



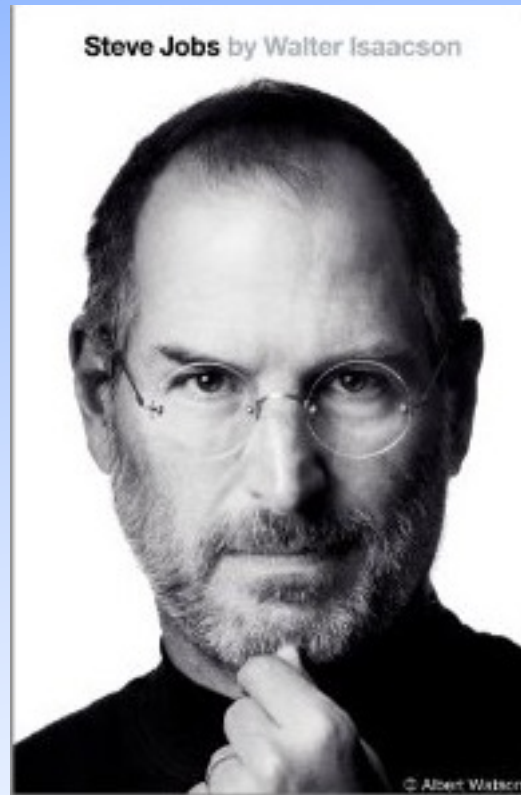
“Life After UC Davis”

Nutrition Careers

Joan S. Frank, MS, RDN, FAND







“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven’ t found it yet, keep looking”

Overview

- Applying/reapplying to Dietetic Internships
- Additional certifications
- Graduate school
- Job hunt resources





JOBS HELD BY UC DAVIS NUTRITION DEPARTMENT ALUMNI WITH DEGREES IN CLINICAL NUTRITION

Without Further Study:

- Certified Dietary Manager
- Nutritionist for WIC program
- Diet Clerk or Diet Assistant for Hospitals & Long Term Care Facilities
- Dietary Supervisor
- Dietetic Technician, Registered
- Food Service Manager
- Health Educator
- Inventory Control Manager for Retail Food Store Chain
- Caterer, Personal Chef
- Copy Editor for Scientific Journal
- Medical Secretary, Medical Transcription
- Office Assistant
- Assistant Chemist/Microbiologist, Winery
- Personal Trainer
- Personal Banker
- Research Assistant
- Project Manager, Non-governmental organization
- Quality Control Supervisor at a Food Processing Plant
- Sales Representative, Medical/Pharmaceuticals and Nutritional Supplements
- Personnel Manager, State government
- Staff Service Analyst, Food & Drug Branch, California Dept. of Public Health

Registered Dietitian (R.D.):

- Clinical Dietitian, Acute care hospital
- Outpatient Clinical Dietitian
- Specialty Dietitian: Renal, Pediatrics, Gerontology, Nutrition Support, Sports Nutrition, Behavioral management for weight loss clinic
- Consulting Dietitian, Entrepreneurial/Self-employed RD
- Clinical Supervisor/Senior Dietitian
- Chief Clinical Dietitian
- Dietary Consultant to Skilled Nursing Facilities, Adult Day Care
- Head Start Program Coordinator
- Health Educator/Wellness Coordinator
- Program Director/Supervisor, Community Public Health Programs & WIC
- State Government program administration relating to nutrition, Maternal and Child Health, Public Health and Welfare, Department of Education, etc.
- Research Dietitian
- US Army Registered Dietitian
- Dietetic Internship Director

Applying/Re-applying to Dietetic Internships

- 2024 Master's Mandate
- Fall vs. Spring
- GPA: "all college" vs. DPD vs. science
- Experience: 200-1200 hours recommended
- Distance Internships
- Combined MS/RD programs
- GRE
- Other Majors:
 - Coordinated Graduate Programs
 - Future Graduate Program

100 Best Jobs of 2023

1. **Software Developer**
 2. **Nurse Practitioner**
 3. **Medical & Health Services Manager**
 4. **Physician Assistant**
 5. **Information Security Analyst**
 6. **Physical Therapist**
 7. **Financial Manager**
 8. **IT Manager**
 9. **Web Developer**
 10. **Dentist**
 11. **Lawyer**
 12. **Veterinarian**
 13. **Physician**
 14. **Orthodontist**
 15. **Market Research Analyst**
-
76. **Dietitian & Nutritionist**



2023 Best Jobs

Dietitian and Nutritionist Overview

Overall Score 6.0 / 10

#21 in Best Health Care Jobs | #76 in 100 Best Jobs



Median Salary

\$61,650

Unemployment Rate

1.6%

Number Of Jobs

5,100

SCORECARD 6.0

Salary 6.2

Job Market 8

Future Growth 6

Stress 6

Work Life Balance 8

Fastest Growing Occupations

[PRINTER-FRIENDLY](#)

Fastest growing occupations: 20 occupations with the highest projected percent change of employment between 2021-31.

Click on an occupation name to see the full occupational profile.

OCCUPATION	GROWTH RATE, 2021-31	2021 MEDIAN PAY
Nurse practitioners	46%	\$120,680 per year
Wind turbine service technicians	44%	\$56,260 per year
Ushers, lobby attendants, and ticket takers	41%	\$24,440 per year
Motion picture projectionists	40%	\$29,350 per year
Cooks, restaurant	37%	\$30,010 per year
Data scientists	36%	\$100,910 per year
Athletes and sports competitors	36%	\$77,300 per year
Information security analysts	35%	\$102,600 per year
Statisticians	33%	\$95,570 per year
Umpires, referees, and other sports officials	32%	\$35,860 per year
Web developers	30%	\$77,030 per year
Animal caretakers	30%	\$28,600 per year
Choreographers	30%	\$42,700 per year
Taxi drivers	28%	\$29,310 per year
Medical and health services managers	28%	\$101,340 per year
Logisticians	28%	\$77,030 per year
Physician assistants	28%	\$121,530 per year
Solar photovoltaic installers	27%	\$47,670 per year
Animal trainers	27%	\$31,280 per year
Physical therapist assistants	26%	\$61,180 per year

Last Modified Date: Thursday, September 8, 2022

RECOMMEND THIS PAGE USING: [Facebook](#) [Twitter](#) [LinkedIn](#)

<https://www.bls.gov/ooh/fastest-growing.htm>

Where can a Food and Nutrition Career Take You?



- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education

Additional Certifications –

Nutrition & Dietetic Technician, Registered (NDTR)

- A member of the dietetic health care team
- Work with RDNs to provide quality nutritional care: screening, assessment, teaching, diet modification, nutritional counseling, and food service management
- Under direction of RDN
- Work in the dietary departments of hospitals, clinics, and other health care facilities.
- Requires credentialing examination
- **You qualify with DPD completion**

Additional Certifications – **Certified Dietary Manager (CDM)** **Certified Food Protection Professional (CFPP)**

- Work with RDs to provide quality nutritional care for clients in non-commercial settings
- Meets Federal OBRA requirements “for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities.”
- Trained and qualified to manage menus, food purchasing, and food preparation; and to apply nutrition principles, document nutrition information, ensure food safety, manage work teams, etc.
- Requires credentialing exam
- **You qualify with DPD completion**



Association of
Nutrition & Foodservice
Professionals

Additional Certifications –

Dietetic Services Supervisor (DSS)

- Food service director of a health care facility, is a member of the dietetic team, functioning under the supervision of a RDN, NDTR, or administrator.
- Meets Title 22 requirements of the “California State Licensing Regulation for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities. ”
- **Requires “A baccalaureate degree with a major in food or nutrition, dietetics or food management and one year in the dietetic service of a licensed health facility.”**

Additional Certifications – Certified Food Safety Manager

- ServSafe Manager
- National Registry of Food Safety Professionals

- ServSafe Alcohol
- ServSafe Allergens

Certificates



- CDR's
 - Certificate of Training in Weight Management:
 - Adult Weight Management
 - Level 2 Adult Weight Management
 - Childhood & Adolescent Weight Management
 - Certificate of Training in Obesity Interventions for Adults

Health/Wellness Coaching

- Certified Health Education Specialist (CHES)
 - <https://www.nchech.org/ches>
- National Society of Health Coaches Certification
 - <https://www.nshcoa.com>
 - Allied Health Professionals
 - Certificate of Completion
- American Council on Exercise (ACE) Health Coach Certification
 - <https://www.acefitness.org>
- Others...

HEALTH COACHING AT THE TANG CENTER

SCHEDULE YOUR FREE APPOINTMENT NOW!

Online: etang.berkeley.edu
In-person: Visit the Appointment Office

UHS HEALTH EDUCATORS



Daxle Collier

Daxle sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Meckell Milburn

Meckell sees clients for wellness issues, including healthy eating, physical activity, procrastination, time management, stress management, and general wellness.



Robin Mills

Robin sees clients for sexuality/sexual health issues, including relationships and communication, sexual health/birth control education, and sexuality concerns and issues.

Health coaches support you through the process of defining and achieving your health and wellness goals by creating a sustainable and achievable action plan.

Two types of health coaching sessions are available –

WELLNESS VISITS:



General wellness



Healthy eating
and physical
activity



Procrastination
and time
management



Resilience
and stress
management

SEXUALITY/SEXUAL HEALTH VISITS:



Relationships and
communication



Sexuality concerns
and issues



Sexual health and
birth control education

Coaching sessions last 45 minutes and are confidential. More than one visit is possible; partners are welcome for sexuality/sexual health visits.

For more information, see: uhs.berkeley.edu/healthcoaching.

Advanced Studies

- **Master's degree:**
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice/Restaurant Management/Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
 - Nursing – MSN
- **Doctoral degree in Nutrition or Other Areas**
 - PhD
 - Clinical doctorate
- **Specialization**
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- **Other:** MD, PA, RN/MSN



Health Careers



hpa.ucdavis.edu

- [Medicine](#)
(MD/DO/DPM)
- [Physician Assistant](#)
- [Nursing](#)
- [Optometry](#)
- [Dentistry](#)
- [Veterinary Medicine](#)
- [Pharmacy \(PharmD\)](#)
- [Physical Therapy](#)
- [Occupational Therapy](#)
- [Public Health](#)
- [Clinical Lab Sciences](#)
- [Genetic Counseling](#)
- [Chiropractic Medicine](#)
- [Naturopathic Medicine](#)
- [Allied Health Fields](#)
 - [Anesthesiology Assistant](#)
 - [Audiology](#)
- [Child Life Specialist](#)
- [Perfusionist](#)
- [Pharmacy Technician](#)
- [Speech Language Pathology](#)

UC Davis ICC Career Fair



**Fall/Winter/Spring
Internship and Career Fair**
ARC Pavilion

Skills you can learn online for free right now to improve your resume

- **Learning how to program and code**
 - Coursera, EdEx, GitHub, Khan Academy, Lynda.com, Codecademy
- **Learn a new language or brush up**
 - Rosetta Stone, Duolingo
- **Graphic Design**
 - Udemy
- **Photography skills**
 - Nikon's online school
- **First aid training**
- **Public speaking**
 - Marjorie North, Simon Sinek
- **Design thinking / problem solving**
- **Online certificates**
 - Project Management



Volunteer/Internships

- Peace Corps
 - <http://www.peacecorps.gov/>
- AmeriCorps
 - <http://www.nationalservice.gov/programs/americorps>
 - FoodCorps
 - <https://foodcorps.org/>
 - Health Fellows Program
 - <https://www.lifelongmedical.org/services/americorps.html>
 - National HealthCorps
 - <https://www.nationalhealthcorps.org/site/san-francisco>
- International Volunteers HQ
 - <https://www.volunteerhq.org/>
- Ideal List – jobs/internships/volunteer
 - <http://www.idealists.org/>

**Want to make
a difference
and serve your
community?**



Become an AmeriCorps Health Fellow

Our AmeriCorps Health Fellows:

- Commit to year-long term of service.
- Serve a minimum of 1,700 full-time hours.
- Address health issues by improving access to care & services.

Requirements:

- Proof of U.S. citizen, national, or lawful permanent resident alien;
- 17 years or older;
- One-year commitment to serve;
- Must pass extensive background check.

Benefits



LIVING
ALLOWANCE



HEALTH
INSURANCE



LOAN
FORBEARANCE



CHILDCARE
ASSISTANCE



MEET LIKE-
MINDED PEERS



EDUCATION
AWARD

For more information:

Contact Bilan Jirde at fellowship@lifelongmedical.org or by phone (510) 981-4185

Apply on our website:

www.lifelongmedical.org

Job Search Resources

- UC Davis Internship & Career Center
 - Handshake
- Indeed / Craigslist / LinkedIn
- Job Search Resource List
- Facilities in the Community
- County Department of Public Health, etc.
- State Department of Public Health, etc.
 - <https://www.cdph.ca.gov/Programs/HRB/Pages/HumanResourcesBranch.aspx>
- Networking!

- **WIC - Degreed Nutritionist (DN)** or *"Nutrition Assistant"* or *"Nutrition and Dietetic Technician, Registered (NDTR)"*.
 - <https://www.calwic.org/local-agency-support/job-opportunities/>
- **CA Dept. of Public Health**
 - <https://www.cdph.ca.gov/Programs/HRB/Pages/HumanResourcesBranch.aspx>

Foodservice Contracting Companies

- Compass – Morrison, Bon Appetit, Chartwells
- Aramark
- Sodexo
- Delaware North
- Revolution Foods – Emeryville

Compass Group / Morrison

Morrison Healthcare (Morr_Hlth)	949342	PATIENT SERVICES MANAGER (BROTMAN MEDICAL) CULVER CITY CA	CULVER CITY	CA
Morrison Healthcare (Morr_Hlth)	756811	DIET TECHNICIAN : LOS ANGELES, CA.	LOS ANGELES	CA
Morrison Healthcare (Morr_Hlth)	915728	DIET TECH OUTPATIENT: LOS ANGELES, CA.	LOS ANGELES	CA



02/2022



REGIONAL MANAGER, PATIENT SERVICES

4.4 ★

Morrison Healthcare – Sacramento, CA

\$44K-\$111K (Glassdoor est.) ⓘ



Patient Services Manager

4.4 ★

Morrison Healthcare – Monroe, LA

\$31K-\$70K (Glassdoor est.) ⓘ

Food & Nutrition-Related Sales

- Abbott Nutrition
- Nestle Nutrition/Health Science
- Mead Johnson Nutrition
- Sysco Foodservice/US Foods/Kraft Foods
- Any food-related business

Research / Pharmaceuticals

- UC Davis research opportunities
- USDA – WHNRC research opportunities
- Buck Institute For Research On Aging – Novato, CA
- BioMarin – Novato, CA
- Abbott Diabetes Care – Alameda, CA

www.indeed.com (or www.craigslist.org)

- Dietetic
- Dietary
- Nutritionist
- Nutrition
- Health education/educator/promotion
- Wellness
- Foodservice
- Food
- Diet
- Dietitian/dietician



Jobs that are available right now...

Nutrition Assistant Level I/II (with Special Skills Classes)

County of Sacramento ★★★★★ 6 reviews

Sacramento, CA 94203

\$2,888 - \$3,511 a month - Full-time

Nutrition Assistants provide nutrition education and assistance to qualifying participants. Incumbents interview and/or assess women, infants and children to determine eligibility for the Women, Infants and Children (WIC) Supplemental Nutrition Program; assess nutritional status and provide education, counseling, referrals and other information to program participants; provide nutrition services to senior citizens through the Senior Nutrition Program; and perform related duties as assigned.

Nutrition Assistant

County of Contra Costa, California

San Pablo, CA

\$50,038 - \$60,822 a year - Full-time

Nutrition Assistants participate and assist in patient nutritional care services in an acute care hospital; relieve Registered Dietitians of certain routine aspects of the nutritional services program and may perform dietary-related tasks; determine, enroll, and recertify the WIC applicants program eligibility in Public Health, provide nutrition and breastfeeding education, develop care plans for low-risk participants, and provide group classes.

Rqd: AA, NDTR, or DPD grad

WIC Nutritionist Aide/Peer Counselor

La Clinica de La Raza ★★★★★ 65 reviews

Oakland, CA 94606

- Conducts nutrition screening, assessment and counseling, and implements nutrition care plans for all but high-risk patients.
 - Assures appropriate records are updated
 - Maintains documentation by charting dietary intake and recording recommendation given to clients in participant files.
 - Teaches group classes in person and virtually.
 - Assists with the development translation and evaluation of culturally relevant nutrition education materials.
 - Attends breastfeeding peer counselor training classes.
 - Counsels WIC pregnant and breastfeeding mothers
-
- Rqd: Personal experience with breastfeeding
 - Bilingual /Spanish/English proficiency required.

Anti-Hunger Corps Interfaith Sustainable Food Collaborative

AmeriCorps ★★★★★ 3,147 reviews

San Francisco, CA

Full-time

- The Interfaith Food offers VISTA's the opportunity to build sustainable food systems by working with the faith community.
- VISTA's will serve as part of a small team including up to 2 VISTA's focusing on helping low-income people in Sonoma, Marin, Alameda San Francisco and Contra Costa counties access healthy local food.
- Each position will have a different primary focus: community gardens and farms; and marketing relationships between farms and faith-groups through CSA (Community Supported Agriculture), produce stands; and institutional procurement.

Diet Technician - BHC Nutrition Services - Per Diem - 8 Hour - Variable

[John Muir Health](#) ★★★★★ 229 reviews

Concord, CA 94519

\$28.96 - \$41.98 an hour - Per diem

The Diet Technician, Registered (DTR) is responsible for assisting patients by addressing their preferences and correcting menus and assisting the Clinical Dietitian in updating the EHR with data and nutritional screens and providing diet education.

Nutrition Technician, Nutrition Services, Per Diem, Day/Evenings

MarinHealth Medical Center

★★★★☆ 153 reviews

Greenbrae, CA

\$22.16 - \$31.03 an hour - Per diem

The Nutrition Technician serves as the liaison between patients, staff, visitors and the Nutritional Services Department, organizing patient information into food service production.

Previous diet tech, diet assistant or diet clerk experience in an acute care hospital preferred. Knowledge of modified and therapeutic diets required.

Diet Assistant

Mercy San Juan Medical Center

(part of CommonSpirit Health)

★★★★☆ 3,193 reviews

📍 6501 COYLE AVE, Carmichael, CA 95608

\$29.31 - \$32.67 an hour - Seasonal

Diet Clerk II

Sutter Health ★★★★★ 1,827 reviews

Sacramento, CA

\$25.76 - \$32.20 an hour - Per diem

The incumbent coordinates the provision of patient meals and assures compliance with each patients diet order. The incumbent shall perform activities including but not limited to the following: process and maintain patient diet orders via facility and/or department computer systems write and modify menus utilizing guidelines in the diet manual and spreadsheets; adjust menus and snacks to provide patients food preferences and age-specific needs; interview patients for their food preferences; work with patients and/or nursing staff to resolve tray service and/or food issues check patient/resident tray line; maintain production tally information.

Health Educator I

Kaiser Permanente 4.1 ★

Sacramento, CA

 Estimated \$39.1K - \$49.5K a year ?

 **Part-time**

 **Monday to Friday** +1

Health Education Instructor

II

Kaiser Permanente 4.1 ★

Sacramento, CA

 Estimated \$43.4K - \$54.9K a year ?

- Assesses, designs, implements, presents, and evaluates health education programs and services.
- Conducts needs assessments, establishes priorities, designs, implements, and evaluates basic health education programs, protocols, and standards.
- Coordinates a wide range of health education services, including establishing effective referral and publicity systems, monitoring quality and documentation, providing scheduling and logistical support, and facilitating use of community services to promote the delivery of cost-effective health education services.

Health Coach

Communicare Health Centers

★★★★☆ 31 reviews

📍 2051 John Jones Rd, Davis, CA 95616

\$20.30 - \$28.20 an hour - Full-time

The Health Coach works as part of a multidisciplinary team to provide clinical health education and quality improvement services to patients at CommuniCare Health Centers. Spanish language skills preferred.

Health and Wellness Coach

JumpstartMD ★★★★★ 6 reviews

San Francisco, CA

\$28 - \$32 an hour

- The Health Coach will provide 1:1 coaching sessions to members participating in JumpstartMD's weight loss program, utilizing motivational interviewing skills and developing individualized plans to assist members in achieving optimal health and wellbeing.
- The Health Coach will continue to develop strong rapport with members and offer empathy, guidance, education and support to effectively support their weight loss journey.



Health & Nutrition Specialist (English/Cantonese)

Children's Council of San
Francisco

HYBRID San Francisco, CA | Full Time

Under the direction of the Associate Director, the Health and Nutrition Specialist will recruit, train and monitor child care educators in the USDA Child and Adult Care Food Program (CACFP) and will assist with the planning and implementation of nutrition and health education and support to child care educators and parents. Additionally, Health and Nutrition Specialists will assist with the planning and execution of nutrition/physical activity/health/environmental/nature based educational opportunities for child care educators, parents and children.

**DIRECTOR, DINING
SERVICES, Manteca, CA**

Morrison Healthcare 3.2 ★

Lathrop, CA 95330

 \$64,480 - \$70,000 a year

Director of Food & Beverage

The Meritage Resort and
Spa 3.5 ★

Napa, CA 94558

(Soscol Gateway South area)

 Health & Human Services

 \$160,000 - \$175,000 a year

**Director of Catering
(0468U), Housing & Dining...**

University of California

Berkeley 4.2 ★

Berkeley, CA 94720

 Hearst Av & Euclid Av

 \$91,400 - \$144,210 a year

Supervisor Food Service

River Delta Unified School

District 3.6 ★

Rio Vista, CA 94571

 \$57,471 - \$70,683 a year

Dietetic Assistant - UCDMC

Department Description

Food and Nutrition Services strives to provide high quality nutrition and healthcare services to support the well-being of our patients and our community. In addition, Food and Nutrition Services offers a wide range of culinary options for the enjoyment of our staff members, patients, and visitors.

Position Information

OPEN UNTIL FILLED; INTERVIEWS MAY BE HELD AFTER FEBRUARY 11, 2017.

Salary Range (Career)	: \$24.15 to \$30.00 hourly
Salary Range (Per Diem)	: \$28.58 hourly
No. of Positions	: 4
Appointment Type	: Career and Per Diem
Percentage of Time	: 100% (career)
Shift Hour	: 08 Hours
Location	: Main Hospital
City	: SACRAMENTO, CALIFORNIA
Union Representation	: Yes
Benefits Eligible	: Yes

A DIETETIC ASSISTANT APPLICANT ELIGIBILITY LIST WILL BE ESTABLISHED FROM THIS POSTING TO FILL CURRENT AND FUTURE CAREER AND PER DIEM POSITIONS. SELECTIONS WILL BE MADE FOR CONSIDERATION TO FILL VACANCIES AS THEY OCCUR. THE DIETETIC ASSISTANT APPLICANT ELIGIBILITY LIST WILL BE USED FOR ONE (1) YEAR OR UNTIL THE LIST IS EXHAUSTED.

NOTE: With managerial discretion, Per Diem appointments with satisfactory work performance and selected under this recruitment, may be considered for future career Dietetic Assistant position vacancies when available.

We offer exceptional employment benefits including medical, dental, and vision plans, generous paid vacations and holidays, excellent retirement savings and investment plans, continuing education, and reduced fee and scholarship programs.

Qualifications

REQUIRED

- Experience in the nutrition field.
- Experience performing basic mathematical calculations and reading digital scales.
- Experience using computers to perform data entry and retrieval functions.

Internship & Career Center

Jumpstart Your Career!



Tuesday, March 28

- | | |
|---------|---|
| 10:10am | Jumpstart Your Career: Finding Jobs and Internships (virtual) |
| 11:10am | Jumpstart Your Career: Networking (virtual) |
| 1:10pm | Jumpstart Your Career: Virtual Drop in Advising (virtual) |

Wednesday, March 29

- | | |
|---------|---|
| 10:00am | Jumpstart Your Career: Interview Basics (virtual) |
| 10:10am | Interview Basics (virtual) |
| 11:00am | Jumpstart Your Career: Interview in Action (virtual) |
| 1:10pm | Jumpstart Your Career: LinkedIn: Developing Your Professional Brand (virtual) |

Careers4RDN.com

Nutrition Careers



DIETETIC TECHNICIAN REGISTERED (DTR/NDTR)

DPD grads are eligible to
sit for the NDTR Exam

[Read More >](#)



CERTIFIED DIETARY MANAGER (CDM)

DPD graduates are eligible
to sit for the CDM Exam

[Read More >](#)



GRADUATE SCHOOL OPTIONS

Alternatives to the RDN or
to compliment the RDN

[Read More >](#)



OTHER NUTRITION CAREERS

Coming Soon!

[Read More >](#)



Questions?

