Full-time

CLINICAL

- Ensures the timely preparation and delivery of nutritious and attractive meals, and supplements to all residents according to physician's orders and in compliance with Federal, State and Company requirements.
- Maintains a safe and sanitary working environment in compliance with Federal and State of California Guidelines.
- Ensures that meals are served according to resident requests, preferences, and needs.
- Implements and revises menus with Registered Dietician review and guidance to meet resident needs.
- Interacts effectively with Interdisciplinary team members.

Dietary Services Supervisor/Certified Dietary Manager - QUALIFICATIONS

- Good written and verbal communication skills.
- Strong supervisory skills.
- Graduate of California State approved DSS course, CDM certification with Title 22 coursework, or bachelor's degree in related clinical nutrition field. For a complete list see California Safety Code 1265.4.
- One year experience in healthcare related food service preferred.

Dietary Technician - Food and Nutrition 16

[St. Rose Hospital](#)  · 3.8 ★

27200 Calaroga Avenue, Hayward, CA 94545

\$39.60 - \$47.28 an hour - Per diem

Under general supervision is responsible for assisting the dietitian in the following ways: updates RD binders, updates patient diet rands, collects and edits menus, visits patients for food preferences. ESSENTIAL DUTIES Collects menus from patients. Visits patients for food preferences. Explains diets to patients. Edits menus for accuracy. Updates diet rands daily. Conducts quality control monitoring as assigned. Checks diet list and trayline as needed. Demonstrates competence in contact with pediatric and elderly groups of patients relative to determining each patient's age-related and other physical, psychosocial, and cultural needs. Other Duties Files patient profile sheets. Answers phones to process calls and files as needed. Conducts quality control monitoring. Participates in test trays, temperature checks, and taste tests. Performs other job-related duties as assigned by the Lead Dietitian, Manager of Food and Nutrition Services, and Clinical Dietitians

Required Qualification: EDUCATION, EXPERIENCE, TRAINING 1. California Safe Food Handlers card preferred. 2. High School graduate or equivalent preferred. 3. Minimum two years experience in an acute care hospital preferred.

Food and Nutrition Services Supervisor DAV

[Sutter Health](#)  · 3.8 ★

San Francisco, CA 94109

\$40.19 - \$50.23 an hour - Full-time

Position Overview:

Supervises and provides operational leadership in planning, organizing, directing, controlling and evaluating the day to day operational functions related to the Food Production area to ensure effective and efficient delivery of services and/or achievement of business results. Establishes protocols and practices, ensuring compliance with department, affiliate, operating unit, and/or system standards, policies and procedures and applicable laws and regulations. Identifies and implements cost savings and best practices, using Lean or other process improvement methods and concepts. Collaborates with others to coordinate services, streamline work flow, standardize procedures, and/or drive positive outcomes. Less than 50% of time spent on average is performing the duties of the individuals being supervised.

EDUCATION:

HS Diploma or General Education Diploma (GED)

CERTIFICATION & LICENSURE:

SS-Serve Save Certified within 60 days

CDM- Certified Dietary Manager within 2 years

TYPICAL EXPERIENCE:

5 years of recent relevant experience.

Health Educator I/II

[La Clinica de La Raza](#) | 335 E Leland Rd, Pittsburg, CA 94565 | \$26.94 - \$39.42 an hour

Major Areas of Responsibility include but are not limited to:

Client Experience

- Provide health education classes and, and facilitate groups on a variety of topics
- Effective at facilitating presentations and engaging participants during health education classes-workshops.
- Provide enrollment assistance in the community and one to one to enroll people into health coverage and inform them about how to navigate the health care system.
- Other duties as assigned by supervisor

Other Certifications and Experience

- Must hold a current BLS (Basic Life Support) Certificate. You will have 30-day grace period to obtain your certificate from the date of hire.
- **Health Educator I:** Requires a High-School degree/GED plus a minimum of one year experience providing health education to underserved communities of color plus two years' work experience in a community setting preferably at a health center
- **Health Educator II:** Requires Bachelor's degree in Health Education, Health Sciences or behavioral sciences with 2 years' experience providing health education to underserved communities of color.
- Experience must include providing peer counseling, support, education and/or advocacy services. Must be committed to supporting clients toward the goals of active participation in primary case as well as commitment to services that are strength based and focused on wellness and recovery
- Experience with community outreach and engagement methods required for school-based health center sites
- Experience in group facilitation and presentations

Health Nutrition Coordinator

MEXICAN AMERICAN OPPORTUNITY FOUND.

Richmond, CA 94806

\$75,000 - \$77,924 a year - Full-time

• GENERAL RESPONSIBILITIES AND SPECIFIC DUTIES

- Responsible for updating and/or developing service area plans, policies procedures, forms, monitoring tools and reports, in collaboration with the Early Head Start Management team, parent, health services advisory committee for the health, nutrition, and oral health using program data and the results from the community needs assessment.
- Ensures services are delivered with strict adherence to the organization's health, nutrition, and program policies, and procedures.
- Works as part of the integrated management team. Responsible for ensuring coordination and delivery of quality, comprehensive services in accordance with the agency's established timelines and in compliance with the Head Start Program Performance Standards
- Implements Level 2 and 3 of the ongoing monitoring policies and procedures for nutrition, oral health, and health. This includes and is not limited to oversight and monitoring to ensure child's health screening, follow up on any child needs identified, including health needs are met in a timely manner.
- Ensures the prompt identification, assessment and development of individual health plans that respond to the children's diagnosed or suspected health and nutritional needs.
- Produces reports regarding health services, oral health and nutrition services. Conducts data analysis and submits recommendations to improve the quality and consistency of innovative practices to the EHS CCP Program

• KNOWLEDGE AND SKILLS REQUIRED

- Bachelor of Science degree in public health, child health, maternal health, Health Science, Social Work, or related field. A licensed Vocational Nurse with experience in Head Start is acceptable.
- Three years of experience in the Health Field or Coordinator in Head Start.
- English/Spanish speaking preferred.

PERINATAL HEALTH EDUCATOR

[North East Medical Services](#)  · 2.5 ★

1520 Stockton Street, San Francisco, CA

\$36.92 - \$41.85 an hour

SUMMARY OF POSITION:

The Perinatal Health Educator will facilitate, implement, present, and evaluate health education programs and services to patients of all ages. In particular, the role will provide support and guidance to expectant mothers on topics of prenatal/postpartum care and infant basics. This position works within the scope of the Comprehensive Perinatal Services Program (CPSP) to provide comprehensive support and care to expectant mothers and assist them to be better prepared for the prenatal and postpartum experience. The role is split between providing CPSP services and general health education services.

QUALIFICATIONS:

- Bachelor's degree (degree in public health or related field preferred) or high school diploma with 4 - 8 years equivalent experience required
- Minimum of at least 1 year of working experience in providing prenatal care is required
- Current Group Fitness Certification from a nationally recognized fitness training organization (i.e. ACE, AFAA, NASM, ACSM) or ability to obtain it within 6 months of first available training date is required
- 1-2 years of group fitness teaching experience preferred
- Current National Board-Certified Health & Wellness Coach (NBC-HWC) Certification or ability to obtain it within 6 months of first available training date is required
- Current documentation of Basic Life Support is required
- Knowledgeable in hospital procedures, health care systems and clinical practices preferred
- Knowledge in physiology, clinical science, behavioral health, neuroscience, pain control, and relaxation techniques preferred

Regional Health Coach

[JumpstartMD](#)  · 3.5 ★

Walnut Creek, CA 94596

\$30 - \$35 an hour - Full-time

POSITION SUMMARY:

Ready to empower others on their transformative journey to optimal health? Join us at JumpstartMD as a Health Coach, where you'll be the catalyst for change in our members' lives! In this dynamic role, you'll provide personalized 1:1 coaching sessions, utilizing motivational interviewing skills to inspire and empower members enrolled in our weight loss program

DUTIES & RESPONSIBILITIES:

- Conduct exhilarating weekly 1:1 coaching sessions with JumpstartMD's weight loss program participants, employing motivational interviewing techniques to ignite transformational journeys.
- Craft personalized program plans tailored to each member's unique needs, from dietary restrictions to health issues, ensuring every goal is within reach.
- Serve as the frontline liaison for member inquiries, sending reminders and providing appointment follow-ups with expert triage skills and meticulous attention to detail.
- Keep clinic operations running smoothly, from managing medication refill requests to maintaining a tidy environment, all while facilitating seamless EMR charting to

EXPERIENCE, SKILLS & QUALIFICATIONS

- High school diploma required; bachelor's degree in nutrition or related field preferred.
- 1-2 years of experience in a fast-paced environment, preferably in a medical or clinical office setting.
- 1-2 years of professional experience in health, fitness, and/or nutrition.
- Preferred qualifications include Health Coach certification, CPR certification, and proficiency in motivational interviewing.
- Proficient in MS Office 365 and experience with EMR/EHR systems.
- Excellent interpersonal, verbal, and written communication skills.
- Strong multitasking abilities and ability to work efficiently with minimal errors.
- Demonstrates high ownership, accountability, and initiative.
- Flexible team player with the ability to collaborate effectively in an intimate clinical setting.

18 Reasons Program Coordinator VISTA

[AmeriCorps](#)  · 4.3 ★

3674 18th Street, San Francisco, CA 94110

Full-time

18 Reasons is a nonprofit on a mission to empower our community with the confidence and creativity needed to buy, cook, and eat good food every day. We offer two food education opportunities. At our 18th Street Kitchen in San Francisco, we host paid cooking classes with chefs from around the world, and ticket sales help support our free community programming. Through our free Community Programs, we offer grocery donations paired with free cooking and nutrition classes to families on a limited budget throughout the Bay Area. Our vision is to create belonging through the transformative and healing power of home cooking.

Member Duties : The VISTA member will strengthen our Cooking Matters program, which supports over 3,500 families each year in making healthy food choices on a budget. They will design new program resources and curricula to enhance impact and participant satisfaction, and ensure sustainability through training materials for staff, volunteers, and Peer Health Educators. The member will expand community capacity by developing outreach tools, cultivating new partnerships, and creating systems for volunteer and Peer Health Educator recruitment and training. They will also design and implement evaluation tools to assess program effectiveness, supporting data-driven decision-making and long-term improvement.

Health Coach

[University of California San Francisco](#)  | San Francisco, CA 94143 • Hybrid work

\$52,800 - \$112,000 a year

Health Coaches will play an integral role in providing ongoing support for chronic pain patients enrolled in the INSPIRE study. INSPIRE (Integrating Non-pharmacological Strategies for Pain with Inclusion, Respect, and Equity) is an NIH-funded digital health study that delivers a chronic pain intervention for the Black, Chinese, and Latinx communities. The main goal of the INSPIRE project is to help patients with chronic pain learn about “non-pharmacologic options for pain control,” meaning ways to control pain without pills. The intervention pairs a smartphone app with a weekly telehealth pain management (health) coach. The health coaches will play a key role in motivating and engaging patients to set and achieve their pain management goals through weekly telehealth sessions primarily over Zoom. Health coaches will be paired with patients to help them navigate and complete 12 weekly, online health modules focused on pain management while tracking and reporting participant progress to researchers. Online mindfulness-based meditation, light physical therapy or “movement as narrative-behavioral therapy where patients are guided to think about

Required Qualifications

- Bachelor's degree in related area and/or equivalent experience/training.
- Basic knowledge of the health promotion and education field.
- Skills associated with the delivery of health promotion and education programs.
- Ability to communicate effectively both verbally and in writing.
- Effective interpersonal skills needed to work with a diverse client group.

Preferred Qualifications

- Experience and advocacy working with the Black/African American community.
- Basic technological skills (e.g. Zoom, smartphone applications, health dashboards).
- Familiarity with health coaching, patient navigators and patient/family-centered healthcare.
- Coaching and motivational interviewing skills.
- Basic knowledge of health conditions related to chronic pain.
- Familiarity with SMART goal-setting.
- Strong organizational skills and attention to detail.
- Ability to work independently and manage multiple patients simultaneously.
- Experience with mindfulness meditation.
- Experience with cognitive-behavioral therapy.
- Experience with exercise, yoga, Tai Chi, or other movement programs.

Coordinator, Community Health

[Sutter Health](#) | Emeryville, CA 94608 | \$90,147.20 - \$135,200.00 a year

The Community Health Coordinator provides coordination and operational support for community health and community benefit activities across the Bay Area. This role supports a broad range of projects, initiatives, and engagements, helping ensure work is organized, timelines are met, and communications are effectively coordinated across internal teams and external partners.

The Coordinator assists with project management, meeting and event coordination, stakeholder engagement, and preparation of materials and summaries. Responsibilities include tracking projects and deliverables, maintaining schedules and documentation, supporting partner communications, and coordinating logistics for convenings and site visits. The role works closely with Community Health leadership and cross-functional partners to support initiatives aligned with organizational priorities, while also contributing to special projects and evolving team needs.

The Coordinator may represent the organization at community meetings and events and support employee engagement or volunteer activities as appropriate. The ideal candidate is highly organized, adaptable, detail-oriented, and able to manage multiple priorities in a fast-paced, mission-driven environment while maintaining professionalism and strong follow-through.

EDUCATION:

- *Equivalent experience will be accepted in lieu of the r*
- Bachelor's in Public Policy or a related field

TYPICAL EXPERIENCE:

- 2 years recent relevant experience.

SKILLS AND KNOWLEDGE:

- Ability to handle multiple projects and deadlines.
- Strong attention to detail, proficient organizational skills and analytical thinker.
- Ability to rapidly assimilate and synthesize information and thrive in an evolving environment.
- Demonstrated ability to write comprehensive and accurate technical documents.
- Demonstrated ability to work with financial reports, track financial data and evaluate metrics.
- Knowledge of public policy, the political process, government and community affairs and event coordination. A significant understanding of community-based organizations would be an asset.

Sales Consultant (Mandarin)

US-CA-San Francisco

Job ID: R227372

Date posted: 11/12/2025

Employment Type:

Full time

Company name:

US0050 Sysco San Francisco, Inc.

Compensation:

\$51,500.00 - \$85,800.00

Job Profile Summary:

Responsible for sales activities directly to the customer. Activities include: • Face-to-face and remote sales to new customers and cross/up/repeat sales to existing customers. • Assessing customer needs and suggesting appropriate products, services, and/or solutions. • Developing and delivering sales bids/proposals/presentations and conducting product demonstrations. • Developing medium to long-term sales plans and preparing strategies to protect, grow and diversify the relationship with targeted customers.

QUALIFICATIONS

Required Education/Experience

Bachelor's degree in Business, Sales, Marketing, Hospitality, Culinary Arts or related discipline
OR HSD/GED and 3 years Restaurant Management, B2B or outside sales experience,
or equivalent relatable experience including completion of the Sysco Sales Internship.

Preferred Qualifications

Bi-Lingual

Restaurant Management, Foodservice Outside Sales, Chef Experience preferred

Careers4RDN.com

Nutrition Careers



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Questions?

