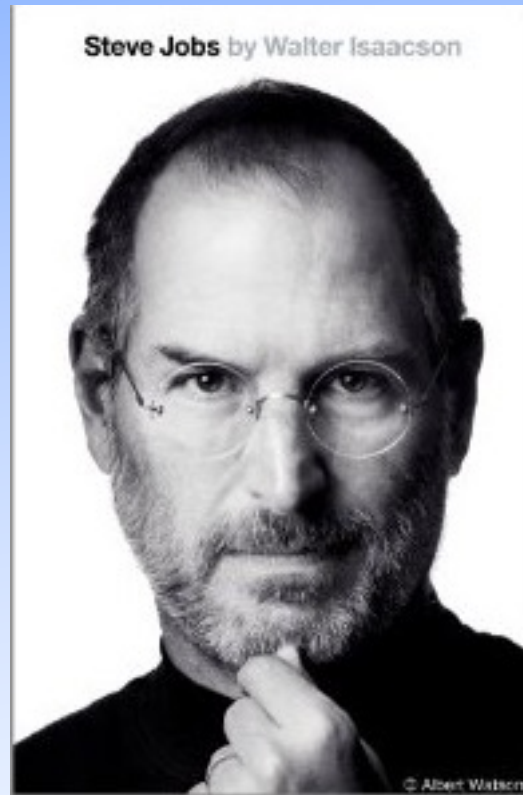


“Life After UC Davis”
Nutrition Careers
Joan S. Frank, MS, RDN, FAND





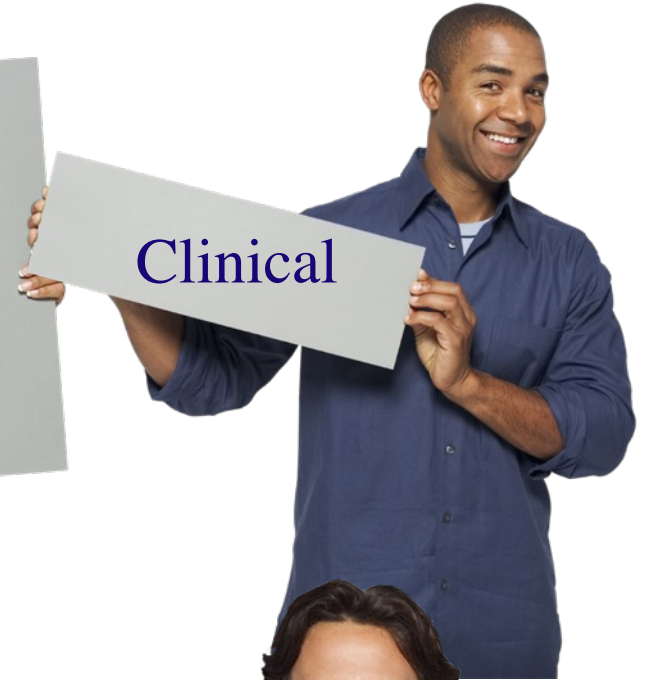


“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven’ t found it yet, keep looking”

Overview

- Applying/reapplying to Master's/Supervised Practice
- Additional certifications
- Graduate school
- Job hunt resources





JOBS HELD BY UC DAVIS NUTRITION DEPARTMENT ALUMNI WITH DEGREES IN CLINICAL NUTRITION

Without Further Study:

- Certified Dietary Manager
- Nutritionist for WIC program
- Diet Clerk or Diet Assistant for Hospitals & Long Term Care Facilities
- Dietary Supervisor
- Dietetic Technician, Registered
- Food Service Manager
- Health Educator
- Inventory Control Manager for Retail Food Store Chain
- Caterer, Personal Chef
- Copy Editor for Scientific Journal
- Medical Secretary, Medical Transcription
- Office Assistant
- Assistant Chemist/Microbiologist, Winery
- Personal Trainer
- Personal Banker
- Research Assistant
- Project Manager, Non-governmental organization
- Quality Control Supervisor at a Food Processing Plant
- Sales Representative, Medical/Pharmaceuticals and Nutritional Supplements
- Personnel Manager, State government
- Staff Service Analyst, Food & Drug Branch, California Dept. of Public Health

Registered Dietitian (R.D.):

- Clinical Dietitian, Acute care hospital
- Outpatient Clinical Dietitian
- Specialty Dietitian: Renal, Pediatrics, Gerontology, Nutrition Support, Sports Nutrition, Behavioral management for weight loss clinic
- Consulting Dietitian, Entrepreneurial/Self-employed RD
- Clinical Supervisor/Senior Dietitian
- Chief Clinical Dietitian
- Dietary Consultant to Skilled Nursing Facilities, Adult Day Care
- Head Start Program Coordinator
- Health Educator/Wellness Coordinator
- Program Director/Supervisor, Community Public Health Programs & WIC
- State Government program administration relating to nutrition, Maternal and Child Health, Public Health and Welfare, Department of Education, etc.
- Research Dietitian
- US Army Registered Dietitian
- Dietetic Internship Director

Applying/Re-applying to Master's / Supervised Practice Programs

- 2024 Master's Mandate
- Fall vs. Spring
- GPA: "all college" vs. DPD vs. science
- Experience: 200-1200 hours recommended
- Distance Internships
- Combined MS/RD programs
 - MS/RD Dietetic Internships
 - Coordinated Graduate Programs (CP)
 - Future Graduate Programs (GP)
- GRE
- Other Majors: CP or GP

100 Best Jobs of 2024

1. Nurse Practitioner
2. Financial Manager
3. Software Developer
4. IT Manager
5. Physician Assistant
6. Medical & Health Services Manager
7. Information Security Analyst
8. Data Scientist
9. Actuary
10. Speech Language Therapist
11. Marketing Manager
12. Statistician
13. Management Analyst
14. Genetic Counselor
15. Operations Research Analyst
16. Orthotics/Prosthetics
17. Lawyer
18. Mechanical Engineer
19. Occupational Therapist
20. Veterinarian

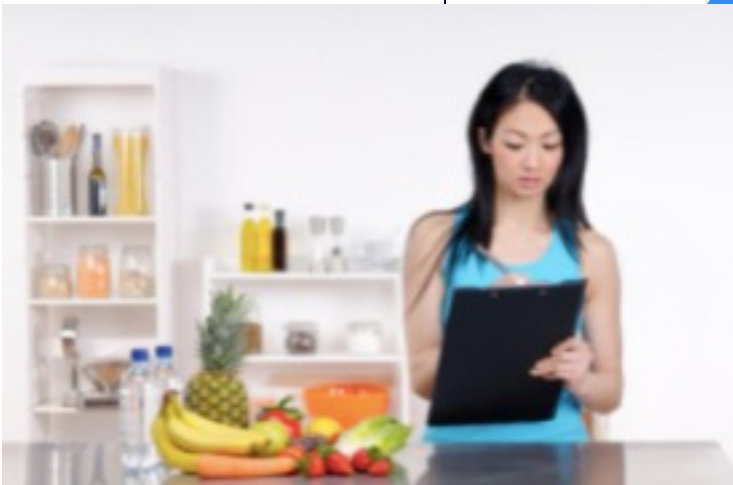
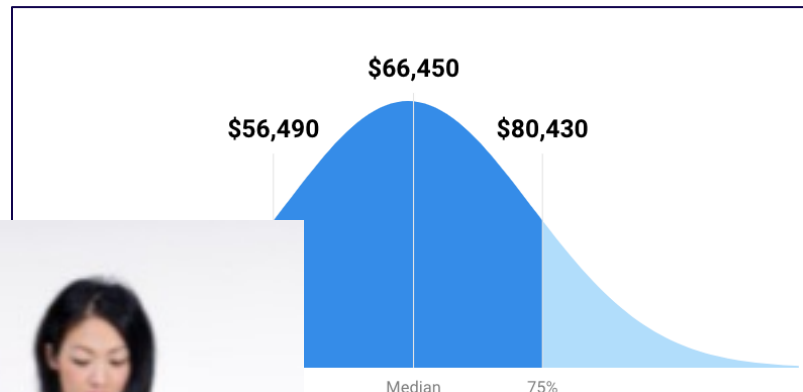
64. Dietitian & Nutritionist



2024 Best Jobs

Overall Score 5.2 / 10

#16 in Best Health Care Jobs | #64 in 100 Best Jobs



Scorecard 5.2	
Salary	3.8
Job Market	5.7
Future Growth	5.7
Stress	6.3
Work Life Balance	5.4

Fastest Growing Occupations

PRINTER-FRIENDLY

Fastest growing occupations: 20 occupations with the highest projected percent change of employment between 2021-31.

Click on an occupation name to see the full occupational profile.

OCCUPATION	GROWTH RATE, 2021-31	2021 MEDIAN PAY
Nurse practitioners	46%	\$120,680 per year
Wind turbine service technicians	44%	\$56,260 per year
Ushers, lobby attendants, and ticket takers	41%	\$24,440 per year
Motion picture projectionists	40%	\$29,350 per year
Cooks, restaurant	37%	\$30,010 per year
Data scientists	36%	\$100,910 per year
Athletes and sports competitors	36%	\$77,300 per year
Information security analysts	35%	\$102,600 per year
Statisticians	33%	\$96,570 per year
Umpires, referees, and other sports officials	32%	\$35,860 per year
Web developers	30%	\$77,030 per year
Animal caretakers	30%	\$28,600 per year
Choreographers	30%	\$42,700 per year
Taxi drivers	28%	\$29,310 per year
Medical and health services managers	28%	\$101,340 per year
Logisticians	28%	\$77,030 per year
Physician assistants	28%	\$121,530 per year
Solar photovoltaic installers	27%	\$47,670 per year
Animal trainers	27%	\$31,280 per year
Physical therapist assistants	26%	\$61,180 per year

Last Modified Date: Thursday, September 8, 2022

Where can a Food and Nutrition Career Take You?



- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education

Additional Certifications –

Nutrition & Dietetic Technician, Registered (NDTR)

- A member of the dietetic health care team
- Work with RDNs to provide quality nutritional care: screening, assessment, teaching, diet modification, nutritional counseling, and food service management
- Under direction of RDN
- Work in the dietary departments of hospitals, clinics, and other health care facilities.
- Requires credentialing examination
- **You qualify with DPD completion**

Additional Certifications –

Certified Dietary Manager (CDM)

Certified Food Protection Professional (CFPP)

- Work with RDs to provide quality nutritional care for clients in non-commercial settings
- Meets Federal OBRA requirements “for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities.”
- Trained and qualified to manage menus, food purchasing, and food preparation; and to apply nutrition principles, document nutrition information, ensure food safety, manage work teams, etc.
- Requires credentialing exam
- **You qualify with DPD completion**



Association of
Nutrition & Foodservice
Professionals

Additional Certifications –

Dietetic Services Supervisor (DSS)

- Food service director of a health care facility, is a member of the dietetic team, functioning under the supervision of a RDN, NDTR, or administrator.
- Meets Title 22 requirements of the “California State Licensing Regulation for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities. “
- **Requires “A baccalaureate degree with a major in food or nutrition, dietetics or food management and one year in the dietetic service of a licensed health facility.”**

Additional Certifications – Certified Food Safety Manager

- ServSafe Manager
- National Registry of Food Safety Professionals

- ServSafe Alcohol
- ServSafe Allergens

Certificates



- CDR's
 - Certificate of Training in Weight Management:
 - Adult Weight Management
 - Level 2 Adult Weight Management
 - Childhood & Adolescent Weight Management
 - Certificate of Training in Obesity Interventions for Adults

Health/Wellness Coaching

- Certified Health Education Specialist (CHES)
 - <https://www.nchec.org/ches>
- National Society of Health Coaches Certification
 - <https://www.nshcoa.com>
 - Allied Health Professionals
 - Certificate of Completion
- American Council on Exercise (ACE) Health Coach Certification
 - <https://www.acefitness.org>
- Others...

HEALTH COACHING AT THE TANG CENTER

SCHEDULE YOUR FREE APPOINTMENT NOW!

Online: etang.berkeley.edu

In-person: Visit the Appointment Office

UHS HEALTH EDUCATORS



Daxle Collier

Daxle sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Meckell Milburn

Meckell sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Robin Mills

Robin sees clients for sexuality/sexual health issues, including relationships and communication, sexual health/birth control education, and sexuality concerns and issues.

Health coaches support you through the process of defining and achieving your health and wellness goals by creating a sustainable and achievable action plan.

Two types of health coaching sessions are available –

WELLNESS VISITS:



General wellness



Healthy eating and physical activity



Procrastination and time management



Resilience and stress management

SEXUALITY/SEXUAL HEALTH VISITS:



Relationships and communication



Sexuality concerns and issues



Sexual health and birth control education

Coaching sessions last 45 minutes and are confidential. More than one visit is possible; partners are welcome for sexuality/sexual health visits.

For more information, see: uhs.berkeley.edu/healthcoaching.

Advanced Studies

- **Master's degree:**
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice/Restaurant Management/Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
 - Nursing – MSN
- **Doctoral degree in Nutrition or Other Areas**
 - PhD
 - Clinical doctorate
- **Specialization**
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- **Other:** MD, PA, RN/MSN



Health Careers



hpa.ucdavis.edu

- [Medicine](#)
(MD/DO/DPM)
- [Physician Assistant](#)
- [Nursing](#)
- [Optometry](#)
- [Dentistry](#)
- [Veterinary Medicine](#)
- [Pharmacy \(PharmD\)](#)
- [Physical Therapy](#)
- [Occupational Therapy](#)
- [Public Health](#)
- [Clinical Lab Sciences](#)
- [Genetic Counseling](#)
- [Chiropractic Medicine](#)
- [Naturopathic Medicine](#)
- [Allied Health Fields](#)
 - [Anesthesiology Assistant](#)
 - [Audiology](#)
- [Child Life Specialist](#)
- [Perfusionist](#)
- [Pharmacy Technician](#)
- [Speech Language Pathology](#)

UC Davis ICC Career Fair



**Fall/Winter/Spring
Internship and Career Fair**
ARC Pavilion

Skills you can learn online for free right now to improve your resume

- **Learning how to program and code**
 - Coursera, EdEx, GitHub, Khan Academy, Lynda.com, Codecademy
- **Learn a new language or brush up**
 - Rosetta Stone, Duolingo
- **Graphic Design**
 - Udemy
- **Photography skills**
 - Nikon's online school
- **First aid training**
- **Public speaking**
 - Marjorie North, Simon Sinek
- **Design thinking / problem solving**
- **Online certificates**
 - Project Management



Volunteer/Internships

- Peace Corps
 - <http://www.peacecorps.gov/>
- AmeriCorps
 - <http://www.nationalservice.gov/programs/americorps>
 - FoodCorps
 - <https://foodcorps.org/>
 - Health Fellows Program
 - <https://www.lifelongmedical.org/services/americorps.html>
 - National HealthCorps
 - <https://www.nationalhealthcorps.org/site/san-francisco>
- International Volunteers HQ
 - <https://www.volunteerhq.org/>
- Ideal List – jobs/internships/volunteer
 - <http://www.idealists.org/>

**Want to make
a difference
and serve your
community?**



Become an AmeriCorps Health Fellow

Our AmeriCorps Health Fellows:

- Commit to year-long term of service.
- Serve a minimum of 1,700 full-time hours.
- Address health issues by improving access to care & services.

Requirements:

- Proof of U.S. citizen, national, or lawful permanent resident alien;
- 17 years or older;
- One-year commitment to serve;
- Must pass extensive background check.

Benefits



LIVING ALLOWANCE *



HEALTH INSURANCE *



LOAN FORBEARANCE *



CHILDCARE ASSISTANCE *



MEET LIKE-MINDED PEERS *



EDUCATION AWARD

For more information:

Contact Bilan Jirde at fellowship@lifelongmedical.org or by phone (510) 981-4185

Apply on our website:

www.lifelongmedical.org

Job Search Resources

- UC Davis Internship & Career Center
 - Handshake
- Indeed / Craigslist / LinkedIn
- Job Search Resource List
- Facilities in the Community
- County Department of Public Health, etc.
- State Department of Public Health, etc.
 - <https://www.cdph.ca.gov/Programs/HRB/Pages/HumanResourcesBranch.aspx>

- Networking!

- **WIC - Degreed Nutritionist (DN)** or "*Nutrition Assistant*" or "*Nutrition and Dietetic Technician, Registered (NDTR)*".
 - <https://www.calwic.org/local-agency-support/job-opportunities/>
- **CA Dept. of Public Health**
 - <https://www.cdph.ca.gov/Programs/HRB/Pages/HumanResourcesBranch.aspx>

Foodservice Contracting Companies

- Compass – Morrison, Bon Appetit, Chartwells
- Aramark
- Sodexo
- Delaware North
- Revolution Foods – Emeryville

Compass Group / Morrison

Morrison Healthcare (Morr_Hlth)	949342	PATIENT SERVICES MANAGER (BROTMAN MEDICAL) CULVER CITY CA	CULVER CITY	CA
Morrison Healthcare (Morr_Hlth)	756811	DIET TECHNICIAN : LOS ANGELES, CA.	LOS ANGELES	CA
Morrison Healthcare (Morr_Hlth)	915728	DIET TECH OUTPATIENT: LOS ANGELES, CA.	LOS ANGELES	CA





REGIONAL MANAGER, PATIENT SERVICES

4.4 ★

Morrison Healthcare – Sacramento, CA

\$44K-\$111K (Glassdoor est.) ⓘ



Patient Services Manager

4.4 ★

Morrison Healthcare – Monroe, LA

\$31K-\$70K (Glassdoor est.) ⓘ

Food & Nutrition-Related Sales

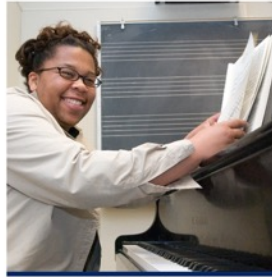
- Abbott Nutrition
- Nestle Nutrition/Health Science
- Mead Johnson Nutrition
- Sysco Foodservice/US Foods/Kraft Foods
- Any food-related business

Research / Pharmaceuticals

- UC Davis research opportunities
- USDA – WHNRC research opportunities
- Buck Institute For Research On Aging – Novato, CA
- BioMarin – Novato, CA
- Abbott Diabetes Care – Alameda, CA

www.indeed.com (or www.craigslist.org)

- Dietetic
- Dietary
- Nutritionist
- Nutrition
- Health education/educator/promotion
- Wellness
- Foodservice
- Food
- Diet
- Dietitian/dietician



Jobs that are available right now...

Nutrition Education Coordinator

Sacramento Food Bank & Family
Services

Sacramento, CA 95838
(Raley Industrial Park area)

\$19 - \$21 an hour

Full-time

40 hours per week

Monday to Friday +4

➤ Easily apply

- Fluency in a second language.
- Experience teaching nutrition workshops and/or leading cooking demonstrations.
- Sign-on and retention bonus offered!!.

Junior Specialist - Division of...



University of California, Davis
Davis, CA 95616
(University of California Davis area)

\$51,300 a year

- Salary range: A reasonable estimate for this position is \$51,300/annually at Step 1 or \$54,600/annually at Step 2.
- Open date: December 4, 2023.



Writer and Grant Manager

FoodCorps

Remote United States

Full Time

USD \$64,075 - USD \$73,150 / year

Posted 13 days ago

Health Coach I



ASIAN HEALTH SERVICES.

3.8 ★

Oakland, CA 94607
(Civic Center area)

\$54,918.63 - \$57,365.10 a year

➤ Easily apply

- Enters **health** information into electronic **health** records (EHR) and utilizes EHR for documentation, records retrieval, staff communications, and data reporting.

Health Educator



Health Connected
San Francisco Bay Area, CA

\$64,000 - \$68,000 a year

Full-time

Day shift +1

➤ Easily apply

- Background in **health** equity/reproductive justice and extensive knowledge of reproductive and sexual **health** topics.
- TB clearance and clear background check.

Health Educator - Si a la Vida - Latino Wellness...



Instituto Familiar de la Raza, Inc.
San Francisco, CA 94103 (Mission area)
🚗 Otis & Mccoppin St

\$21.93 - \$27.13 an hour

Full-time

35 hours per week

Monday to Friday +3

➤ **Easily apply**

Job Description Health Educator, II (Two (2) positions to filled) Si a la Vida:-
Integrated HIV Services – Latino
Wellness Center *Full Time at 100% FTE...

Produce Prescription Program Coordinator

University of California San Francisco
Hybrid remote in San Francisco, CA
94143

 Irving St & Arguello Blvd

Pay information not provided

Full-time

Monday to Friday +2

The Food Policy, Health & Hunger
Research Program, led by Dr. Hilary
Seligman of UCSF's Center for
Vulnerable Populations, is seeking...

Community Health Outreach Worker



San Francisco Unified School District
Hybrid remote in San Francisco, CA
94102

From \$30 an hour

Full-time

40 hours per week

Monday to Friday +1

➤ Easily apply

- Deliver approved **health** presentations to groups.
- Participate in District-wide **health** events.
- Advocate on behalf of students when necessary regarding health...

Dietetic Assistant



UCSF Benioff Children's Hospital

Oakland

Oakland, CA 94609 (Bushrod area)

Pay information not provided

Per diem

Rotating shift

Job Summary:

The Dietetic Assistant processes diet orders using the electronic medical record (EMR) and electronic meal order system (MyDining) in a timely and accurate manner. Responsible for providing prompt and courteous service to all phone calls that come into the diet office. Participates in quality assurance duties, data collection and running patient reports. Calculates, prepares and delivers formula as assigned.

Dietary Clerk



Sutter Health
San Francisco, CA

\$25.28 - \$33.88 an hour

Part-time

Day shift +2

Organization: CPMC-California Pacific
Med Center - Mission Bernal Position
Overview: Under the direction of clinical
dietitians, responsible for patient...

Diet Assistant II



Sutter Health
San Francisco, CA

\$30.17 - \$36.21 an hour

Per diem

Day shift +2

Organization: CPMC-California Pacific
Med Center Van Ness Position Overview:
Under the direction of Clinical Dietitians,
the Diet Clerk maintains effective...

Dietary Aide (On-Call) AM Shift/PM Shift

Greenhaven Healthcare Center
Sacramento, CA 95831
(Greenhaven area)

Pay information not provided

Full-time

40 hours per week

Day shift +2

➤ Easily apply

- Follow **dietary** restrictions and guidelines provided by healthcare professionals.


Dietary Aide

Courtyard Healthcare Center [↗](#)

★★★★☆ 38 reviews [↗](#)

1850 East 8th Street, Davis, CA 95616

Part-time, Full-time

 Responded to 75% or more applications in the past 30 days, typically within 1 day.

NUTRITION ASSISTANT 1 NB



St Marys Medical Center
San Francisco, CA 94117
(Haight-Ashbury area)

\$19.80 - \$21.69 an hour

PRN

Overview St. Mary's Medical Center has been caring for the health of San Franciscans since 1857 when it was founded by eight Sisters of Mercy from...

Interim Director of Dietary Services

Kirby Bates Associates **5.0** ★
California

\$520 - \$600 a day

Full-time

8 hour shift

➤ Easily apply

- Must have acute-care **dietary** management experience.
- Kirby Bates Associates, a national healthcare leadership firm, has an engagement opportunity for a

Senior Health Educator



Kaiser Permanente
Vacaville, CA

\$67,920 - \$87,824 a year

Part-time

Day shift

- Provides high quality and cost effective project management, consulting, or technical expertise in a specific area of health education.

Dietary Manager



Carmichael PostAcute Care
Carmichael, CA 95608

Pay information not provided

Full-time

➤ Easily apply

What We're Looking For
for a bright, motivated
Manager to coordinate
management

- Minimum one year SNF experience.
- Certified Dietary Manager **OR**
 - Certified Food Service Manager.
 - Certification in Food Service Management & Safety from national certifying body.
 - Degree in Food Service Management.
- ServSafe Certification Required*

Careers4RDN.com

Nutrition Careers



DIETETIC TECHNICIAN REGISTERED (DTR/NDTR)

DPD grads are eligible to sit for the NDTR Exam

[Read More >](#)



CERTIFIED DIETARY MANAGER (CDM)

DPD graduates are eligible to sit for the CDM Exam

[Read More >](#)



GRADUATE SCHOOL OPTIONS

Alternatives to the RDN or to compliment the RDN

[Read More >](#)



OTHER NUTRITION CAREERS

Coming Soon!

[Read More >](#)



Questions?

