

Becoming a Registered Dietitian Fall 25 Senior Seminar

**SEP
25**

BECOMING A DIETITIAN

Brief overview of the process

**OCT
2**

APPLYING TO PROGRAMS

Application process overview

**OCT
9**

PERSONAL STATE- MENTS & RESUMES

What to include

**OCT
16**

TYPES OF PROGRAMS

& Narrowing your list

**OCT
23**

DICAS APPLICATION PROCESS

DICAS walk-through

**OCT
30**

INTERN PANEL

From a variety of programs

**NOV
6**

FINANCING GRADUATE SCHOOL

Comparing costs of DIs

**NOV
13**

PROGRAM INTERVIEWS

What to expect/how to prepare

**NOV
20**

RDN CAREER PATHS

& specialty credentials

**DEC
4**

MISC. TOPICS

TBA

If you are planning on applying to
Supervised Practice (SP) / Dietetic Internships (DI)
in 2025/26, plan to attend these presentations!

**MEYER
HALL
3:10-4:00**

Thursdays 3:10-4:00
NUT 198 Sec: 025 CRN: 40742

Presented by
Joan Frank,
MS, RDN, FAND
Asst. Director,
Didactic Program
in Dietetics

OVERVIEW



Paths



Advanced
Studies



Standards of
Practice



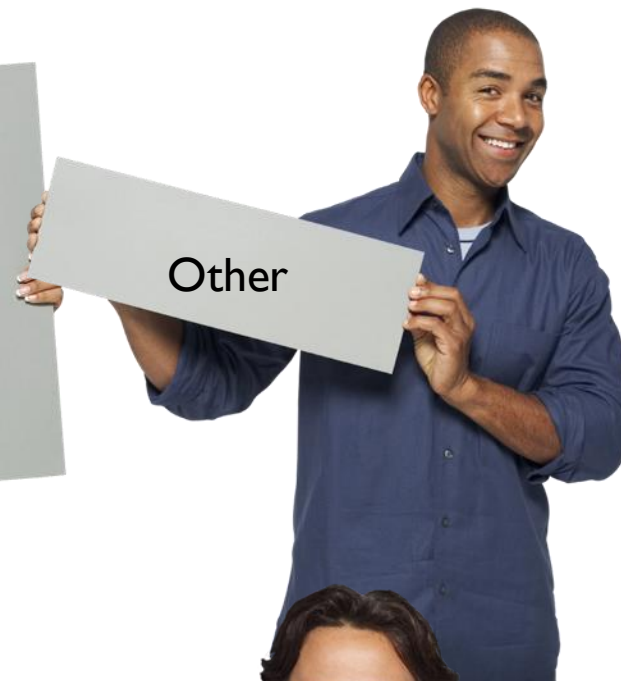
Certifications



Research



Clinical



Other



Community /
Public Health



Foodservice /
Management

WHERE CAN YOU PRACTICE AS AN RDN?

- Clinical Nutrition
- Community Nutrition
- Public Health
- Food Service Management
- Research
- Public Policy
- Media
- Publishing
- Entrepreneurism
- Business/Industry/Sales
- Education



CRYSTAL OROZCO, RD



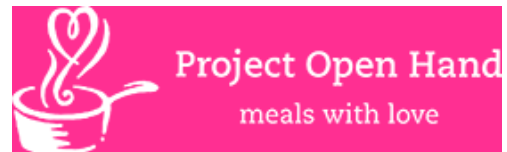
After years of working in the clinical setting, Crystal decided to extend her impact by opening Vida Nutrition Consulting. Her company specializes in bilingual employee wellness programs, nutrition workshops, food demonstrations, media collaborations, brand sponsorships, public speaking engagements, and wellness health fairs.

PRAJAKTA RANADE MS RDN CDE

Prajakta Ranade is a registered dietitian who works in Clinical Health Products for Apple, focusing on health initiatives like the Apple Health app. She is a Certified Diabetes Educator and has been with the company since October 2019. 

- **Prajakta Ranade, MS, RDN, CDE:** A registered dietitian, certified diabetes educator, and member of the Academy of Nutrition and Dietetics.
- **Role at Apple:** Works on Clinical Health Products, contributing to health initiatives within the company, including the Apple Health product.
- **Experience:** Has been with Apple since October 2019 and works in the San Francisco Bay Area. 

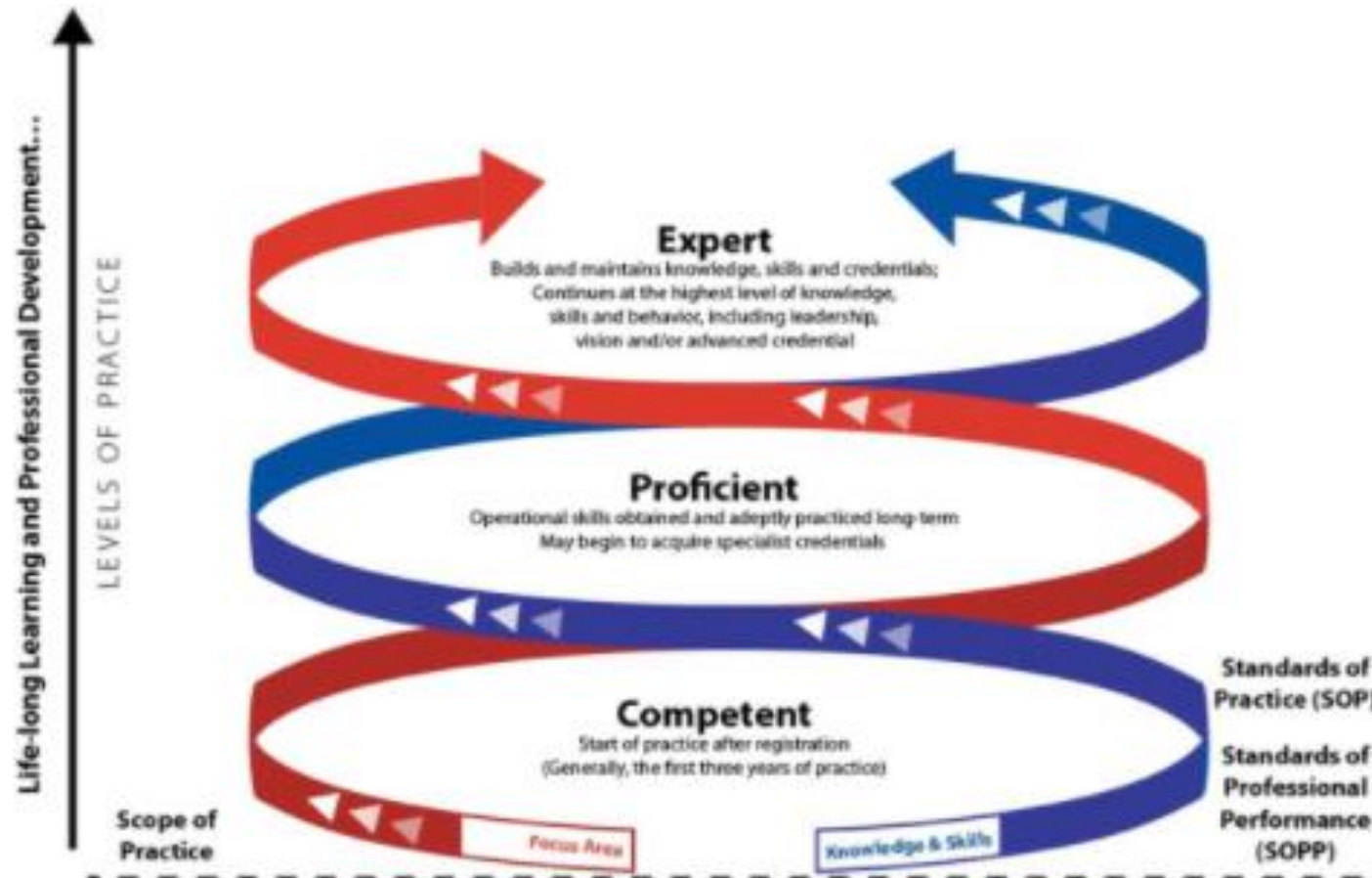




ADVANCED STUDIES

- Master's degree:
 - Nutrition Science, Human Nutrition, etc.
 - Nutrition Education
 - Exercise Physiology
 - Food Science
 - Foodservice Management or Hospitality
 - Education/Teaching Credential
 - Health Education
 - Public Health – MPH
 - Business – MBA
- Doctoral degree in Nutrition or Other Areas
 - PhD
 - Clinical Doctorate: DCN
- Specialization
 - Renal, Diabetes, Pediatrics, Oncology, Education, Research, etc.
- Other: MD, PA, RN/MSN

STANDARDS OF PROFESSIONAL PERFORMANCE FOR REGISTERED DIETITIAN NUTRITIONISTS (RDNS)



Adapted from the *Dietetics Career Development Guide*. For more information, please visit www.eatrightPRO.org/futurepractice

16 FOCUS AREAS: STANDARDS OF PRACTICE FOR RDNS

- Adult Weight Management
- Nutrition Support
- Diabetes Care
- Mental Health & Addictions
- Education of Nutrition & Dietetics Practitioners
- Management of Food & Nutrition Systems
- Eating Disorders
- Sports & Human Performance
- Nutrition in Integrative and Functional Medicine
- Intellectual and Developmental Disabilities
- Clinical Nutrition Management
- Sustainable, Resilient, & Healthy Food & Water Systems
- Public Health & Community Nutrition
- Nephrology Nutrition
- Oncology Nutrition
- Pediatric Nutrition

FOCUS AREA STANDARDS FOR RDNS

STANDARDS OF PRACTICE & STANDARDS OF PROFESSIONAL PERFORMANCE

<http://jandonline.org/content/focus>

☐		Academy of Nutrition and Dietetics: Revised 2020 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Sustainable, Resilient, and Healthy Food and Water Systems	 ONLINE EXTRA
		Marie Spiker, Sarah Reinhardt, Meg Bruening Journal of the Academy of Nutrition and Dietetics, Vol. 120, Issue 9, p1568–1585.e28	
☐		Academy of Nutrition and Dietetics: Revised 2019 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Clinical Nutrition Management	 ONLINE EXTRA
		Jennifer Doley, Krista Clark, Shaynee Roper Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 9, p1545–1560.e32	
☐		Academy of Nutrition and Dietetics: Revised 2019 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Nutrition in Integrative and Functional Medicine	 ONLINE EXTRA
		Diana Noland, Sudha Raj Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 6, p1019–1036.e47	
☐		Academy of Nutrition and Dietetics: Revised 2018 Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Education of Nutrition and Dietetics Practitioners	 ONLINE EXTRA
		Kathleen Border, Cynthia Endrizal, Malinda Cecil Journal of the Academy of Nutrition and Dietetics, Vol. 119, Issue 1, p124–136.e29	
☐		Academy of Nutrition and Dietetics: Revised 2018 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Mental Health and Addictions	 ONLINE EXTRA

SPECIALTY CERTIFICATIONS FOR RDNS



- Certified Specialist in Digestive Health (CSDH)
- Certified Specialist in Gerontological Nutrition (CSG)
- Certified Specialist in Oncology Nutrition (CSO)
- Certified Specialist in Obesity & Weight Management (CSOWM)
- Certified Specialist in Pediatrics (CSP)
- Certified Specialist in Pediatric Critical Care Nutrition (CSPCC)
- Certified Specialist in Renal Nutrition (CSR)
- Certified Specialist in Sports Dietetics (CSSD)
- Advanced Practice Certification in Clinical Nutrition (RDN-AP)



CERTIFIED NUTRITION SUPPORT CLINICIAN (CNSC)



- Certified Nutrition Support Clinician (CNSC)
 - American Society of Parenteral & Enteral Nutrition (ASPEN)
 - must be RDN, RN, MD/DO, DDS, PharmD
 - recommend: at least two years of experience in specialized nutrition support, but not required

CERTIFIED DIABETES CARE AND EDUCATION SPECIALIST (CDCES)

- Certified Diabetes Care and Education Specialist (CDCES)
 - A minimum of 2 years professional practice experience as an RDN
 - A minimum of 1,000 hours providing diabetes care & education within past 5* years



LACTATION CONSULTANT (IBCLC)



- Int'l Board of Lactation Consultant Examiners
- Requires coursework, supervised practice hours, examination
- UCD MCN includes coursework & SP hours!

ADDITIONAL CERTIFICATIONS

- Certified Dietary Manager (CDM) / Certified Food Protection Professional (CFPP)
- ServSafe Manager Certification
- Health Coach
- Personal Trainer

RESOURCES



*2024-25 APPLICANT GUIDE TO
SUPERVISED PRACTICE*



PROGRAM
WEBSITES

QUESTIONS?

