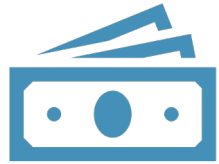


FINANCING YOUR DIETETIC INTERNSHIP

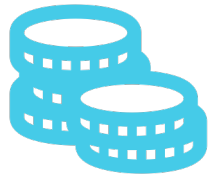
JOAN S. FRANK, MS, RDN, FAND



OVERVIEW



Cost of DIs



Financing Your
DI



Financial Aid



Loans

COST OF DIETETIC INTERNSHIPS

- Tuition and fees
- Housing
- Transportation
- Food & Incidentals

“NO-COST” DIETETIC INTERNSHIPS

- WIC
- Veteran’s Administration
- Stipend-providing programs
 - UCSF
 - Napa State

TUITION AND/OR FEES

More Affordable Programs

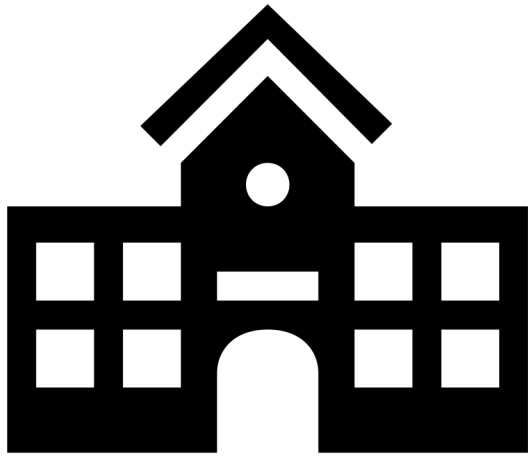
- In-state programs
- State schools
- Public programs
 - state hospitals
 - federal hospitals

More Expensive Programs

- Private schools
- Out-of-state programs
- Coordinated Programs (CA)
- Future Graduate Programs (CA)

FINANCIAL AID

UNIVERSITY-BASED SUPERVISED PRACTICE



- Dietetic interns enrolled as a student are typically eligible for financial aid (student loans).
- If enrolled as a student, student loan deferment is typically possible.
 - Contact the Program Director for more information and to provide documentation of one's status as a dietetic intern.
 - The loan agency may have documents that need to be completed to verify the intern's status in an accredited program.
- Federal Student Aid: <https://studentaid.ed.gov/sa/>

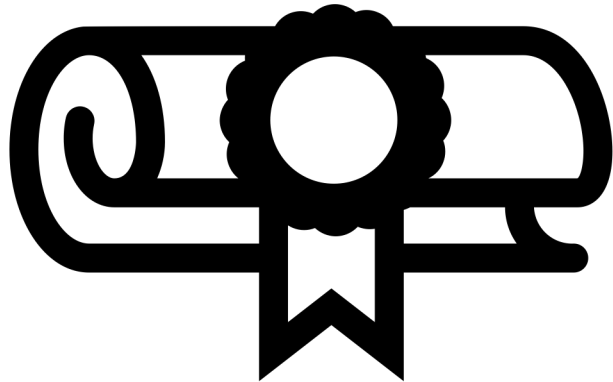
FINANCIAL AID

NON-UNIVERSITY BASED SUPERVISED PRACTICE



- Dietetic interns enrolled in non-university internships (private or corporate DIs) are typically not eligible for financial aid (student loans).
- Student loan deferment, if allowed by the intern's lender, may be possible during the internship.
 - Contact the Program Director for more information and to provide documentation of one's status as a dietetic intern.
 - The loan agency may have documents that need to be completed to verify the intern's status in an accredited program.

SCHOLARSHIPS



- The California Academy of Nutrition and Dietetics Foundation (CANDF)
 - For more information: <https://dietitian.org/>
- The Academy of Nutrition and Dietetics Foundation
 - For more information: <https://www.eatrightpro.org/membership/student-member-center/scholarships-and-financial-aid>
 - [Academy Student Membership](#) is required (\$58).
- UC Davis Department of Nutrition has a DI scholarship.
 - Accepted DI applicants will be notified in late April/early May.
- Diversity Scholarships specifically intended to increase the diversity of the profession:
 - [National Organization of Blacks in Dietetics and Nutrition \(NOBIDAN\)](#)
 - [Latinos and Hispanics in Dietetics and Nutrition \(LAHIDAN\)](#)
 - [Diversify Dietetics](#)
 - [Academy of Nutrition & Dietetics Foundation Advancing Diversity in Dietetics Scholarship](#)

HOUSING



- Dietetic interns are required to locate their own housing.
 - Costs depend on location, type of unit, and roommates.
- Housing arrangements need to be made well ahead of the start of the internship.
- Compare cost-of-living for different areas:
 - <https://money.cnn.com/calculator/pf/cost-of-living/>

TRANSPORTATION



Most programs require reliable transportation to/from sites



Medical center-based programs tend to have most rotations on-site



Personal vehicles will need to be insured and programs require proof of liability insurance.

FOOD & INCIDENTALS



Food



Professional
clothing, lab coat



Texts, computer
and resources



Immunizations



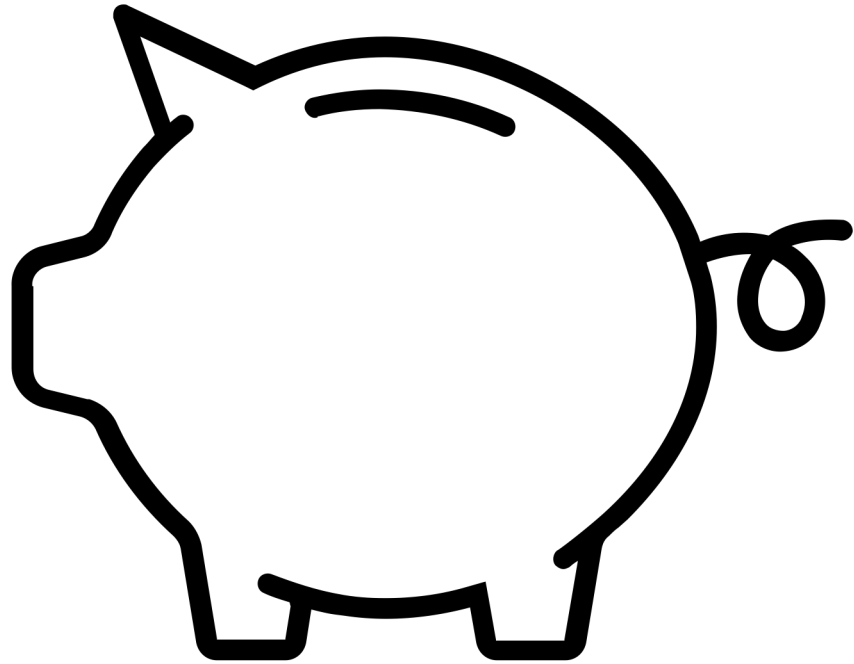
Background
checks



Conference fees

TITLE IV FEDERAL STUDENT AID PROGRAMS

- **DI Eligibility to Participate in Title IV Federal Student Aid Programs**
- ACEND is recognized by the U.S. Department of Education as a Title IV gatekeeper and its accreditation of freestanding internship programs enables these internship programs to seek eligibility to participate in Title IV Federal Student Aid Programs. Once participation is granted, students participating in that internship would have the option of seeking federal student aid.



TAKING A GAP YEAR OR TWO!

GREAT WAY TO SAVE \$ FOR GRAD
SCHOOL / DIETETIC INTERNSHIP!

RESOURCES



*2022-23 APPLICANT GUIDE
TO SUPERVISED PRACTICE*



PROGRAM WEBSITES

QUESTIONS?

