

Becoming a Registered Dietitian Fall 24 Senior Seminar

**SEP
26**

BECOMING A DIETITIAN

Brief overview of the process

**OCT
3**

APPLYING TO PROGRAMS

Application process overview

**OCT
10**

PERSONAL STATE- MENTS & RESUMES

What to include

**OCT
17**

TYPES OF PROGRAMS

& Narrowing your list

**OCT
24**

DICAS APPLICATION PROCESS

DICAS walk-through

**OCT
31**

INTERN PANEL

From a variety of programs

**NOV
7**

FINANCING GRADUATE SCHOOL

Comparing costs of DIs

**NOV
14**

PROGRAM INTERVIEWS

What to expect/how to prepare

**NOV
21**

RDN CAREER PATHS

& specialty credentials

**DEC
5**

MISC. TOPICS

TBA

If you are planning on applying to
Supervised Practice (SP) / Dietetic Internships (DI)
in 2024/25, plan to attend these presentations!

**MEYER
HALL
3:10-4:00**

All presentations are in-person.

Presented by
Joan Frank,
MS, RDN, FAND
Asst. Director,
Didactic Program
in Dietetics

OVERVIEW



Paths



Advanced
Studies



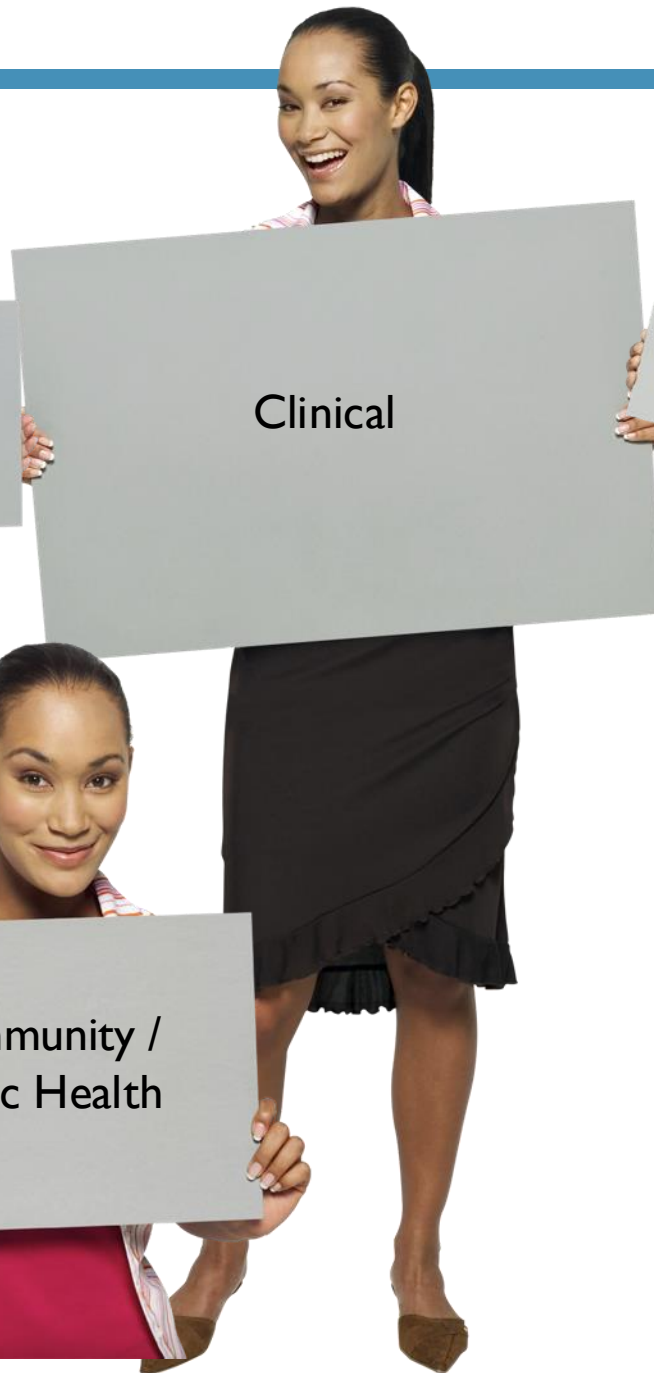
Standards of
Practice



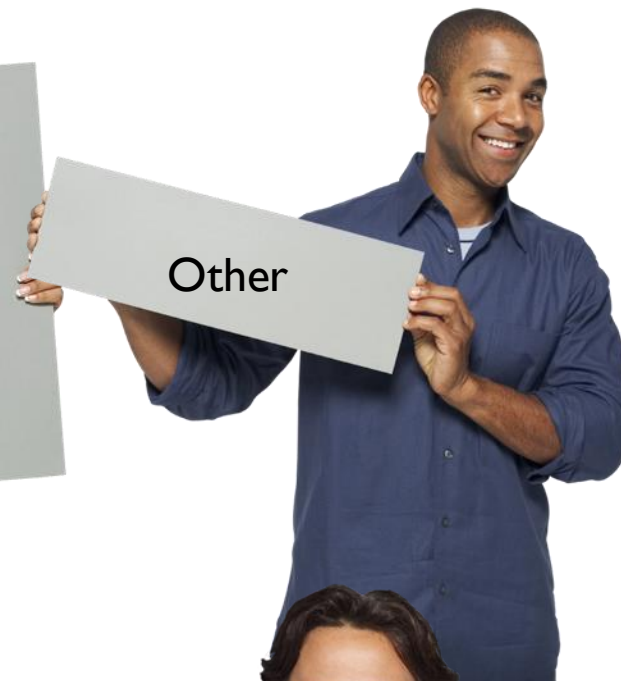
Certifications



Research



Clinical



Other



Community /
Public Health



Foodservice /
Management

WHERE CAN YOU PRACTICE AS AN RDN?

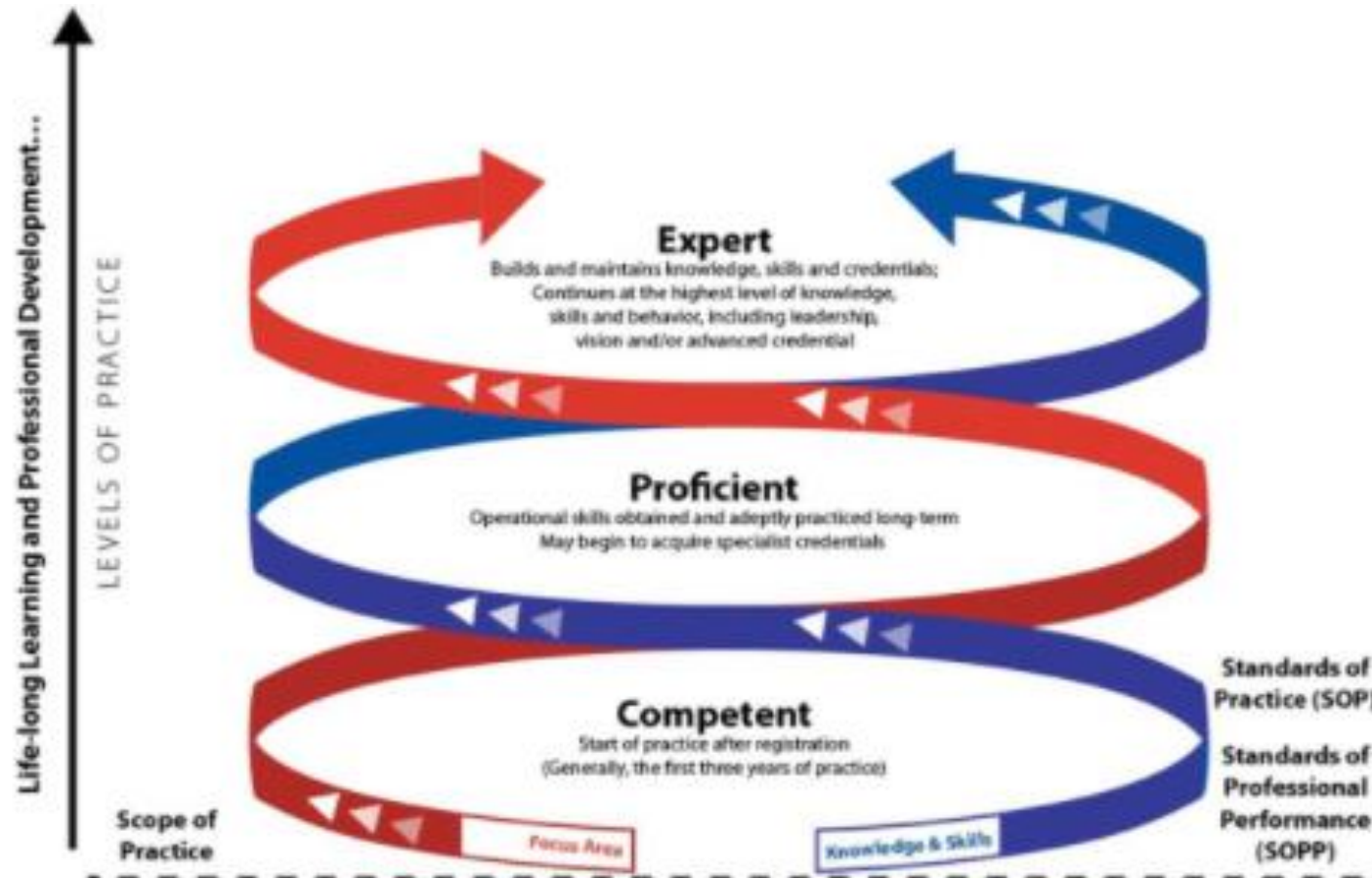
- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education



ADVANCED STUDIES

- Master's degree:
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice Management or Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
- Doctoral degree in Nutrition or Other Areas
 - PhD
 - Clinical Doctorate
- Specialization
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- Other: MD, PA, RN/MSN

STANDARDS OF PROFESSIONAL PERFORMANCE FOR REGISTERED DIETITIAN NUTRITIONISTS (RDNS)



Adapted from the *Dietetics Career Development Guide*. For more information, please visit www.eatrightPRO.org/futurepractice

II FOCUS AREAS: STANDARDS OF PRACTICE FOR RDNS










- Nutrition Support
- Diabetes Care
- Mental Health & Addictions
- Education of Nutrition & Dietetics Practitioners
- Management of Food & Nutrition Systems
- Eating Disorders
- Nutrition in Integrative and Functional Medicine
- Intellectual and Developmental Disabilities
- Clinical Nutrition Management
- Sustainable, Resilient, & Healthy Food & Water Systems
- Public Health & Community Nutrition

<http://jandonline.org/content/focus>

FOCUS AREA STANDARDS FOR RDNS

STANDARDS OF PRACTICE & STANDARDS OF PROFESSIONAL PERFORMANCE

<http://jandonline.org/content/focus>

<input type="checkbox"/>		Academy of Nutrition and Dietetics: Revised 2020 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Sustainable, Resilient, and Healthy Food and Water Systems	 ONLINE EXTRA
		Marie Spiker, Sarah Reinhardt, Meg Bruening Journal of the Academy of Nutrition and Dietetics, Vol. 120, Issue 9, p1568–1585.e28	
<input type="checkbox"/>		Academy of Nutrition and Dietetics: Revised 2019 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Clinical Nutrition Management	 ONLINE EXTRA
		Jennifer Doley, Krista Clark, Shaynee Roper Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 9, p1545–1560.e32	
<input type="checkbox"/>		Academy of Nutrition and Dietetics: Revised 2019 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Nutrition in Integrative and Functional Medicine	 ONLINE EXTRA
		Diana Noland, Sudha Raj Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 6, p1019–1036.e47	
<input type="checkbox"/>		Academy of Nutrition and Dietetics: Revised 2018 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Education of Nutrition and Dietetics Practitioners	 ONLINE EXTRA
		Kathleen Border, Cynthia Endrizal, Malinda Cecil Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 1, p124–136.e29	
<input type="checkbox"/>		Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Mental Health and Addictions	 ONLINE EXTRA

SPECIALTY CERTIFICATIONS FOR RDNS



- Certified Specialist in Gerontological Nutrition (CSG)
- Certified Specialist in Oncology Nutrition (CSO)
- Certified Specialist in Obesity & Weight Management (CSOWM)
- Certified Specialist in Pediatrics (CSP)
- Certified Specialist in Pediatric Critical Care Nutrition (CSPCC)
- Certified Specialist in Renal Nutrition (CSR)
- Certified Specialist in Sports Dietetics (CSSD)
- Advanced Practice Certification in Clinical Nutrition (RDN-AP)



CERTIFIED NUTRITION SUPPORT CLINICIAN (CNSC)



- Certified Nutrition Support Clinician (CNSC)
 - American Society of Parenteral & Enteral Nutrition (ASPEN)
 - must be RDN, RN, MD/DO, DDS, PharmD
 - recommend: at least two years of experience in specialized nutrition support, but not required

CERTIFIED DIABETES CARE AND EDUCATION SPECIALIST (CDCES)

- Certified Diabetes Care and Education Specialist (CDCES)
 - A minimum of 2 years professional practice experience as an RDN
 - A minimum of 1,000 hours providing diabetes care & education within past 5* years



LACTATION CONSULTANT (IBCLC)



- Int'l Board of Lactation Consultant Examiners
- Requires coursework, supervised practice hours, examination

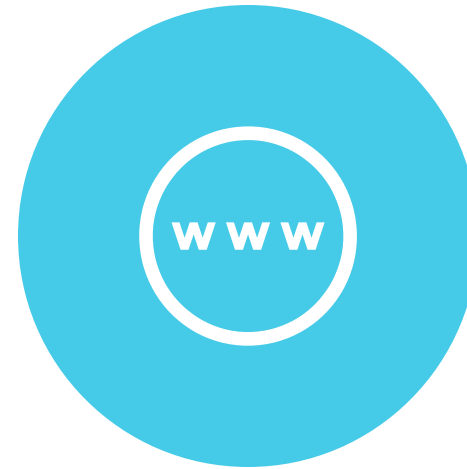
ADDITIONAL CERTIFICATIONS

- Certified Dietary Manager (CDM) / Certified Food Protection Professional (CFPP)
- ServSafe Manager Certification
- Health Coach
- Personal Trainer

RESOURCES



*2022-23 APPLICANT GUIDE TO
SUPERVISED PRACTICE*



PROGRAM
WEBSITES

QUESTIONS?

