

My Application

Add Program

Sub

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

-  DICAS recommendation request was declined 01/25/2023
-  DICAS recommendation request was declined 01/25/2023

[View My Notifications](#)



Check your preferred program de

Personal Information



6/6
Sections Completed

Supporting Information



1/6
Sections Completed

PREPARING TO APPLY TO SUPERVISED PRACTICE: WHAT YOU NEED TO KNOW

JOAN FRANK, MS, RDN,
FAND

ASSISTANT DIRECTOR,
DIDACTIC PROGRAM IN
DIETETICS

UNIVERSITY OF
CALIFORNIA, DAVIS

Careers4RDN.com

RDN / DN

Your career resource for all things nutrition & dietetics:

Dietetic Internships

Registered Dietitian Nutritionists

Degreed Nutritionists





Becoming an RD

What is a Dietetic Internship / Supervised Practice

Types of Supervised Practice

Application Process

GPA

Volunteerism/Experience

Personal Statement

Resume

Letters of Recommendation

Additional Information & Resources





BECOMING A REGISTERED DIETITIAN

Becoming a Registered Dietitian Nutritionist

Educational and professional requirements

Registered Dietitian Nutritionists (RDNs) are food and nutrition experts who have met the following criteria and earned the RDN credential:

Effective January 1, 2024 - a **minimum of a master's degree** is required to be eligible to take the credentialing exam to become a Registered Dietitian Nutritionist (RDN)

- o **Completed a minimum of a bachelor's degree** at a U.S. regionally accredited university or college or foreign equivalent, and coursework through an Accreditation Council for Education in Nutrition and Dietetics (ACEND) accredited Didactic (DPD), Coordinated (CP), Graduate Program (GP) or Foreign (FDE) program. For a list of accredited programs, see www.eatrightpro.org/acend. Effective 1/1/2024, a master's degree will be required to take the Commission on Dietetic Registration RDN credentialing exam

- o **Completed required supervised practice/experience** through an ACEND accredited Dietetic Internship (DI), Coordinated (CP), Graduate Program (GP) or an Individualized Supervised Practice Pathway (ISPP) offered through an ACEND- accredited program. Information on ACEND- accredited programs at www.eatrightpro.org/acend.

- o **Passed a national examination** administered by the Commission on Dietetic Registration (CDR). For more information regarding the examination, refer to CDR's Website at www.cdrnet.org. In order to maintain the credential, an RDN must complete continuing professional educational requirements.



2 PATHWAYS TO THE RDN

Becoming a RDN

Pathway 1: Clinical Nutrition

UNDERGRADUATE DPD

and

DIETETIC INTERNSHIP + MASTER'S or COORDINATED GRADUATE or FUTURE GRADUATE

MASTER'S

and

DIETETIC INTERNSHIP

OR

Pathway 2: Other Science Major

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED GRADUATE or

FUTURE GRADUATE

REGISTERED DIETITIAN EXAM

REGISTERED DIETITIAN NUTRITIONIST (RDN)



WHAT IS A DIETETIC INTERNSHIP / SUPERVISED PRACTICE?

WHAT DOES SUPERVISED PRACTICE LOOK LIKE?

- Clinical Nutrition
 - Critical Care
 - Ambulatory Nutrition
- Community Nutrition / Public Health
- Management
- Staff relief
- Elective Experience
- Didactic Hours



TYPES OF SUPERVISED PRACTICE PROGRAMS

3 TYPES OF SUPERVISED PRACTICE:

1. Dietetic Internship
 - Stand-alone w/out master's
 - Combined with master's
2. Coordinated Graduate Program (CP)
3. Future Education Model Graduate Program (GP)

TYPES OF SUPERVISED PRACTICE PROGRAMS

- Full-time (vs. Part-time)
- Degree
 - M.S., M.A., MPH, MBA
- Coordinated Graduate Programs
- Future Education Model Graduate Programs (GP)
- Duration – 8 to 24 months
- Emphasis – MNT, Community, Management, Technology, etc.
- Distance programs
- ISPP – applications open in April
 - Individualized Supervised Practice Pathway

CONSIDER THE FOLLOWING:



Location



Cost

resident vs. non-resident
public vs. private
cost-of-living
scholarship availability
stipends
financial aid



Emphasis of program



Duration of program



Degree desired

CONSIDER THE FOLLOWING:

- Are you a good candidate?
- Use the Applicant Guide to Supervised Practice to get more information
 - On UC Davis Dept. of Nutrition website:
 - <https://nutrition.ucdavis.edu/academics/dpd/diet-intern-app-mats>

San Francisco State University Internship

PROGRAM TYPE: Internship Internship w/ Adv. Degree Internship w/ Adv. Degree Avail. FEMGP
 Distance Internship Coord. Program-Grad. Coordinated Program-Undergrad. ISPP

Director: Wanda Siu-Chan Phone: 415-338-3422 Ext: Fax: 415-338-0947

Institution: San Francisco State University Internship Email: siuchan@sfsu.edu

Website: <http://fina.sfsu.edu/Dietetic%20Internship>

MAILING ADDRESS:

College/School: San Francisco State University

Department: Family Interiors Nutrition & Apparel Street: 1600 Holloway Ave. Mail Drop:

Hall/Bldg: Burk Hall 329 P.O. Box: City: San Francisco State: CA Zip: 94132-4161

PROGRAM INFORMATION:

Start Date 1: Mid-July Start Date 2: Number of openings: 14

Program Length (weeks): 11 Months Full-time Hr/Wk: 40-50 Part-time Hr/Wk:

Number of applicants 2 years ago: 75 Number of Interns/Students 2 Years Ago: 14 Number in 2nd Round/

Number of applicants Last year: 85 Number of Interns/Students Last Year: 14 ISPP Last Year:

FOCUS OF PROGRAM:

Concentration: Clinical/MNT Weeks in Concentration: Additional Concentration:

CLINICAL PRACTICE EXPERIENCES:

Length (weeks): 20-26 wks Academic Medical Center Regional Medical Center Medical Center
 Small Medical Center Pediatric Hospital Rehabilitation Center VA Medical Center Community Hospital
 State Hospital Long-term Care Facility Out Patient Clinic

Other:

Medicine Nutrition Support Women's Health Pediatrics Bariatrics Psychiatric Care Trauma
 Pulmonary GI Surgery Renal/Dialysis Critical Care Burn Care Eating Disorders LTC
 Geriatrics Neurology/Spinal Cord Injury NICU Oncology HIV/AIDS Cardiology Organ Transplant

Other:

COMMUNITY PRACTICE EXPERIENCES:

Length (weeks) 3-8 wks Community Clinics/Programs PublicHealth/Health Departments WIC Child Services
 Schools Food Banks Cooperative Extension Meals on Wheels Senior Services Community Meals Fitness/Wellness

Other:

MANAGEMENT PRACTICE EXPERIENCES:

Length (weeks): 5-6 wks Healthcare Public Schools College/University Commercial/Retail Community Facilities

Other:

STAFF RELIEF PRACTICE EXPERIENCES:

Length (weeks): 2 wks All Rotations Clinical Clinical Administration Nutrition Education/Counseling
 Intern Choice Eating Disorders Health Dept State/Federal Agency Community Food Service Public Health

Other:

NON-TRADITIONAL AND SPECIALTY PRACTICE EXPERIENCES:

Non-Traditional Practice (weeks): Specialty Practice (weeks): Elective (weeks): 3-4 International
 Hospitality Dental Corporate Wellness Rural Health Community Agriculture/Urban Gardening Information Systems
 Independent Study Sales and Marketing Renal Culinary Sports Nutrition Research Advanced Practice
 Program Planning Public Health Pediatrics Eating Disorders Underserved Diabetes Media/Communication
 Neonatal Leadership Indian Health Military Skills Surgery Private Practice/Entrepreneur Retail Non-Profits

Other:

OTHER IMPORTANT PROGRAM INFORMATION:

Typical accepted applicants have a strong DPD GPA, significant work/volunteer experience in dietetics or another area that would provide transferable skills relevant to an internship, and strong interpersonal and communication skills. Interns that are mature, motivated, flexible, interested in learning, and have strong time management, interpersonal, and organizational skills are most successful. A car is required. A one hour commute each way can be expected as the norm in the Bay Area.

San Francisco State University Internship

ESTIMATED COST OF LIVING:

Stipends Monetary Tuition Waiver Assistantship Fee Waiver Parking Other Stipend
 Available to all Available to all

If checked, stipend is available to all students without restrictions, however, this does not guarantee a student will be awarded a stipend even if a stipend is available and the student is eligible. Any eligibility restrictions are explained below.

Stipend Restrictions: _____

Percentage of students/interns awarded stipend (5 year average): _____

Estimated Stipend Value: Year one: \$ _____ Year two: \$ _____

Living Expenses

Meals
 Meals: Some _____ % of Meals Provided: _____ Estimated Meal Cost: \$ _____ 1000-3000

Insurance
 Liability Insurance provided? Yes If not provided, cost of liability insurance per year: \$ _____
 Health Insurance provided? No If not provided, cost of health insurance per year: \$ _____ 1000-2200

Housing and Transportation
 Housing assistance provided? No If not provided, estimated rent per month: \$ _____ 800-1800
 Is a car required? Yes Estimated transportation cost per year: \$ _____ 1900

Dues and Fees

Required Dues During Internship
 Academy Student Membership? Yes Local District Membership? Yes

Application Fees
 Program Application Fee: \$ _____ 80 Grad School Application Fee: \$ _____ 55

Program Fees
 Year One: All Students/Interns: \$ _____ \$13,200 Resident: \$ _____ \$13,200 Non-resident: \$ _____ \$13,200
 Year Two: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____

Tuition and Course Work

Tuition
 Year One: All Students/Interns: \$ _____ \$13,200 Resident: \$ _____ \$13,200 Non-resident: \$ _____ \$13,200
 Year Two: All Students/Interns: \$ _____ Resident: \$ _____ Non-resident: \$ _____

Course Work (cost if not included in tuition)
 Graduate credits required? Yes Number of graduate credits required: _____ 24
 Cost per Credit: All Students/Interns: \$ _____ 550 Resident: \$ _____ 550 Non-resident: \$ _____ 550

Finances

Employment Opportunities during Program
 Job opportunities: Outside employment strongly discouraged
 Program recommendations: _____

Financial Aid
 Any financial aid: yes Government loans: Yes Scholarships: No Assistantships: No
 Financial aid website: <http://www.sfsu.edu/~finaid>
 Other: In the past, financial aid award was only enough to cover tuition (loan, not grant)

Other Expenses - please visit program's website for detailed additional expenses

ADMISSION REQUIREMENTS:

Overall Cum. GPA: 2.7 Min. DPD GPA: 3.00 Min. Science GPA: _____ Min. DPD Prof GPA: _____
 GRE required? No Min. Verbal: _____ Min. Quant.: _____ Min. Writing: _____ Avg Overall Cum. GPA Interns: 3.6

Work Experience Recommended Volunteer Experience Recommended Interview Required Phone

EVALUATION OF APPLICANTS: Please rank the following selection criteria, 1 represents the most important on the scale.

Rank 1	DPD GPA	Rank 3	References	Rank 5	Cum. GPA	Rank 7	DPD Prof. GPA
Rank 2	Work Experience	Rank 4	Volunteer Experience	Rank 6	Interview	Rank 8	Personal Statement

Other: Phone interview given only for the top ~40 candidates, which is based on the other criteria.

APPLICATION INFORMATION:

Spring Match: Yes Fall Match: No DICAS Participation: Yes Assessment of Prior Learning Avail.: No

Applicant Requirements: _____

SPECIAL CIRCUMSTANCES THAT MAY LIMIT YOUR OPTIONS:

Location

US Citizenship/DACA

GPA < 3.0

Financial Considerations:

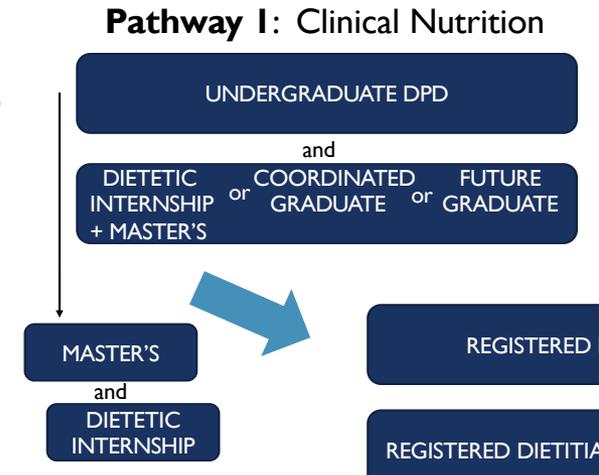
- Tuition & living costs
- Transportation expenses
- Some programs provide stipends or room/board
- Some programs expensive



THE APPLICATION PROCESS

PATHWAY I: DIETETIC INTERNSHIP APPLICATION REQUIREMENTS

- Bachelor's degree
 - completed prior to entry
- Verification Statement or Declaration of Intent
 - from DPD Director
- Other requirements (specific to programs)
 - GPA minimums
 - Work/volunteer experience
 - GRE
 - Employee of program
 - Graduate of own DPD/graduate program
 - Master's degree for stand-alone DI



PATHWAY 2: OTHER SUPERVISED PRACTICE APPLICATION REQUIREMENTS

- Bachelor's degree
 - completed prior to entry
 - program-specific prerequisites
- Other requirements (specific to programs)
 - GPA minimums
 - Work/volunteer experience
 - GRE

Pathway 2: Other Science Major

BACHELOR'S DEGREE & PREREQUISITES

and

COORDINATED
GRADUATE

or

FUTURE
GRADUATE

APPLICATION PROCESS:

- Application on *Dietetic Internship Centralized Application System (DICAS)*
 - ~~Computer Matching on D&D Digital~~
 - Two Application Periods:
 - Spring – Feb.
 - Fall – Sept.
- Application on individual program sites
 - Deadlines vary: November - February

DICAS

- Dietetic Internship Centralized Application System
- <https://dicas.liaisoncas.com/applicant-ux/#!/login>

DICAS
Dietetics Inclusive Centralized Application Service

Joan Frank
CAS ID: 2773097356

My Application Add Program Submit Application Check Status

My Application

This dashboard is your application home providing access to each part of the application you need to complete and a high level overview of your progress.

Latest Notifications

- ⚠️ DICAS recommendation request was declined 01/25/2023
- ⚠️ DICAS recommendation request was declined 01/25/2023

[View My Notifications](#)

Check your preferred program deadlines to make sure you submit your application on time!

Section	Progress
Personal Information	6/6 Sections Completed
Academic History	3/4 Sections Completed
Supporting Information	1/6 Sections Completed
Program Materials	0/2 Sections Completed

GPA CALCULATION



Undergraduate GPA

ALL colleges attended



DPD GPA

DPD Science
DPD Professional



GPA Calculator: OASIS

Personal Statement



Requirements

- You can either choose to create one generic statement that is suitable for all programs you are applying to or you can create multiple tailored statements which specifically address each individual program.
- Do not exceed the maximum length of 1,000 words.
- Use your own words. Plagiarizing any part of your personal statement is a violation of DICAS policies and may subject you to sanctions.
- Use simple formatting.

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Dietetic Internship Centralized Application Services

→ Instructions

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Personal Statement

In this section you will create your personal statement. You have two options. You may create one generic statement, suitable for sending to all programs, or you may create multiple tailored statements, which personally address the individual program to which it will be sent.

Start by selecting "Add New Entry" at the top of the page. Title the personal statement. If you are tailoring your statements, for ease of reference, we recommend using the internship program name for which the statement is intended as the title. You may enter your personal statement text into the text box manually, or copy and paste the text from an existing word processing document. In 1000 words or less, please address the following items in your personal statement.

1. Why do you want to enter the dietetics profession?
2. Discuss experiences that have helped to prepare you for your career.
3. What are your short-term and long-term goals?
4. What are your strengths and weaknesses or areas needing improvement?
5. What other information do you consider important for the selection decision?

Once you are satisfied with your personal statement you may save it by clicking the save button at the bottom of the page.

OTHER APPLICATION ITEMS

- Letters of Recommendation
- Resume
- Program-specific requirements

WORK EXPERIENCE & VOLUNTEERISM

- Minimum 200 hours
 - Relevant: food, nutrition, dietetics, research
- Excellent | 200-1400 combined
 - Work experience
 - Not all needs to be relevant
- Variety of experiences
- Continuity
- “Transferable Skills”
- *Clinical*
- Leadership

DIETETIC INTERNSHIP APPLICATION REVIEW SCORE SHEET

Rank _____

Instructions: Please select number listed that best describes your opinion of the applicant. If you have more than one applicant as a total score, please rank within that score. You are expected to rank each applicant you review – no applicant should not receive a ranking score.

Total Score
/ 23

Applicant's Name _____ Reviewer Initials _____

1. RESIDENCY STATUS

Out-of-state resident, graduate = 0
Iowa resident or _____ = 2

Total Score

2. ACADEMIC PERFORMANCE

BS University/YEAR	
DPD University/YEAR	
Graduate Coursework/GPA	

Total Score

Please average your rating scores for total academic performance score.

Science - GPA		DPD - GPA		Overall - GPA	
0 = <2.5	Not Acceptable	0 = <2.9	Not Acceptable	0 = <2.8	Not Acceptable
1 = 2.51 – 2.8	Acceptable	1 = 3.0 - 3.2	Acceptable	1 = 2.81 - 2.99	Acceptable
2 = 2.81 - 3.29	Good	2 = 3.21 - 3.49	Good	2 = 3.0 - 3.49	Good
3 = 3.3 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good	3 = 3.5 - 3.74	Very Good
5 = > 3.75	Outstanding	5 = > 3.75	Outstanding	5 = > 3.75	Outstanding

3. ADVANCED DEGREE

No advanced degree = 0
Advanced degree in progress = 1
Advanced degree complete = 2

Total Score

4. WORK - RELATED EXPERIENCE

Paid or volunteer experience related to food service, community or clinical nutrition. Other work experience with documented transferable skills.

Not acceptable - <6 months = 0
Acceptable – 6 mos – 1 year = 1
Good – 1-2 years = 2
Very Good – 2-3 years = 3
Outstanding – 3+ years = 4

Total Score

5. LETTER

Grammar composition and content of application letter: statement of professional goals and interests, assessment of personal strengths and weaknesses.

Not Acceptable - Poor application letter = 0
Acceptable - Acceptable letter = 2
Good - Well written letter = 4

Total Score

6. RECOMMENDATIONS – Recommend with Reservation, No, Yes

Academic, interpersonal, & work-related skills based on recommendation letters.

Not recommended - Negative with weak skills and qualities = 0
Recommended - Positive with minor skills and qualities = 1
Highly Recommended - Positive with strong skills and qualities = 3

Total Score

Overall Potential as a RD _____

7. OTHER (Resumé)

Honors, awards, participation in extracurricular or community activities, leadership roles. Other considerations (full time employment while in school, family commitments, etc.)

Good = 1
Very Good = 2
Outstanding = 3

Total Score

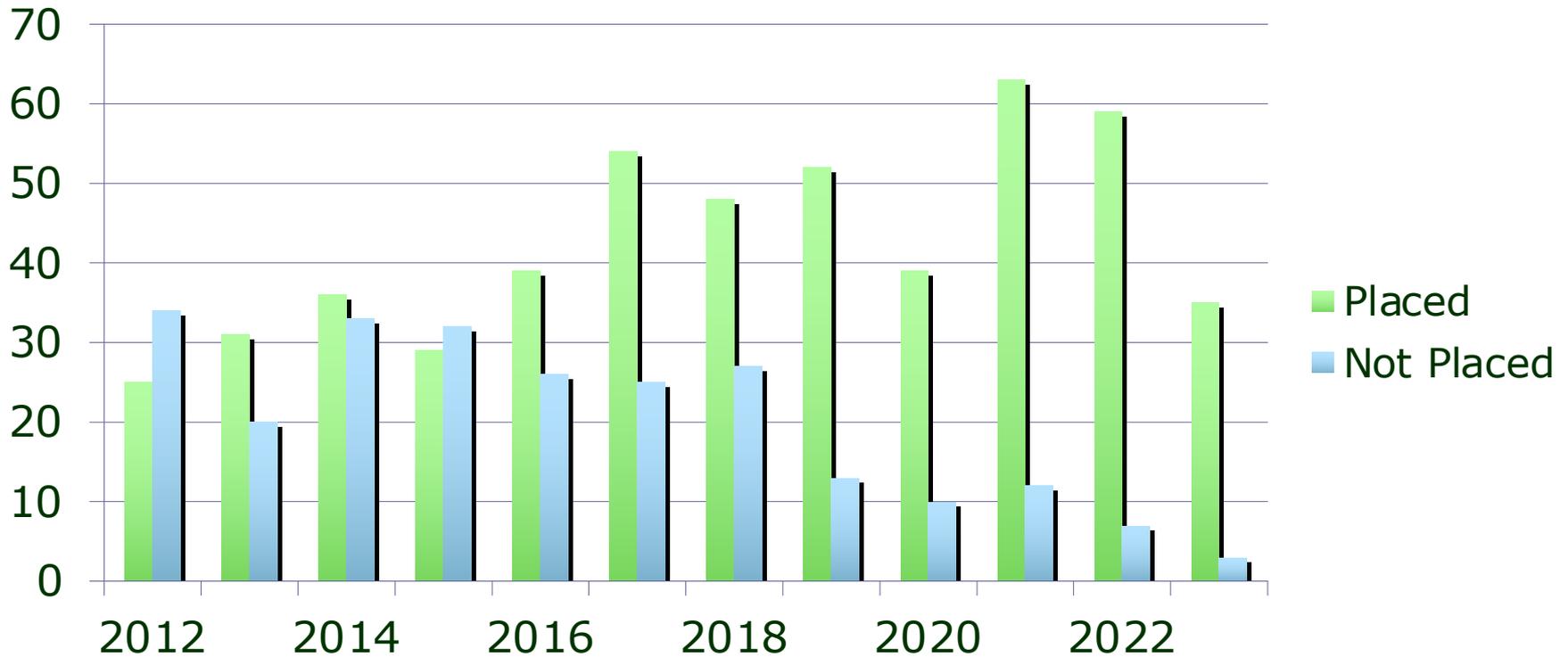
GOALS FOR NEXT 9 MONTHS:

- Work hard academically to get the highest grades possible
- Obtain volunteer/paid internship or work experience in foods, nutrition, dietetics
- Evaluate your goals
 - What experiences do you want from your SP/DI?
 - What type of job do you want?
- Research programs
 - Make a list of 15-20 you're interested in
- Take the GRE (if needed – Summer 2023)
- Create a DICAS account & begin inputting information
- Work on resume, personal statement
- Assemble professional portfolio

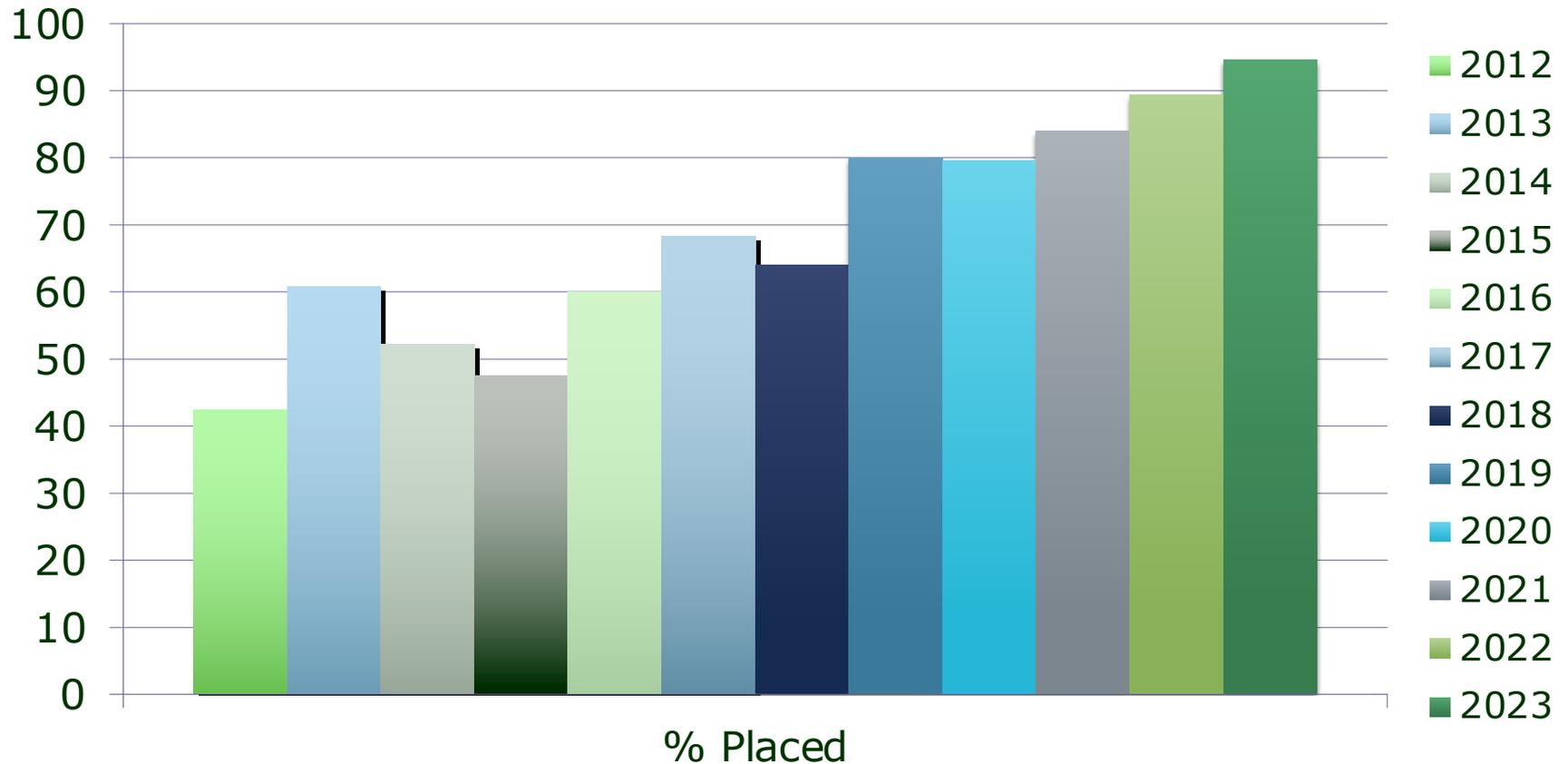
NUMBER OF PROGRAMS TO APPLY TO?

- Excellent Qualifications:
 - GPA > 3.50
 - Broad work/volunteer experience
 - 5+ apps, at least one “safety net”
- Good Qualifications:
 - GPA > 3.20
 - Some work/volunteer experience
 - 5+ apps to less competitive programs
- Good Qualifications – Consider outside CA!
 - GPA >3.0
 - Need more work/volunteer experience
 - 5+ apps highly targeted to less competitive programs
- Below 3.00 GPA:
 - 5+ highly targeted programs – Consider outside CA!
 - Consider working for CA WIC first
- ALWAYS have a backup plan!
 - A, B, C

UC DAVIS SPRING NUMBER OF APPLICANTS TO SUPERVISED PRACTICE/DIETETIC INTERNSHIPS



UC DAVIS SPRING % APPLIED & ACCEPTED TO SUPERVISED PRACTICE/DIETETIC INTERNSHIPS



UC DAVIS 2023 PLACEMENTS:

CALIFORNIA:

- SFSU MA/RD x 3
- UCDCMC x 3
- CSU Sac x 2
- U of Pacific GP x 2
- Golden Gate 6 mo x 2
- Central Valley WIC
- UC San Diego DI
- Cal Poly Pomona MS/DI

DISTANCE:

- U Utah CP
- NutriCo
- Morrison
- Lagniappe Wellness

DIETETIC INTERNSHIPS:

- Johns Hopkins U
- U Maryland
- UN Reno 6 mo x 2
- CUNY Hunter College
- Cornell

DIETETIC INTERNSHIPS / GRADUATE:

- NYU MS/DI
- Boston U MS/DI
- Lagniappe Wellness MS/DI
- Rutgers GP
- Tufts MS/DI
- U Michigan CP
- U Georgia PhD/DI
- Illinois State MS/DI

RESOURCES

- Academy of Nutrition & Dietetics
 - www.eatright.org
- List of all accredited programs:
 - <https://www.eatrightpro.org/acend/accredited-programs/about-accredited-programs>
- Computer Matching
 - <https://www.eatrightpro.org/acend/students-and-advancing-education/dietetic-internship-match-students>
- DICAS
 - <https://dicas.liaisoncas.com/applicant-ux/#!/login>
- DI Open House Listing
 - Available in September
- Careers4RDN
 - <https://Careers4RDN.com>

